

EXTENDED SCHOOL YEAR

Extended School Year (ESY) is a related service that the Sacramento City Unified School District (District) provides beyond the regular school year for students with disabilities, in accordance with the student's Individualized Education Plan (IEP), at no cost to parents/guardians.

The District must ensure that ESY programs are available, as necessary, to provide a free appropriate public education (FAPE) to students with disabilities.
(34 C.F.R. § 300.106)

The student's IEP team will need to consider a variety of factors to determine whether the student requires ESY in order to receive a FAPE. The following is a non-exhaustive list of factors that the District must consider:

- Regression/Recoupment Test: The District must provide ESY services to individuals with disabilities that are likely to continue indefinitely or for a prolonged period. For these students, an interruption of the student's educational programming may cause regression, when coupled with limited recoupment capacity, making it unlikely that the student will attain the level of self-sufficiency and independence that would otherwise be expected in view of his/her handicapping condition;
- Nature and severity of the student's disability;
- Whether the student is making steady progress;
- What happens to the student when regularly scheduled breaks occur during the school year, i.e., semester breaks, winter vacation, etc.;
- Whether the benefits the student gains during the regular school year will be significantly jeopardized if he is not provided with ESY;
- Completing the ESY Eligibility Worksheets within the Special Education Information System (SEIS)
- Ability of the student to interact with nondisabled peers;
- The student's vocational needs;
- Availability of alternative resources;
- Whether there are "emerging skills" and "breakthrough opportunities" such as when a student is on the brink of learning to read; and

- Other relevant information.

In addition to considering the above factors, the IEP team should:

- Provide data to support their decision; and
- Indicate specialized academic instruction, related services, frequency and duration in the “ESY” section of the IEP document.