

Mandated Trainings

From Student Support & Health Services Suicide Awareness & Prevention

- **Step 1:** Visit SCUSD.Kognito.com.

If the user receives an error message or is prompted to enter an enrollment key, they are in the old platform; this can be corrected by clicking the link above.

- **Step 2:** Log in or create a new account

New users will need to know their school site. *NOTE: Only the fields with an asterisk (*) need to be completed.*

- **Step 3:** *Select your School/Institution.*

If you work from Serna/District office, select "SCUSD Department".

- **Step 4:** *Select a school level (i.e. Elementary, Middle, or High School).*

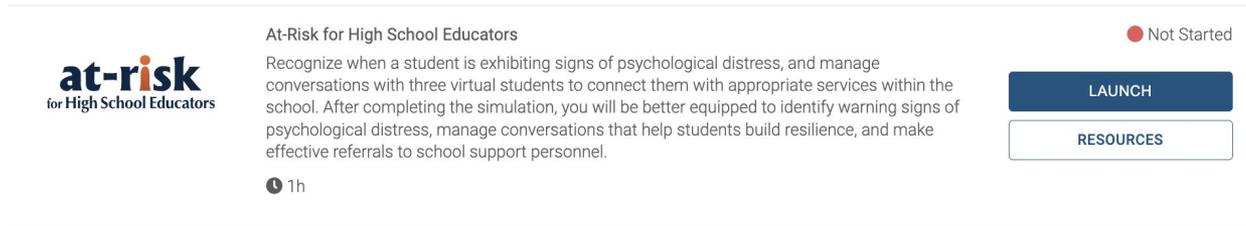
If you serve multiple school level select the one you are most interested in learning about or that applies to your role. New staff who do not yet have an SCUSD email address may log in with their person email address.

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- **Step 5:** Launch the **"At-Risk for Educators"** simulation.

You may start and stop the simulation anytime and will be able to pick back up where you stopped. ***If you need any tech support, email: support@kognito.com for assistance.***



The screenshot shows the interface for the 'At-Risk for High School Educators' simulation. On the left is the logo 'at-risk for High School Educators'. The main text reads: 'At-Risk for High School Educators. Recognize when a student is exhibiting signs of psychological distress, and manage conversations with three virtual students to connect them with appropriate services within the school. After completing the simulation, you will be better equipped to identify warning signs of psychological distress, manage conversations that help students build resilience, and make effective referrals to school support personnel.' Below this text is a clock icon and '1h'. On the right, there is a status indicator 'Not Started' with a red dot, and two buttons: a blue 'LAUNCH' button and a white 'RESOURCES' button with a grey border.

- **Step 6:** Complete the ending evaluation, which will automatically generate your certificate of completion. The system will electronically track your certificate and indicate you have met the state law mandate. You do not have to submit anything further to the district

*** [Jacqueline Garner](#) is the contact person for any inquiries about Kognito. ***

Student Suicide Risk Assessment Procedures

SACRAMENTO CITY UNIFIED SCHOOL DISTRICT

2023-2024 STUDENT SUICIDE RISK / HARM TO SELF OR OTHERS ASSESSMENT PROCEDURES

Always take signs of harm to self and/or others including suicidal feelings, thoughts, behaviors, or plans very seriously. Potential signs may include verbal statements, written content, artistic expressions, social media postings, etc.

Role of all district staff (including all district-contracted partners)

1. Any staff who are concerned that a student is showing warning signs of potential suicide risk, self-injury and/or harm to others, must immediately contact the school administrator or designee. If suicide or harm to others risk is urgent and immediate (i.e. student has indicated immediate plan for suicide /self-injury or recently attempted self-harm or suicide), call 911 and provide current location of the student.
 - a. If the student is exhibiting imminent danger to self or others, the student should be immediately transported to a hospital or mental health treatment center by parent/caregiver, and if not available by local law enforcement (request the “Mobile Crisis Response Team” if available).
 - b. If this concern is after hours and the school administrator is not available - staff must provide crisis hotline numbers to the student and contact the parent/guardian. If a safe adult cannot be reached, call Law Enforcement and request the Mobile Crisis Response Team complete a Welfare Check. Crisis Resources include:
 - **Suicide Prevention Lifeline:** Dial 988
 - **Crisis Text Line:** Text “HOME” to 741-741
 - **The Source Sacramento:** Call/Text 916-787-7678 (Support for youth/caregivers 24/7)
 - **Sacramento PD Non-Emergency:** 916-264-5471 & **Sheriff’s Dept:** 916-874- 5115. Indicate it is a mental health crisis and requesting *Mobile Crisis Response Team*.