



OFFICE OF THE SUPERINTENDENT

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July 1, 2019

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TO: All Employees

FROM: Victoria Flores, Director III
Student Support and Health Services

SUBJECT: Student Suicide Prevention: 2019-20

Today's students face increasing pressures that can lead to emotional distress, depression, anxiety, and even thoughts of suicide. As educators, we can take small steps that make a BIG difference in the lives of the students, families, and staff we serve.

SCUSD Student Suicide Prevention Training Mandate

Fulfilling the requirements of **AB 2246 Pupil Suicide Prevention Policies** and SCUSD Board Policy [SCUSD Board Policy 5141.52](#), every SCUSD staff member is required to take this training.

With grant funding provided by SAMHSA and Kaiser Permanente, SCUSD has adopted **Kognito**, an online role-play simulation to help us recognize the signs of distress, use conversations to approach a student and discuss our concerns, and, if necessary, refer parents/students to the appropriate resources. The simulations lets you practice these challenging conversations at your own pace through role-play with an emotionally-responsive virtual student or parent.

All staff members will have access to the on-line Kognito At-Risk Suite which includes *At-Risk for High School Educators*, *At-Risk for Middle School Educators*, and *At-Risk for Elementary School Educators*.

Staff members will be required to complete **1** of these simulations, which takes approximately 60 minutes to complete.

In order to complete the At-Risk simulation, you will need to create a Kognito account. The process is very simple and should take approximately 60 to 75 minutes to complete 1 At-Risk simulation.

Step 1: Go to - <https://kognitocampus.com/>

- If you do not have an account, click on the link directly above the login section where it says "Don't have an account? Click Here".

Step 2: Once you arrive at the popup window, fill in the required information and enter the enrollment key: **scusd**

- You will then be asked to identify your school site and answer a few demographic questions.

Step 3: Once you login to your account, choose the appropriate simulation to complete. You have access to all of the At-Risk simulations, should you be interested and/or want to complete additional simulations. You may start and stop the simulation anytime and will be able to pick back up where you stopped.

Step 4: Complete the ending evaluation, which will automatically generate your certificate of completion. The system will electronically track your certificate and indicate you have met the state law mandate. **You do not have to submit anything further to the district.**

If you have any issues with logging in or questions about the simulation - please reach out to the Student Support & Health Services team - Victoria Flores, Director victoria-flores@scusd.edu or Jacqueline Rodriguez, Coordinator jacqueline-rodriguez@scud.edu.

Thank you for your work in enhancing the safety net for youth by completing this at-risk simulation. Together we can all help keep our students safe.