



Your *“Step Into Wellness”* program invites you to participate in



## Physical Activity Challenge! Registration Open

Get inspired to move more and experience all the fun this season of renewal brings. Check out video: <https://scusd.springintomotiontoday.com/#/welcome>

Register online <https://scusd.springintomotiontoday.com> or download app

Challenge start date:	Monday, May 2nd
Last day to register:	Friday, May 6th
Competition ends:	Sunday, June 12th

**Team prizes (3-5 members to a team including the Leader)** based on average points for team.

First place: Team Leader and Members each receive \$50.00 gift card, gym bag and water bottle.

Second place Team Leader and Members each receive \$50.00 gift card.

### Individual prize drawings – Lots of ways to win!

Be one of the first 30 employees to register to be entered into a drawing for travel blanket (5 winners)

Enter your activity(ies) each for the first 3 weeks and be entered into drawing to win cooler backpack (5 winners)

Enter your activity(ies) each week for all 6 weeks to be entered into drawing to win \$50.00 gift card (5 winners)

Top 2 individuals with highest points will receive \$50 gift card.

***Sponsored by Kaiser Permanente***

For questions about challenge: email [healthybusiness2@gmail.com](mailto:healthybusiness2@gmail.com)

For FAQs and technical support: go to website <https://scusd.springintomotiontoday.com>