

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 9/16/2019 - 9/20/2019**

	Monday 9/16	Tuesday 9/17	Wednesday 9/18	Thursday 9/19	Friday 9/20
BREAKFAST	Whole Grain Cereal Canned Peaches 1% Unflavored Milk	Sausage&Gravy Breakfast Pizza Fresh Orange 1% Unflavored Milk	Crispito (C) Fresh Strawberries 1% Unflavored Milk	Blended Smoothie Canned Applesauce Hard Boiled Egg Sliced Apples Bites 1% Unflavored Milk	Whole Grain Cereal Canned Pears 1% Unflavored Milk
LUNCH	WG Breaded Drumstick Carrot Coins Canned Applesauce 1% Unflavored Milk	Sunbutter Sandwich String Cheese Chopped Romaine Salad Lite Ranch Salad Dressing Sliced Apples Bites 1% Unflavored Milk	Bean & Cheese Burrito (D,V) Canned Corn Fresh Orange 1% Unflavored Milk	WG Breaded Chicken Patty on WG Bun Vegetarian Beans Fresh Strawberries 1% Unflavored Milk	Mandarin Orange Chicken Hawaiian Brown Rice Steamed Broccoli Canned Fruit Mix 1% Unflavored Milk
SALAD BAR					
SNACK	Nature Valley Cinnamon Crisp 1% Unflavored Milk	Strawberry Chex Mix Paradise Veg&Fruit Juice 4oz	Cheesy Cheese Puffs Strawberry Applesauce Cups	Goldfish Pretzels Apple Juice 4oz	Animal Crackers 1% Unflavored Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.