

Qhia Txog Nyob Tsev Yog Tias Mob thiab Rov Qab Tuaj Kawm Ntawv

Ib tug tub/ntxhais kawm ntawv lossis neeg ua haujlwm uas kuaj tau tias mob Covid-19 yuav tsum nyob tsev thiab hu rau lawv tus thawj koj saib cov neeg ua haujlwm lossis tus thaj khu loj. Tus thawj koj saib cov neeg ua haujlwm yuav tsum qhia mus rau lub chaw Pabcuam Kev Noj Qab Haus Huv (Health Services) kom sai tam sid los ntawm xa ib tsab email mus rau covidreport@scusd.edu mus tiv toj kom paub soj qab taug lw.

Ib tug neeg twg yog tias muaj cov tsos mob lawm kuj yuav tsum nyob tsev thiab ua raws li kev qhia hauv qab no:



Nyob tsev twj ywm yog tias koj muaj ib yam ntawv cov tsos mob raws li hauv qab no

- Kuv taub hau lossis ua kub ua no
- Hnoos
- Txog siav lossis ua pa nyuab
- Nkees nkees
- Mob leeg lossis mob ib ce
- Mob taub hau
- Noj khoom tsis hnov qab lossis tsis hnov ntxhiab
- Mob qa
- Txhaws ntswg lossis los ntswg
- Raws plab/zawv plab
- Xeev siab lossis ntuav
-



Kuaj COVID-19 nrog tus pas kuaj OTC Test

Ceev kom muaj cov pas kuaj OTC COVID-19 tests nyob nram tsev. Mus nqa tau cov pas kuaj no tom koj lub tsev kawm ntawv lub hoobkas lossis ntawm Serna Testing Clinic.

Yog tias qhov kev kuaj COVID-19 yog **NEGATIVE (tsis muaj mob)**

Rov qab tuaj kawm ntawv yog tias yam tsawg kawg yog dhau 24 xuj moos txij thaum kub taub hau (tsis tau siv tshuaj txo qhov kub taub hau) thiab cov tsos mob zoo tuaj lawm.

Yog tias qhov kev kuaj COVID-19 yog **POSITIVE (muaj mob)**

Nyob twj ywm hauv tsev thiab ceeb toom rau koj tus thaj khu/tus saib xyuas haujlwm paub. Tus neeg taug qab yuav tiv tauj koj los muab kev taw qhia txog kev rov qab mus ua haujlwm/tuaj kawm ntawv.

Kev cai yuav ua lidas yog tias tau nyob ze tus neeg mob

Cov tub/ntxhais kawm thiab cov neeg ua haujlwm tsis hais txog tias twb txhaj tshuaj tiv thaiv kab mob lossis tsis tau txhaj yuav tuaj yeem mus kawm ntawv/ua haujlwm txuas ntxiv yog tias lawv tsis muaj cov tsos mob ntawm tus kab mob. Cov neeg tau nyob ze tus neeg mob yuav tsum:

- Soj ntsuam cov tsos mob COVID-19
- Mus kuaj tom qab 3-5 hnub uas tau nyob ze tus neeg mob
- Yuav tau looj daim npog qhov ncauj txog li 10 hnub nkaus tom qab tau nyob ze tus neeg mob