

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 9/9/2019 - 9/13/2019**

	Monday 9/9	Tuesday 9/10	Wednesday 9/11	Thursday 9/12	Friday 9/13
BREAKFAST	ItalianTurkeySausageSquare(C) Canned Applesauce 1% Unflavored Milk	Chicken Sausage Patty on a WG Hawaiian Bun Fresh Orange 1% Unflavored Milk	Crispito (C) Fresh Strawberries 1% Unflavored Milk	Whole Grain Cereal Sliced Apples Bites 1% Unflavored Milk	Yogurt and WG Strawberry Granola Canned Fruit Mix 1% Unflavored Milk
LUNCH	Homestyle Chicken Strips Homestyle Ranch Dressing Vegetarian Beans Canned Pears 1% Unflavored Milk	Mac & Cheese (D, V) Green Beans Sliced Apples Bites 1% Unflavored Milk	Turkey Ham & Cheese Sand String Cheese Mayonnaise, pkt Mustard, pkt Chopped Romaine Salad Homestyle Ranch Dressing Fresh Orange 1% Unflavored Milk	Cheeseburger on WG Bun Tater Tots Fresh Strawberries 1% Unflavored Milk	Cheese Pizza Carrot Coins Canned Peaches 1% Unflavored Milk
SALAD BAR					
SNACK	Apple Cinn Bear Graham 1% Unflavored Milk	Cheddar Chex Mix Strawberry Kiwi Juice 4oz	Heartzel Pretzel Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	Honey Bunny Grahams 1% Unflavored Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

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