

# THOUSAND STRONG

Preparing Youth. Accelerating Careers.

## INVEST IN YOURSELF.

### Thousand Strong includes:



Work readiness training and support



300+ hours of paid work experience



Access to local employers



Network of Thousand Strong students and mentors



Assistance with starting a college fund

visit [www.thousandstrong.org](http://www.thousandstrong.org) for eligibility requirements



## Three types of opportunities:

**Professional Internships**  
300 hours total.  
Internship  
experience.  
Career exploration.

**Traditional Employment**  
300+ hours.  
Part-time  
employment.  
Full job immersion.

**Community Scholars**  
Flexible hours.  
College funding  
opportunity.  
Service focused.

# HOW TO APPLY:

- 1 Visit [www.thousandstrong.org](http://www.thousandstrong.org)
- 2 Fill out the application & click submit.
- 3 Hi-five yourself for being amazing.



Questions? Email: [ThousandStrong@CityofSacramento.org](mailto:ThousandStrong@CityofSacramento.org)

