



Your Guide to Filing a Long Term Disability (LTD) Claim

We recognize how important it is for you to begin receiving the Long Term Disability (LTD) benefits to which you may be entitled. Guardian would like to make this process as easy as possible for you by providing all the forms and information you will need to initiate an LTD claim, so we can thoroughly review your case and make a timely decision.

To ensure this process goes smoothly, **it is imperative that you respond to all questions fully and accurately, and send the forms back to us as soon as possible** -- you should not wait to file a claim until the elimination period has passed. The elimination period is the period of time between the onset of a disability and the time you are eligible for benefits.

How to Complete the Form

Please follow the instructions outlined below:

- **Section 1:** Claimant Statement – This section should be completed in full by you (the claimant).
- **Section 2:** Employer/Planholder Statement – This section should be provided to and completed in full by your company representative.
- **Section 3:** Attending Physician's Statement – You (the claimant) should complete the authorization section. The Attending Physician section should be provided to and completed by the physician who first treated you at the time you stopped working or when you reduced your work hours.

Note: Please also attach any additional information or documentation you feel necessary to support your claim.

How to Submit Your Claim

After all sections of the form have been completed, you will need to submit it along with any supporting information or documentation to the following address:

Guardian
Group LTD Claims
PO Box 26025
Lehigh Valley PA 18002-6025

Or via our secure email site at: www.GuardianAnytime.com

When you go to the site, click **Secure Channel** and select Group_LTD_Claims@glic.com

If you have any questions while completing these forms, please feel free to contact our Customer Response Unit at 1-800-538-4583 for assistance. Once the claim information is received, you and your employer will be notified of receipt via a formal acknowledgement letter.

Thank you in advance for your attention.

IMPORTANT NOTICE: If you have **group term life insurance**, you may have the opportunity to convert your group life coverage to an individual life insurance policy upon termination of your life coverage. Please contact your employer/planholder **immediately** upon onset of disability to discuss your options for continuing your life insurance. The timeframe allowed for conversion is limited; please refer to your certificate booklet for details on your conversion rights. If you have any questions regarding conversion, please contact our National Conversion Unit at (800) 433-5982, ext. 5696.

The Guardian Life Insurance Company of America, 7 Hanover Square, New York, NY 10004



GUARDIAN® The Guardian Life Insurance
Company of America

Application for Long Term Disability Income Benefits

Send to: Group Long Term Disability Claims, P.O. Box 26025, Lehigh Valley, PA 18002-6025

For Customer Service: (800) 538-4583

Fax: (610) 807-8221

Secure E-mail: www.GuardianAnytime.com, click Secure Channel, select Group LTD_Claims@glic.com

SECTION 1 - CLAIMANT STATEMENT

To be completed by the Employee/Member (Be sure to answer ALL questions – Failure to do so may delay your claim review)

INFORMATION ABOUT YOU

First Name	Middle Initial	Last Name	Social Security Number
Address of Residence		City	State Zip
Telephone #	Cell # or alternate #	E-mail Address	
Date of Birth (Month, Day, Year) : / /		<input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Divorced <input type="checkbox"/> Other legal union
Your employer:		Group Policy #:	Occupation:

Please indicate the extent of your formal education (circle one). This information is needed to evaluate return to work potential.

Schooling Completed: 1 2 3 4 5 6 7 8 9 10 11 12 Diploma: ☐ Yes ☐ No GED: ☐ Yes ☐ No
 Vocational or Trade School: 1 2 3 4 Field of Study: Certificate or license obtained ☐ Yes ☐ No
 College: 1 2 3 4 Degree: Masters: ☐ Yes ☐ No Doctorate: ☐ Yes ☐ No
 Fields of Study

Briefly describe your past work experience for the last 20 years or attach resume. (Begin with your most recent job.)

Job Title	Duties	# of Years Worked
(a)		
(b)		
(c)		
(d)		

Spouse's First Name	Last Name	Date of Birth (Month, Day, Year)
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Do you authorize us to speak with someone other than yourself regarding your claim? ☐ Yes ☐ No If yes, advise of name, relationship and telephone # below:

Name	Relationship	Telephone #
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Do you have any dependent children? ☐ Yes ☐ No If yes, name and birth date of each child

Do you have an appointed Durable Power of Attorney to handle your financial affairs? ☐ Yes ☐ No If yes, please attach a copy.

INFORMATION ABOUT YOUR CLAIMED DISABILITY

Please provide the date you were first unable to work your regular work schedule due to your condition: / / How many hours did you work that day?

Since that date, have you done any work? ☐ Yes ☐ No If yes, indicate dates worked, name of employer, and amount earned

Before you stopped working, did your condition require you to change your job, or the way you did your job? ☐ Yes ☐ No If yes, please explain:

What job duties are you unable to perform due to your condition and why?

