

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet
Portion Values - Detailed

Middle Lunch 2018-2019

Page 1

Generated on: 4/11/2019 9:03:03 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/01/2019			
Middle Lunch 2018-2019	Total	526	
Cheeseburger	1 each	100	46.96
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Turkey Sub 2018	sandwich	32	49.17
Yogurt Meal - Secondary	1 each	30	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Teriyaki Chicken Rice bowl	1 each	1	92.94
Weighted Daily Average			60.90
% of Calories			49.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 04/02/2019			
Middle Lunch 2018-2019	Total	550	
Crunchy Taco	2 tacos each	80	22.76
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Turkey Club Wrap	1 each	1	53.76
Weighted Daily Average			67.87
% of Calories			47.8%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Generated on: 4/11/2019 9:03:03 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 04/03/2019			
Middle Lunch 2018-2019	Total	562	
Spicy Chicken Tenders & Tots	4 tenders	140	40.86
Bacon Cheeseburger	1 each	150	47.12
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Italian Turkey Sub	sandwich	32	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Carrots, Baby Ind. bags	bag	50	8.0
Chips	Bags	562	19.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			90.12
% of Calories			45.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 04/04/2019			
Middle Lunch 2018-2019	Total	570	
Popcorn Chicken Bowl	1 bowl	100	62.85
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Turkey Club Wrap	1 each	1	53.76
Weighted Daily Average			73.32
% of Calories			50.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 04/05/2019			
Middle Lunch 2018-2019	Total	570	
Breaded Chicken #1 (Secondary)	1-2 pieces	180	68.55
Cheeseburger	1 each	100	46.96
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Italian Turkey Sub	sandwich	30	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			78.92
% of Calories			50.4%
Nutrient Guideline			

Mon - 04/08/2019			
Middle Lunch 2018-2019	Total	526	
Cheeseburger	1 each	100	46.96
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Turkey Sub 2018	sandwich	32	49.17
Yogurt Meal - Secondary	1 each	30	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Teriyaki Chicken Rice bowl	1 each	1	92.94
Weighted Daily Average			60.90
% of Calories			49.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 04/09/2019			
Middle Lunch 2018-2019	Total	550	
Crunchy Taco	2 tacos each	80	22.76
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Turkey Club Wrap	1 each	1	53.76
Weighted Daily Average			67.87
% of Calories			47.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 04/10/2019			
Middle Lunch 2018-2019	Total	562	
Spicy Chicken Tenders & Tots	4 tenders	140	40.86
Bacon Cheeseburger	1 each	150	47.12
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Italian Turkey Sub	sandwich	32	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Carrots, Baby Ind. bags	bag	50	8.0
Chips	Bags	562	19.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			90.12
% of Calories			45.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 04/11/2019			
Middle Lunch 2018-2019	Total	570	
Popcorn Chicken Bowl	1 bowl	100	62.85
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Turkey Club Wrap	1 each	1	53.76
Weighted Daily Average			73.32
% of Calories			50.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 04/12/2019			
Middle Lunch 2018-2019	Total	570	
Breaded Chicken #1 (Secondary)	1-2 pieces	180	68.55
Cheeseburger	1 each	100	46.96
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Italian Turkey Sub	sandwich	30	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			78.92
% of Calories			50.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/15/2019			
Middle Lunch 2018-2019	Total	1	
Sweet & Sour Chicken Rice	servings	1	92.04
Sweet & Sour Chicken Chow Mein	3.6oz (1/2 cup)	1	67.2
Cheeseburger	1 each	1	46.96
Personal Pizza	Pizza	1	34.0
Beef, Bean & Cheese Burrito	1 each	1	73.88
Italian Turkey Sub	sandwich	1	51.17
Yogurt Meal - Secondary	1 each	1	74.0
Chicken Caesar Salad - 2018	Salad	1	46.32
House Salad	1 CUP	1	14.7
Carrots, Baby Ind. bags	bag	1	8.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			605.80
% of Calories			50.8%
Nutrient Guideline			

