



Divisions

Behavioral Health Services
Primary Health
Public Health
Departmental Administration

County of Sacramento

On April 13, the CDC and FDA paused the use of the Johnson and Johnson vaccine. In alignment, SCPH has paused the use of Johnson and Johnson and is awaiting further guidance from the California Department of Public Health.

Beginning April 15, 2021, everyone 16 years or older in California will be eligible for COVID-19 vaccination appointments. Below is information to assist families in scheduling their vaccination appointments:

Making an appointment

- All locations require a scheduled appointment.
 - In the future, there may be walk-in sites or mobile clinics available in the county.
- Visit <http://bit.ly/SacCountyVaccine> or <https://vaccinefinder.org/search/> to make a vaccine appointment.
 - If you do not have computer or internet access, you can call **211** or **916-529-4519** to make a vaccine appointment. Assistance is available in multiple languages.
 - Youth who are 16 & 17 years of age will need to make an appointment for the **Pfizer** vaccine. The Pfizer vaccine is being dispensed by Sacramento County Public Health primarily at Cal Expo, McClellan Park, Sacramento State, Cal North State and Del Paso vaccination sites.
 - Anyone 18 years and older are can make appointments for **Pfizer**, **Moderna** or **Johnson & Johnson** vaccines.

Day of appointment

- Please bring a form of identification with your name and birthday to the vaccine appointment.
 - U.S. Citizenship or legal residency is not required.
 - Insurance is not required.
- Sacramento Regional Transit (SacRT) is offering free rides to COVID-19 vaccine appointments. [Go to the SacRT website to learn more](#) .

Right after appointment

- You've been vaccinated! According to the [CDC](#), some people may have some side effects after vaccines, which are normal signs that your body is building protection. Common side effects are pain, redness, and swelling in the arm where you received the shot, as well as tiredness, headache, muscle pain, chills, fever, and nausea throughout the rest

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of the body. These side effects could affect your ability to do daily activities, but they should go away in a few days. Learn more about [what to expect after getting a COVID-19 vaccine](#).

- [Enroll in v-safe!](#) V-safe is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. V-safe will also remind you to get your second COVID-19 vaccine dose if you need one. Participation is voluntary and you can opt out at any time. [Learn more about v-safe](#).

Second dose appointment

- If you receive the [Pfizer](#) or [Moderna](#) vaccine, it is necessary to return for a second dose.
 - Depending on the site the first vaccine is received, appointments for second doses will be scheduled during their first appointment or an appointment link will be emailed about one week before needing the second dose.
- Johnson & Johnson is a single dose vaccine and does not require to return for a second appointment.

Vaccines for children under 16

- No COVID-19 vaccine has been approved for use in children under 16.
- Vaccine trials require that there is enough evidence on the timing, safety, effectiveness and practical aspects of vaccinating children for the coronavirus, especially children under age 12.

Vaccine for someone who already had COVID-19

- After someone has cleared their 10-day isolation period, they can receive the vaccine.
- Individuals with a history of COVID-19 can hold off from receiving the vaccine for 90 days after infection if vaccine is still in short supply as a means to offer it to others who do not have temporary immunity.

For assistance anytime

- For assistance with social services, dial 2-1-1 in Sacramento County. [2-1-1 Sacramento](#) provides information, assistance and referral service 24 hours a day, seven days a week in multiple languages and can assist those without electronic access to public health services.
- For questions about vaccines in Sacramento County, [visit the Vaccination webpage](#) or call the Sacramento County COVID Hotline 916-875-2400.

*Vaccine eligibility does not guarantee an appointment right away. Vaccine supply continues to remain limited.