

# train sustain

LIFE SUPPORT EDUCATION | AHA CERTIFIED

## 2024-25 BLENDED LEARNING CPR/AED/FIRST AID TRAINING Available for SCUSD District Employees

To register, please complete the following steps:

- 1) Sign up for the course on the following link: <https://train2sustain.com/resources>
- 2) Select the time slot of your choice and register with all pertinent details.
- 3) Health and Safety Institute will e-mail the online course to you within 24 hours of your registration.
- 4) Please complete the course at least two days before your skills check.
- 5) Please e-mail your completion certificate to [train2sustain@gmail.com](mailto:train2sustain@gmail.com).
- 6) Attend the Skills Check at the time you requested.

**Please note:** Completion of the online course and attendance at a skills check is required for all employees in order to receive certification.

**Dates:\*** August 12, 13 & 14    October 7, 8 and 9    March 17, 18 & 19  
May 5, 6 & 7

\*Please note that dates are subject to change based on needs of the hosting locations.\*

**Time:** See time slots & locations on <https://train2sustain.com/resources>

**Skills Check:** See location info at <https://train2sustain.com/resources>

**Presenter:** Train 2 Sustain 916-581-0012 or [train2sustain@gmail.com](mailto:train2sustain@gmail.com)

**Health and Safety Information:** Please be prepared to have your temperature checked and answer a few health screening questions prior to admission to the class. If you have tested positive for COVID-19, have a fever, cough, muscle aches, loss of taste/smell or had any contact with anyone who has tested positive for COVID-19, please do not attend your scheduled skills check session and follow SCUSD's notification procedures.<sup>[SEP]</sup>

**Continuing Education:** After completing the online course with an estimated 7.5 hour completion time, you will attend a skills check, which will review specific skills learned. Afterward, you can count 8 hours of continuing education. This flyer and your certification card will confirm your attendance.

