



**BLENDED LEARNING
CPR/AED/FIRST AID TRAINING
Available for SCUSD District Employees**

To register, please complete the following steps:

- 1) Sign up for the course on the following link: www.train2sustain.com
- 2) Select the time slot of your choice and register with all pertinent details.
- 3) Health and Safety Institute will e-mail the online course to you within 24 hours of your registration.
- 4) Please complete the course at least two days before your skills check.
- 5) Please e-mail your completion certificate to train2sustain@gmail.com.
- 6) Attend the Skills Check at the time you requested. The October and March Classes will have in-person and Zoom skills check options. The August, January and May classes will be held via Zoom only.

Please note: Completion of the online course and attendance at a skills check is required for all employees in order to receive certification.

Dates: August 6 & 10 October 19 & 22 January 18 & 21
March 8 & 11 May 10 & 13

Time: See time slots on www.train2sustain.com

Skills Check: See Zoom info at www.train2sustain.com

Presenter: Train 2 Sustain 916-581-0012 or train2sustain@gmail.com

Health and Safety Information: Please be prepared to have your temperature checked and answer a few health screening questions prior to admission to the class. If you have tested positive for COVID-19, have a fever, cough, muscle aches, loss of taste/smell or had any contact with anyone who has tested positive for COVID-19, please do not attend your scheduled skills check session and follow SCUSD's notification procedures.

Continuing Education: After completing the online course with an estimated 7.5 hour completion time, you will attend a skills check, which will review specific skills learned. Afterward, you can count 8 hours of continuing education. This flyer and your certification card will confirm your attendance.

