

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

Middle Breakfast 2018-2019

Portion Values - Detailed

Page 1

Generated on: 4/11/2019 9:02:34 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/01/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Sandwich	Sandwich	1	24.0
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
Fruit, Canned, Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk Non Fat White	carton	1	13.0
Milk 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average			236.21
% of Calories			57.9%
Nutrient Guideline			

Tue - 04/02/2019			
Middle Breakfast 2018-2019	Total	1	
Pancake Sausage (Secondary)	1 each	1	43.3
Crispito (Secondary Breakfast)	1 each	1	25.85
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			240.51
% of Calories			64.0%
Nutrient Guideline			

Wed - 04/03/2019			
Middle Breakfast 2018-2019	Total	1	
Texas Toast	1 each	1	45.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Breakfast Sandwich	Sandwich	1	24.0
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

Middle Breakfast 2018-2019

Portion Values - Detailed

Page 2

Generated on: 4/11/2019 9:02:34 AM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			242.58 58.9%
Nutrient Guideline			

Thu - 04/04/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Pizza, Sausage	1 each	1	26.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average % of Calories			223.21 61.9%
Nutrient Guideline			

Fri - 04/05/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Sandwich	Sandwich	1	24.0
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Milk Non Fat White	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average % of Calories			236.21 57.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet
Portion Values - Detailed

Middle Breakfast 2018-2019

Page 3

Generated on: 4/11/2019 9:02:34 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/08/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Sandwich	Sandwich	1	24.0
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
Fruit, Canned, Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk Non Fat White	carton	1	13.0
Milk 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average			236.21
% of Calories			57.9%
Nutrient Guideline			

Tue - 04/09/2019			
Middle Breakfast 2018-2019	Total	1	
Pancake Sausage (Secondary)	1 each	1	43.3
Crispito (Secondary Breakfast)	1 each	1	25.85
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			240.51
% of Calories			64.0%
Nutrient Guideline			

Wed - 04/10/2019			
Middle Breakfast 2018-2019	Total	1	
Texas Toast	1 each	1	45.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Breakfast Sandwich	Sandwich	1	24.0
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

Middle Breakfast 2018-2019

Portion Values - Detailed

Page 4

Generated on: 4/11/2019 9:02:34 AM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			242.58 58.9%
Nutrient Guideline			

Thu - 04/11/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Pizza, Sausage	1 each	1	26.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average % of Calories			223.21 61.9%
Nutrient Guideline			

Fri - 04/12/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Sandwich	Sandwich	1	24.0
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Milk Non Fat White	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average % of Calories			236.21 57.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet
Portion Values - Detailed

Middle Breakfast 2018-2019

Page 5

Generated on: 4/11/2019 9:02:34 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/22/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Sandwich	Sandwich	1	24.0
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
Fruit, Canned, Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk Non Fat White	carton	1	13.0
Milk 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average			236.21
% of Calories			57.9%
Nutrient Guideline			

Tue - 04/23/2019			
Middle Breakfast 2018-2019	Total	1	
Pancake Sausage (Secondary)	1 each	1	43.3
Crispito (Secondary Breakfast)	1 each	1	25.85
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			240.51
% of Calories			64.0%
Nutrient Guideline			

Wed - 04/24/2019			
Middle Breakfast 2018-2019	Total	1	
Texas Toast	1 each	1	45.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Breakfast Sandwich	Sandwich	1	24.0
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

Middle Breakfast 2018-2019

Portion Values - Detailed

Page 6

Generated on: 4/11/2019 9:02:34 AM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			242.58
% of Calories			58.9%
Nutrient Guideline			

Thu - 04/25/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Pizza, Sausage	1 each	1	26.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average			223.21
% of Calories			61.9%
Nutrient Guideline			

Fri - 04/26/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Sandwich	Sandwich	1	24.0
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Milk Non Fat White	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average			236.21
% of Calories			57.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet
Portion Values - Detailed

Middle Breakfast 2018-2019

Page 7

Generated on: 4/11/2019 9:02:35 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/29/2019			
Middle Breakfast 2018-2019	Total	1	
Breakfast Sandwich	Sandwich	1	24.0
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
Orange Juice (Crystal)	1 each	1	15.0
Fruit, Canned, Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk Non Fat White	carton	1	13.0
Milk 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Raisins	Box	1	29.0
Weighted Daily Average			236.21
% of Calories			57.9%
Nutrient Guideline			

Tue - 04/30/2019			
Middle Breakfast 2018-2019	Total	1	
Pancake Sausage (Secondary)	1 each	1	43.3
Crispito (Secondary Breakfast)	1 each	1	25.85
Muffin (Fresh Baked) Fat Cat	1 EA	1	38.63
Cereal, assorted, GM secondary	1 each	1	18.2
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			240.51
% of Calories			64.0%
Nutrient Guideline			

Weighted Average			236.05
			60.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	236.05	60.08%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

