



Flu Shot Information



Why do I need a yearly flu shot? Two key reasons:

- The body's immune response to a previously received vaccine declines over time.
- Flu viruses constantly change or mutate, so the vaccine has to be updated to keep up with the changing flu viruses.

A Western Health Advantage member can receive a flu shot at no cost by visiting their Primary Care Physician (PCP). Contact your PCP to schedule an appointment. Alternatively, your medical group may offer walk-in clinics or reimbursement for flu shots received at a pharmacy or designated clinic. Visit or call your medical group for more information:

Hill Physicians	> Visit Website or call 800.445.5747
Mercy Medical Group	> Visit Website or call 888.858.8307 or 916.379.2888
Meritage Medical Network	> Visit Website or call 800.874.0840
NorthBay Healthcare	> Visit Website or call 707.646.5500 or 707.646.5000
St. Joseph Health	> Visit Website or call 888.881.3136
Woodland Clinic	> Visit Website or call 530.668.2600

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