

Met Sacramento High School

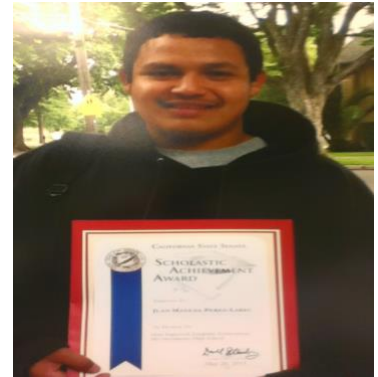
"One student at a time"

Shadow Day Schedule

The Met Sacramento is a **free, public** high school, located in Downtown Sacramento.

What makes us different? Highlights of the school:

- Internships and internship projects
- Project-Based Learning
- Advisory structure that promotes individualized instruction
- Innovative curriculum
- Real world, authentic curriculum
- College-going culture: Partnership with Sacramento City College
- Our school is part of a national network of similar schools, all founded by *Big Picture Learning*
- We are *Linked Learning* certified!



Schedule a Shadow Day!!

Call to reserve a date
(916)395-5417

Students from 10am – 2pm
Parents from 12:45pm – 2pm



Some sample internships:

- UC Davis Arboretum
- Sacramento News and Review
- Stafford, King and Weiss Architects
- B Street Theater
- Law Office of R Andrew Murray

October 9th

November 20th

December 18th

January 15th

February 19th

March 18th

April 15th

**The Met Sacramento
810 V St.
Sacramento, CA 95818**