

Tsev Kawm Ntawv Txoj Cai Kev Noj Qab Haus Huv rau Tiam 21 no.

Cov ntsiab lus



Kho kev noj qab haus huv ntawm cov tub/
Ntxhais kawm thiab xibfwb kom zoo tshaj qub



Nce qhov kaj kom zoo ntiv
(Increase transparency)



Hauv paus cov cai kom zoo dua qub
(Streamline district policies)

Vim licas qhov no thiaj tseem ceeb?

Cov menyuum uas nws noj zaub mov zoo thiab muaj zog nyob dhia rhes yeej yog cov uas kawm tau ntawv zoo nram tsev kawm ntawv.

Tsev Kawm Cov Cai Nojqab Haushuv (School Wellness Policies) yog ib qho uas tseem fww teev tseg tias yuav tsum tau muaj nyob rau lub hauv paus tsev kawm ntawv uas koom rau hauv lub koom haum thoob tebchaws noj sus dawb/txo tus nqe noj sus (National Free/Reduced Lunch Program). Lub hauv paus SCUSD txoj cai nojqab Haushuv yog muab kho tshabtau kawm.

Muaj ib txoj kev pab uas yuav tsum tau ua rau lub hauv paus tsev kawm ntawv SCUSD lub zej zos zws li ntsig txog kev nyab xeeb thiab kev noj qab haus huv.

Lub Ntsiab Lus uas Thov kev Hloov Txoj Cai yog dabtsi?

Khoom Noj & Dej Haus



Khoom noj yuav tsis muab rau cov tub/ntxhais kawm ntawv yam li kev cia siab lossis khoom plig.



Txhua yam zaub mov noj uas muab rau cov tub/ntxhais kawm ntawv nyob rau sijhawm kawm ntawv, tsis hais ua cov kev zoo siab hauv chav kawm, yuav tau ua raws li tseem fww thiab lav thaj npas txoj cai teev tseg



Cov uas tsis yog zaub mov noj muag nrhiav nyiaj yogi b qho uas zoo heev. Kev nrhiav nyiaj pab uas yog muag zaub mov yuav tsum muaj raws li tseem fww thiab lav thaj npas txoj cai no.



Cov neeg ua dejnum yog los txhawb ua qauv tias koj licas thiaj zoo

Kev Kawm So Dhia Uasi



Lub caij so lossis thaum mus dhia au si yuav siv tsis tau koj los ua ib qho kev rau txim.



Cov tsev kawm ntawv yuav tsum ua raws lossis tshaj qhov mus dhia uasi raws li yuav tsum tau muaj raws qib nws kawm.



Kev qhia dhia uasi (PE) yuav tsum yog nrhiav los ntawm lub xeev California tus qauv qhia kev dhia uasi. (California Physical Education State Standards)



Kev ntsuam xyuas xeeb kev dhia noj qab Haushuv yogi b qho yuav tsum tau muaj los ntawm cov cai thiab txoj cai nojqab haus huv no.

Nqes tes ua!



Rov muab tag nrho txoj cai los saib dua hauv online ntawm
<https://goo.gl/3ihQGr>



Txuas nrog TSev Kawm Ntawv tus saib xyuas pab pawg Kev Noj Qab Haus Huv

scusd.edu/coordinated-school-health



Qhia koj tus thawj tsav xwm ntawm koj lub tsev kawm ntawv paub tias koj txhawb nqa tsab cai no



Qhia txog qhov ntaub ntawv no rau lwm tus hauv koj lub zej zos