

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 9/30/2019 - 10/4/2019**

	Monday 9/30	Tuesday 10/1	Wednesday 10/2	Thursday 10/3	Friday 10/4
BREAKFAST	Whole Grain Cereal Canned Peaches 1% Unflavored Milk	Sausage&Gravy Breakfast Pizza Fresh Orange 1% Unflavored Milk	Crispito (C) Fresh Strawberries 1% Unflavored Milk	Blended Smoothie Canned Applesauce Hard Boiled Egg Sliced Apples Bites 1% Unflavored Milk	Whole Grain Cereal Canned Pears 1% Unflavored Milk
LUNCH	WG Breaded Drumstick Carrot Coins Canned Applesauce 1% Unflavored Milk	Sunbutter Sandwich String Cheese Chopped Romaine Salad Lite Ranch Salad Dressing Sliced Apples Bites 1% Unflavored Milk	Bean & Cheese Burrito (D,V) Canned Corn Fresh Orange 1% Unflavored Milk	WG Breaded Chicken Patty on WG Bun Vegetarian Beans Fresh Strawberries 1% Unflavored Milk	Mandarin Orange Chicken Hawaiian Brown Rice Steamed Broccoli Canned Fruit Mix 1% Unflavored Milk
SALAD BAR					
SNACK	Nature Valley Cinnamon Crisp 1% Unflavored Milk	Strawberry Chex Mix Paradise Veg&Fruit Juice 4oz	Cheesy Cheese Puffs Strawberry Applesauce Cups	Goldfish Pretzels Apple Juice 4oz	Animal Crackers 1% Unflavored Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		
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