



Sacramento City

UNIFIED SCHOOL DISTRICT

SEEKING STUDENT PARTICIPANTS FOR:

VIRTUAL TEEN GROUP FOR ANXIETY & DEPRESSION

Looking for:

- **9th grade students**
- **Students experiencing anxiety and/or depression (not currently in crisis)**
- **Students able to commit to an 8-week group**
- **Students interested in learning specific coping skills for managing anxiety and depression**

Projected group start date: March 2021

***This group will be facilitated by a group leader with an MD degree.**

**To refer a student please complete a referral here:
<https://linktr.ee/lauramaganascusd>**

**Please send questions to:
Laura Magana at laura-magana@scusd.edu**

HOSTED BY:

**SCUSD
CONNECT CENTER**