Tue - 04/16/2019			
Middle Lunch 2018-2019	Total	1	
Cheese Bites - Wild Mikes	Servings	1	8.18
Marinara Dipping Sauce	1/2 cup	1	6.0
Spicy Chicken Sand., Secondary	1 each	1	57.88
Chicken Corn Dog W/ Tots	1 each	1	52.86
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Bean & Cheese Burrito	1 each	1	77.4
Spicy Chicken Wrap (Secondary)	1 each	1	63.79
Yogurt Meal - Secondary	1 each	1	74.0
House Salad	1 CUP	1	14.7
Carrots, Baby Ind. bags	bag	1	8.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			527.32
% of Calories			47.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/17/2019			
Middle Lunch 2018-2019	Total	562	
Spicy Chicken Tenders & Tots	4 tenders	140	40.86
Bacon Cheeseburger	1 each	150	47.12
Personal Pizza	Pizza	80	34.0
Beef, Bean & Cheese Burrito	1 each	30	73.88
Italian Turkey Sub	sandwich	32	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT, FRESH ASSORTED	1 EACH	600	14.14
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Chips	Bags	562	19.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			84.09
% of Calories			45.7%
Nutrient Guideline			

Thu - 04/18/2019			
Middle Lunch 2018-2019	Total	570	
Popcorn Chicken Bowl	1 bowl	100	62.85
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Bean & Cheese Burrito	1 each	1	77.4
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Turkey Club Wrap	1 each	1	53.76
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT, FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			73.46
% of Calories			50.8%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 04/19/2019			
Middle Lunch 2018-2019	Total	570	
Hot Wings	6 wings	180	63.72
Cheeseburger	1 each	100	46.96
Personal Pizza	Pizza	80	34.0
Beef, Bean & Cheese Burrito	1 each	10	73.88
Italian Turkey Sub	sandwich	30	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			68.81
% of Calories			41.7%
Nutrient Guideline			

Mon - 04/22/2019			
Middle Lunch 2018-2019	Total	526	
Cheeseburger	1 each	100	46.96
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Turkey Sub 2018	sandwich	32	49.17
Yogurt Meal - Secondary	1 each	30	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Teriyaki Chicken Rice bowl	1 each	1	92.94
Weighted Daily Average			60.90
% of Calories			49.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 04/23/2019			
Middle Lunch 2018-2019	Total	550	
Crunchy Taco	2 tacos each	80	22.76
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Turkey Club Wrap	1 each	1	53.76
Weighted Daily Average			67.87
% of Calories			47.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 04/24/2019			
Middle Lunch 2018-2019	Total	562	
Spicy Chicken Tenders & Tots	4 tenders	140	40.86
Bacon Cheeseburger	1 each	150	47.12
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Italian Turkey Sub	sandwich	32	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Carrots, Baby Ind. bags	bag	50	8.0
Chips	Bags	562	19.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			90.12
% of Calories			45.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 04/25/2019			
Middle Lunch 2018-2019	Total	570	
Popcorn Chicken Bowl	1 bowl	100	62.85
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Turkey Club Wrap	1 each	1	53.76
Weighted Daily Average			73.32
% of Calories			50.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 04/26/2019			
Middle Lunch 2018-2019	Total	570	
Breaded Chicken #1 (Secondary)	1-2 pieces	180	68.55
Cheeseburger	1 each	100	46.96
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Italian Turkey Sub	sandwich	30	51.17
Yogurt Meal - Secondary	1 each	40	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Weighted Daily Average			78.92
% of Calories			50.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet
Portion Values - Detailed

Middle Lunch 2018-2019

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/29/2019			
Middle Lunch 2018-2019	Total	526	
Cheeseburger	1 each	100	46.96
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Bean & Cheese Burrito	1 each	10	77.4
Beef, Bean & Cheese Burrito	1 each	30	73.88
Turkey Sub 2018	sandwich	32	49.17
Yogurt Meal - Secondary	1 each	30	74.0
Chicken Caesar Salad - 2018	Salad	20	46.32
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Teriyaki Chicken Rice bowl	1 each	1	92.94
Weighted Daily Average			60.90
% of Calories			49.6%
Nutrient Guideline			

Tue - 04/30/2019			
Middle Lunch 2018-2019	Total	550	
Crunchy Taco	2 tacos each	80	22.76
Spicy Chicken Sand., Secondary	1 each	160	57.88
Chicken Corn Dog W/ Tots	1 each	70	52.86
Pizza, Pepperoni (Wild Mike's)	Slice	80	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	80	34.0
Yogurt Meal - Secondary	1 each	40	74.0
House Salad	1 CUP	30	14.7
FRUIT,FRESH ASSORTED	1 EACH	600	14.14
Raisins	1 each	30	29.0
Carrots, Baby Ind. bags	bag	50	8.0
Milk 1% White	carton	200	16.0
Milk Non Fat White	carton	50	13.0
Milk, Lactaid Fat Free	carton	10	13.0
Turkey Club Wrap	1 each	1	53.76
Weighted Daily Average			67.87
% of Calories			47.8%
Nutrient Guideline			

Weighted Average			118.26
			48.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	118.26	48.55%						

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