

# train sustain

LIFE SUPPORT EDUCATION | AHA CERTIFIED

## **BLENDDED LEARNING CPR/AED/FIRST AID TRAINING Available for SCUSD District Employees**

To register, please complete the following steps:

- 1) Sign up for the course on the following link: [www.train2sustain.com](http://www.train2sustain.com)
- 2) Select the time slot of your choice and register with all pertinent details.
- 3) Health and Safety Institute will e-mail the online course to you within 24 hours of your registration.
- 4) Please complete the course at least two days before your skills check.
- 5) Please e-mail your completion certificate to [train2sustain@gmail.com](mailto:train2sustain@gmail.com).
- 6) Attend the Virtual Skills Check at the time you requested.

**Please note:** Completion of the online course and attendance at a skills check is required for all employees in order to receive certification.

**Dates:** September 22&25, November 3&6, January 12&15, March 23&26

**Time:** See time slots on [www.train2sustain.com](http://www.train2sustain.com)

**Virtual Skills Check:** See Zoom info at [www.train2sustain.com](http://www.train2sustain.com)

**Presenter:** Train 2 Sustain 916-581-0012 or [train2sustain@gmail.com](mailto:train2sustain@gmail.com)

**Continuing Education:** After completing the online course with an estimated 7.5 hour completion time, you will attend a skills check, which will review specific skills learned. Afterward, you can count 8 hours of continuing education. This flyer and your certification card will confirm your attendance.

