

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 10/1/2018 - 10/5/2018**

	Monday 10/1	Tuesday 10/2	Wednesday 10/3	Thursday 10/4	Friday 10/5
BREAKFAST	Whole Grain Cereal Canned Peaches 1% Unflavored Milk	ItalianTurkeySausageSquare(C) Sliced Apples 1% Unflavored Milk	Crispito (C) Fresh Strawberries 1% Unflavored Milk	Blended Smoothie Hard Boiled Egg 1/2 Fresh Banana 1% Unflavored Milk	Whole Grain Cereal Canned Pears 1% Unflavored Milk
LUNCH	Breaded Chicken Drumstick Carrot Coins Canned Applesauce 1% Unflavored Milk	Bean & Cheese Burrito Canned Corn 1/2 Fresh Banana 1% Unflavored Milk	French Bread Pizza (D,V) Chopped Romaine Salad Lite Ranch Salad Dressing Sliced Apples 1% Unflavored Milk	Sunbutter Sandwich String Cheese Fresh Cucumbers Fresh Strawberries 1% Unflavored Milk	WG Breaded Chicken Patty on WG Bun Ketchup, pkt Vegetarian Beans Canned Fruit Mix 1% Unflavored Milk Milk
SALAD BAR					
SNACK	Nature Valley Cinnamon Crisp 1% Unflavored Milk	Strawberry Chex Mix Strawberry Kiwi Juice 4oz	Cheesy Cheese Puffs Strawberry Applesauce Cups	Goldfish Pretzels Paradise Veg&Fruit Juice 4oz	Animal Crackers 1% Unflavored Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

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