If you have not returned to work, do you expect to? ☐ Yes ☐ No ☐ Unknown If yes, Part time (date) / / Full time (date) / / . Would you be interested in vocational rehabilitation services to assist with your return to work? ☐ Yes ☐ No

What is or are your disabling condition(s)?									
What were your first symptoms?									
When did you first notice your symptoms? If yes, when?		Have you had this condition before? <input type="checkbox"/> Yes <input type="checkbox"/> No							
<p>Next to each Activity of Daily Living (ADL) listed below, please place the number that most accurately reflects your ability or inability to perform each activity:</p> <p>1 = I can perform this activity independently; 2 = I can perform this activity with the use of equipment or adaptive devices; 3 = I cannot perform this activity.</p> <table style="width: 100%;"> <tr> <td>Bathe (tub, shower, or sponge)</td> <td>Transfer from bed to chair</td> </tr> <tr> <td>Dress yourself</td> <td>Voluntary bladder and bowel control or ability to maintain a reasonable level of personal hygiene</td> </tr> <tr> <td>Use the toilet</td> <td>Feed yourself with food that has been prepared and made available to you</td> </tr> </table> <p>Have you suffered a severe cognitive impairment that renders you unable to perform common tasks, such as using the phone, money management, or medication management? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, describe:</p>				Bathe (tub, shower, or sponge)	Transfer from bed to chair	Dress yourself	Voluntary bladder and bowel control or ability to maintain a reasonable level of personal hygiene	Use the toilet	Feed yourself with food that has been prepared and made available to you
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Dress yourself	Voluntary bladder and bowel control or ability to maintain a reasonable level of personal hygiene								
Use the toilet	Feed yourself with food that has been prepared and made available to you								
Date you were first treated by a physician for the condition for which you are claiming disability: / /									
Name of Physician		Physician's Telephone #							
Is your condition related to your employment? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please explain:									
Have you filed, or do you intend to file a Workers' Compensation Claim? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, attach a copy of the award or denial.									
If your disability was caused by an accident, answer the following questions: When, where and how did the accident occur?									
If a police report was filed, attach a copy of the report. Do you intend to file suit regarding this accident? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provide attorney name, address and telephone #:									
INFORMATION ABOUT YOUR CARE AND TREATMENT									
Family Physician Name		Specialty							
Address		City	State Zip						
Telephone #	Fax #	Dates Seen: / / to / /							
List all other physicians, pharmacy, and hospitals you have seen for your condition (attach separate sheet, if needed)									
Physician Name		Specialty							
Address		City	State Zip						
Telephone #	Fax #	Dates Seen: / / to / /							
Physician name		Specialty							
Address		City	State Zip						
Telephone #	Fax #	Dates Seen: / / to / /							
Pharmacy Name		Telephone #	Fax #						
Address		City	State Zip						
Hospital Name		Dates of Hospitalization: / / to / /							
Address		City	State Zip						

OTHER INCOME/BENEFITS

Complete the sections below for any other income/benefits you have received/are receiving, or are eligible to receive during your disability. Please attach a copy of the award letter.

Source of income	Amount(week/month)	Date claim was filed	Date payments began	Date payments ended
Sick pay or salary continuation	\$	N/A		
Earnings from work while disabled	\$	N/A		
State Disability	\$			
Short Term Disability	\$			
Workers' Compensation	\$			
No-Fault Insurance	\$			
Social Security Disability	\$			
Social Security Retirement	\$			
Pension/Disability	\$			
Pension/Retirement	\$			
Unemployment	\$			
Other	\$			

Please contact us immediately if any of the above sources of income changes.

INFORMATION ABOUT TAX WITHHOLDING

Federal law requires us to withhold income tax from your check **only if you request us to do so**. We are also required to send a report to your employer at the end of each calendar year showing your name, total amount of benefits paid to you, total amount withheld, if any, and your social security number. If you want us to withhold tax, please indicate on the line below the whole dollar amount or percentage to be withheld per month. (Minimum of \$20.00)

\$.00 or %

FRAUD NOTICE

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statements of claim containing any materially, false information, or conceals for purpose of misleading information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and may also be subject to civil penalties, or denial of insurance benefits.

The laws of New York require the following statement appear: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

✱ _____

Date ____ / ____ / ____

Fraud Warning Statements

The laws of several states require the following statements to appear on forms, as a substitute for fraud warnings that appear in other areas of the claim form:

Arizona: For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

California: For your protection California law requires the following to appear on this form: Any person who knowingly presents false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Colorado: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Connecticut, Iowa, Kansas, Nebraska, Oregon, and Vermont: Any person who knowingly, and with intent to defraud any insurance company or other person, files an application of insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, may be guilty of a fraudulent insurance act, which may be a crime, and may also be subject to civil penalties.

