



Resources to Support LGBTQ+ Students and Families

Local Resources:

Trans Families Sacramento/PFLAG Sacramento (Parents, Families and Friends of Lesbians and Gays)

PFLAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity. There are local chapters with monthly meetings that are free to attend.

Website: www.pflagsacramento.org

Instagram: @pflag

The Gender Health Center

Gender Health Center is focused on providing an accessible therapy and counseling program for the gender variant community. They are interested in developing a collaboration with other agencies that are committed to addressing the full spectrum of issues specific to the transgender community in a positive approach for getting people to understand that there is a better life when gender identity issues are addressed in a safe and supportive environment.

Website: <https://www.genderhealthcenter.org/>

Instagram: @genderhealthsac

The Sacramento LGBT Community Center

The Sacramento LGBT Community Center works to create a region where LGBTQ+ people thrive. They support the health and wellness of the most marginalized, advocate for equality and justice, and work to build a culturally rich LGBTQ+ community.

Website: <http://saccenter.org/>

Instagram: @sacgbtcenter

Rainbow Kids

Rainbow kids is a group of families who gather together for support, education, and community to help raise their transgender, gender variant, gender non-conforming or gender questioning children (4-18 years old) in a supportive and loving manner. They recognize that every child and every family has their own journey and has different levels of acceptance and beliefs.

Website: <https://sites.google.com/site/sacramentoarearainbowkids/>

The Lavender Library

The Lavender Library is an all-volunteer-run lending library, archive, and community space with LGBTQ+ books, films and more. They are a hub of learning and connection for Sacramento's LGBTQ+ community.

Website: <https://www.lavenderlibrary.com/>

Instagram: @sacllace

WEAVE

WEAVE is the primary provider of crisis intervention services for survivors of domestic violence and sexual assault in Sacramento County. WEAVE's mission is to promote safe and healthy relationships and support survivors of sexual assault, domestic violence and sex trafficking. WEAVE's vision is a community free of violence and abuse.

Website: <https://www.weaveinc.org/>

Instagram: @weaveinc

National Resources:

National Center for Transgender Equality

The National Center for Transgender Equality is the nation's leading social justice advocacy organization winning life-saving change for transgender people.

Website: <https://transequality.org/>

Transgender Law Center

Transgender Law Center changes law, policy, and attitudes so that all people can live safely, authentically, and free from discrimination regardless of their gender identity or expression.

Website: <https://transgenderlawcenter.org/>

Gender Spectrum

Gender Spectrum's mission is to create a gender-inclusive world for all children and youth. To accomplish this, we help families, organizations, and institutions increase understanding of gender and consider the implications that evolving views have for each of us.

Website: <https://www.genderspectrum.org/>

The Trevor Project

The Trevor Project operates the only accredited, nationwide, around-the-clock crisis and suicide prevention helpline for LGBTQ+ youth. This organization hosts workshops for individuals working with LGBTQ+ youth, as well as a web-based Trevor Support Center through which LGBTQ+ youth and allies can find answers to frequently asked questions, and explore resources related to sexual orientation and gender identity.

Website: www.thetrevorproject.org

Support Center: <https://www.thetrevorproject.org/resources/trevor-support-center>

Trevor Lifeline: (866) 488-7386

Family Acceptance Project

The Family Acceptance Project focuses on reducing risk and promoting well-being among LGBTQ children and youth by increasing family support. FAP is a research, education and intervention initiative, affiliated with San Francisco State University. Their work seeks to increase family and community support for lesbian, gay, bisexual, transgender and queer-identified (LGBTQ) children and youth to decrease health and mental health risks and to promote well-being.

Website: <https://lgbtqfamilyacceptance.org/>

Trans Student Educational Resources

Trans Student Educational Resources is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment.

Website: <http://www.transstudent.org/gender>

Brown Boi Project

The Brown Boi Project is a community of people working across race and gender to eradicate sexism, homophobia and transphobia and create healthy frameworks of masculinity and change.

Website: <http://www.brownboiproject.org/>

GSA Network

GSA Network is a next-generation LGBTQ+ racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities.

Website: <https://gsanetwork.org/>

GLSEN: The Gay, Lesbian and Straight Education Network

GLSEN is the leading national education organization focused on ensuring safe schools for all lesbian, gay, bisexual and transgender students. Established nationally in 1995, GLSEN envisions a world in which every child learns to respect and accept all people, regardless of sexual orientation or gender identity/expression. Electronic versions of reports and all other GLSEN research reports are available online.

- *2007 National School Climate Survey: The experiences of LGBT youth in our nation's schools.*
- *Inside California schools: The experiences of LGBT students.*

Website: www.glsen.org/research

them.

A community platform that chronicles and celebrates the stories, people and voices that are emerging and inspiring, ranging in topics from pop culture and style to politics and news, all through the lens of today's LGBTQ+ community.

Website: www.them.us

Instagram: @them