

Physical Education – PD

Updated as of November 2, 2012

Physical Education in the River City (PERC)

Targeted Audience: PE Teachers, Teachers and Administrators

Presenters: CAHPERD PRESENTERS

Physical Education in the River City is an outstanding professional development program for K-12 PE teachers, classroom teachers and administrators; fully aligned with the CA Physical Education Standards. Participants will deepen their understanding of Physical Education, engage in hands-on labs, and acquire innovative ideas and lessons. Sessions are taught by top physical educators in the field. Session strands include Elementary, Middle and High School. The focus will be on Standard 3 and 4 for elementary and middle school and Standard 2 for high school. There is a networking dinner and an invited Physical Education speaker each session. Workshops may be taken as a series or individually. Hours may be used to meet BTSA or district professional development requirements (*pending approval*). Continuing Education Units may be available for an additional fee.

Date	Time	No. of Days	Location
October 20, 2012	8:30am-12:00pm	1	CSUS, Yosemite Hall Gym
November 9, 2012	4:30pm-8:00pm	1	CSUS, Yosemite Hall Gym
April 20, 2013	8:30am-12:00pm	1	CSUS, Yosemite Hall Gym

Maximum number of participants: All are welcome!

FEE: Please refer to the CAHPERD website under 'Conferences & Events' then under other events. **ONLY \$20 each session**

\$10 for Dinner on November 9th

\$6 for Lunch on April 20th

Possible Funding Sources: Sponsored by CAHPERD www.cahperd.org

Contact: heather-deckard@scusd.edu

These sessions will not count towards Common Planning Time (CPT)

FitnessGram Software Training

Targeted Audience: PFT Test Site Coordinators, Physical Education Teachers, Teachers and Administrators

Facilitator: Heather Deckard

This training is to provide participants with more of the technology capabilities of the *FitnessGram* software, enter scores from the PFT baseline test and solve any computer issues.

Outcomes: Participants will have a clear understanding of all the capabilities of the *FitnessGram* software, scoring practices, and how to enter student data in to *FitnessGram* to ensure standardization of the administration of the PFT, solve an computer log-in issues and for all participants to use the *FitnessGram* software not just for testing, but to teach the Physical Education overarching standards 3 and 4.

Date	Time	No. of Days	Location
October 29, 2012	3:00-5:00pm (Session 1) 4:00-6:00pm (Session 2)	1	Serna Center Computer Lab A & B

Maximum number of participants: 50

Contact: heather-deckard@sac-city.k12.ca.us

These sessions will not count towards Common Planning Time (CPT)

National Adapted Physical Education Conference

Targeted Audience: Adapted PE Teachers, PE Teachers, Classroom Teachers, and Administrators.

Presenters: CAHPERD Presenters

Join us for a workshop jam packed with **FUN** and **CHALLENGING** movement education which promotes physical activity for all. This event is designed for anyone seeking new and innovative ideas for adapted physical education classes and physical activity programs.

Date	Time	No. of Days	Location
November 8-10, 2012	TBA	3	Doubletree Hotel, Sonoma Wine Country

Maximum number of participants: All are welcome!

FEE: Please refer to the CAHPERD website under Conferences & Events then under 'Nat'l Adapted Phys Ed'

Possible Funding Sources: Sponsored by CAHPERD www.cahperd.org

Contact: heather-deckard@scusd.edu

These sessions will not count towards Common Planning Time (CPT)

Physical Fitness Test (PFT) Test Site Coordinator Training

Targeted Audience: PFT Test Site Coordinators

Facilitator: Heather Deckard

This training is state mandated for test site coordinators in the overseeing of the Physical Fitness Test (PFT).

Outcomes: Coordinators will have a clear understanding of testing procedures, scoring practices, and how to enter student data in to *FitnessGram* to ensure standardization of the administration of the PFT. Coordinators are authorized to train test examiners once they have been trained.

Date	Time	No. of Days	Location
January 28, 2013	4:00-6:00 PM	1	TBD
January 29, 2013	4:00-6:00 PM	1	TBD

Maximum number of participants: 50

Contact: PFTSupport@sac-city.k12.ca.us

These sessions will not count towards Common Planning Time (CPT)

CAHPERD ANNUAL STATE CONFERENCE

Targeted Audience: All those that are in Health, Physical Education, Recreation and Dance

Presenters: CAHPERD Presenters

Attendees will learn new 21st century techniques to service, teach, inspire, and motivate students and adults in the areas of Health, Physical Education, Recreation and Dance. Attendees will learn to increase performance of urban students, motivate students to live healthy and physically active lifestyles, network with other educators in the fields of Health, Physical Education, Recreation and Dance, increase parent involvement, staff and community in leading healthy and physically active lifestyles.

Date	Time	No. of Days	Location
March 7-10, 2013	8am - ??	4	Santa Clara Convention Center and the Hyatt

Maximum number of participants: All are welcome!

FEE: Please refer to the CAHPERD website under Conferences & Events then under 'State Conference'

Possible Funding Sources: Sponsored by CAHPERD www.cahperd.org

Contact: heather-deckard@scusd.edu

These sessions will not count towards Common Planning Time (CPT)

FitnessGram Software Training

Targeted Audience: PFT Test Site Coordinators, Physical Education Teachers, Teachers and Administrators

Facilitator: Heather Deckard

This training is to provide participants with more of the technology capabilities of the *FitnessGram* software, enter scores from the PFT post-test 2013 and solve any computer issues.

Outcomes: Participants will have a clear understanding of all the capabilities of the *FitnessGram* software, scoring practices, and how to enter student data in to *FitnessGram* to ensure standardization of the administration of the PFT, solve any computer log-in issues and to assist all participants in accessing the *FitnessGram* reports for students to take home.

Date	Time	No. of Days	Location
April 29, 2013	3:00-5:00pm (Session 1)	1	Serna Center
	4:00-6:00pm (Session 2)		Computer Lab A & B

Maximum number of participants: 50

Contact: heather-deckard@sac-city.k12.ca.us

These sessions will not count towards Common Planning Time (CPT)

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Outcomes: Participants will have a clear understanding of all the capabilities of the *FitnessGram* software, scoring practices, and how to enter student data in to *FitnessGram* to ensure standardization of the administration of the PFT, solve any computer log-in issues and to assist all participants in accessing the *FitnessGram* reports for students to take home.

Date	Time	No. of Days	Location
May 27, 2013	3:00-5:00pm (Session 1)	1	Serna Center
	4:00-6:00pm (Session 2)		Computer Lab A & B

Maximum number of participants: 50

Contact: heather-deckard@sac-city.k12.ca.us

These sessions will not count towards Common Planning Time (CPT)