Delaware, Indiana and Oklahoma: WARNING: Any person who knowingly, and with the intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

District of Columbia: WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

Florida: Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

Kentucky: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Louisiana and Texas: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit is guilty of a crime and may be subject to fines and confinements in state prison.

Maine, Tennessee, Virginia and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or a denial of insurance benefit.

Maryland and Rhode Island: Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Minnesota: A person who files a claim with intent to defraud or helps commit a fraud against an insurer is guilty of a crime.

New Hampshire: Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in N.H. Rev. Stat. Ann. § 638:20.

New Mexico: ANY PERSON WHO KNOWINGLY PRESENTS A FALSE OR FRAUDULENT CLAIM FOR PAYMENT OR A LOSS OR BENEFIT OR KNOWINGLY PRESENTS FALSE INFORMATION IN AN APPLICATION FOR INSURANCE IS GUILTY OF A CRIME AND MAY BE SUBJECT TO CIVIL FINES AND CRIMINAL PENALTIES OR DENIAL OF INSURANCE BENEFITS.

New Jersey: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

Pennsylvania: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

Name of insured ("The Insured")

Policy Number(s)

Address of Insured

Date of Birth

Permission to Obtain and Disclose Information

I, the undersigned, AUTHORIZE any physician, medical or mental health professional, medical practitioner, hospital, clinic, healthcare or other medical or medically related facility, healthcare provider, pharmacy, pharmacy benefit manager, therapist, benefit plan administrator, business associate, insurer or reinsurer, consumer reporting agency subject to the Fair Credit Reporting Act, insurance support organization, insurance agent, employer, financial institution, Governmental Agency including The Social Security Administration, The Veteran's Administration or any other organization or person having any knowledge of The Insured or The Insured's health to give The Guardian Life Insurance Company of America ("Guardian") or its employees and agents, or its authorized representatives, or third parties, any information in its possession about The Insured. This information includes, but is not limited to, medical information as to cause, treatment, diagnoses, prognoses, consultations, examinations, tests or prescriptions with respect to The Insured's physical or mental condition or treatment of The Insured. This may include (but is not limited to) HIV infection, any disorder of the immune system, including acquired immune deficiency syndrome (AIDS), mental illness or use of alcohol or drugs. This information also includes non-medical information concerning The Insured, The Insured's occupation, employment history, driving history, earnings or finances or information otherwise needed to determine policy claim benefits that may be due The Insured.

I, the undersigned, UNDERSTAND that this authorization is part of the policy's Proof of Loss requirement and if I revoke or fail to sign this authorization or alter its content in any way, it may affect the handling of The Insured's claim, including the denial of benefits under The Insured's policy. Any information obtained will not be released by Guardian to any person or organization except to: affiliates (including but not limited to Berkshire Life Insurance Company of America); reinsuring companies; other persons (including but not limited to The Insured's attending medical provider), or insurance support organizations performing business or legal services in connection with The Insured's claim or application for insurance, or as may be otherwise lawfully required, or as I may further authorize. Information disclosed pursuant to this authorization is no longer covered by federal privacy rules and may be redisclosed pursuant to this authorization or as otherwise permitted or required by law.

I, the undersigned, UNDERSTAND that I have the right to revoke this authorization in writing at any time by sending a written request for revocation to Guardian at PO Box 26025 Lehigh Valley PA 18002-6025. I understand that a revocation is not effective to the extent that Guardian has already relied on this authorization, or to the extent that the company has a legal right to contest a claim under an insurance policy or to contest the policy itself.

I, the undersigned, UNDERSTAND some states require that I be informed that: "Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, may be committing a fraudulent insurance act, which is a crime and subject to criminal prosecution, substantial civil penalty and the stated value of the claim for each violation."

I, the undersigned, AGREE the information obtained with this authorization may be used by Guardian to determine eligibility for benefits under The Insured's policy. A photocopy of this form is as valid as the original, and I may request one. This form is valid up to 24 months (12 months in Kansas) from the date shown below.

I, the undersigned, AUTHORIZE the Social Security Administration to release information or records about (The Insured) to Guardian or its authorized representative or third parties. This information is to be released in order to properly adjudicate The Insured's claim or continue The Insured's eligibility for benefits. Please release detailed earnings for up to the last ten years and/or summary record of total earnings and/or information from master benefit records regarding award, denial or continuing benefits. I declare that all answers, statements and information made or given by me, or at my direction, in connection with this claim are and have been complete and true.

