



Sacramento City Unified School District
 5601 47th Avenue
 Sacramento, CA 95824



Parent/Guardian of:
 CASEY LEE
 123 2nd Street
 Anytown, USA 12346



December Check-In

*We want to help and to hear from you -
 how can we support you and Casey
 during this time?
 - Superintendent Aguilar*

Dear Parent/Guardian of Casey Lee,

We are reaching out because it appears Casey has missed 9 days* so far this year. Sometimes absences may be a sign that students or families are facing challenges. We know this is an incredibly difficult time for many in our Sacramento City community, and we're here to help.

If we can help with anything—like free meal pickup, health and wellness services, internet/computers, etc—**call 555-555-5555. See the back of this letter for more resources.**

Thank you for helping Casey attend every day possible. Casey's teachers look forward to connecting with Casey this week!

Sincerely,
 Jorge Aguilar
 Superintendent, Sacramento City Unified School District

Unique Code: <<01_unique_code>>

* See the note on the back for information about the **(absence_noun_plural)** listed in this letter.

Turn Over



We're here to help!

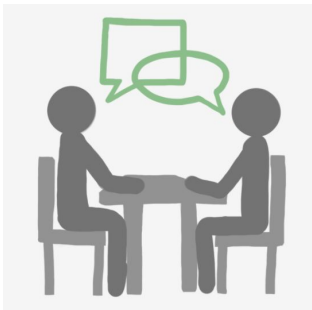
Contact us at the numbers below for support with things like:



- At-home learning devices, internet, login: 916-643-2121
- Free meal pickup: 916-395-5600
- Health and mental health services: 916-643-2333
- Academic support: 916-713-7341

Talking About Feelings With Casey

Are you wondering how to help your child talk about their feelings, especially during this time?



Research shows that asking **open-ended questions** at the **right time of day** can help your child label their feelings.

- What was the hardest part of your day? How did you feel?
- What are you looking forward to tomorrow?

Rather than talking at bedtime, try taking a walk together or talking during dinner.

It can be hard to find time to take care of our mental health, especially during a crisis. If you or your child is struggling, **please call 916-643-2333**.

Casey's Schedule

Distance Learning: Mon-Fri at www.scusd.edu/clever

*This is the **total number of absences (unexcused and excused, in-person and remote) between the first day of school and 10/1/2020**. We understand that students miss school due to illness, religious holidays, or emergencies. Please discuss in advance with your student's school and health provider when to keep your student at home, especially if your student is sick or may have been exposed to COVID19. To be connected to additional resources, or if you no longer want to receive these letters, please contact [PHONE NUMBER] and provide the code below. If you received this letter in error or have already opted out of receiving these letters, please disregard this one.