Authorizing Signature _____**Date** _____**Relationship or authority, if other than The Insured** _____

Send to: Group Long Term Disability Claims, P.O. Box 26025, Lehigh Valley, PA 18002-6025

For Customer Service: (800) 538-4583

Fax: (610) 807-8221

Secure E-mail: www.GuardianAnytime.com, click Secure Channel, select Group LTD_Claims@glic.com

SECTION 2 - EMPLOYER/PLANHOLDER STATEMENT

TO BE COMPLETED BY THE EMPLOYER/PLANHOLDER

Employee/Member Name (Hereafter referred to as claimant)

Social Security Number

Date of Birth

Claimant's Address (Street, City, State, Zip)

INFORMATION ABOUT THE EMPLOYER / PLANHOLDER

Company's Name

Sacramento City Unified School District

Group Policy Number

481618

Address (Street, City, State, Zip)

5735 47th Avenue, Sacramento, CA 95824

Telephone Number

916-643-9421

Name and address of division where claimant works (if different from above)

Fax Number

916-399-2056

INFORMATION ABOUT THE CLAIMANT

Date claimant was hired

/ /

Date claimant became insured under this plan

/ /

Insurance class:

Schedule at time last worked:

hours per day

days per week

Was the claimant insured under your prior LTD policy? ☒ Yes ☐ No If Yes, please provide the effective and termination dates of coverage: / / Through / /

Name of prior carrier:

American Fidelity

Has the claimant been terminated? ☐ Yes ☒ No If Yes, date: / / Reason:

Would you be willing to rehire this person? ☐ Yes ☐ No Reason:

Was the claimant on non-discriminatory family leave when disability began? ☐ Yes ☐ No

Date leave of absence started under Family Leave Act / /

Did LTD insurance continue while on family leave? ☐ Yes ☐ No

INFORMATION NEEDED FOR WITHHOLDING AND REPORTING TAXES

Contributions to the cost of this insurance:

0% paid by employer

☐ Check here if claimant elected a bonus back/gross up arrangement (IRS Ruling 2004-55) on a Post Tax basis

38% paid by claimant

☒ Pre-Tax ☐ Post-Tax

INFORMATION ABOUT THE CLAIM

What was the claimant's regular job?

How long had the claimant been performing his/her regular job?

Was the claimant performing his regular job on his or her last day at work? ☐ Yes ☐ No If No, Please explain
If no, how long had this claimant been performing this other job?

Last day claimant worked

/ /

On that day, did the claimant work a full day?

☐ Yes ☐ No If No, how many hours were worked?

Reason for leaving work:

☐ dismissed ☐ leave of absence ☐ disability
☐ resigned ☐ retired ☐ layoff

Date claimant is expected/did return to work

/ /

Full time? ☐ Yes ☐ No

Part time? ☐ Yes ☐ No

Is the claimant's condition work related?

☐ Yes ☐ No

Has a Workers' Compensation claim or similar claim been filed?

☐ Yes ☐ No If Yes, send initial report of illness or injury and award notice.

Name, address and phone number of that benefit provider

INFORMATION ABOUT YOUR PENSION PLAN (Do not complete for maternity claim.)

Do you have a pension plan?

☐ Yes ☐ No

If Yes, what type?

(Check as many as applicable)

☐ Defined Benefit

☐ 401 K

☐ Other (specify)

☐ Defined Contribution

☐ Profit Sharing

Is the claimant eligible for your pension plan? ☐ Yes ☐ No
If No, why?

If eligible, does the claimant participate? ☐ Yes ☐ No
If No, why?

If the claimant is participating, when is he or she eligible for benefits under the plan? / /

Is there a Disability Retirement option available to this claimant? ☐ Yes ☐ No

INFORMATION ABOUT YOUR JOB ACCOMMODATION OR RETURN-TO-WORK POLICIES

Does your company have a job-holding policy? ☐ Yes ☐ No If yes, please explain

What is the name, title, and telephone number of the person we should contact to discuss return to work or job accommodation opportunities?

INFORMATION ABOUT THE CLAIMANT'S SALARY																																																																																																																													
Average earnings excluding bonus, overtime and special compensation as of the most recent redetermination date: \$ _____ <input type="checkbox"/> Week <input type="checkbox"/> Month <input type="checkbox"/> Year Date of last salary increase / /	Claimant is paid: <input type="checkbox"/> hourly <input type="checkbox"/> Salary <input type="checkbox"/> W2 earnings <input type="checkbox"/> by partnership <input type="checkbox"/> commissions only* <input type="checkbox"/> salary & commissions* <input type="checkbox"/> salary & bonus* <input type="checkbox"/> salary & commissions* *Please provide average of bonus and commissions for 24 months preceding your plan's most recent redetermination date																																																																																																																												
Is this claimant eligible for salary continuation? <input type="checkbox"/> Yes <input type="checkbox"/> No If Yes, what is the weekly amount? \$ _____ When did benefits begin? / / End? / /																																																																																																																													
Has the claimant filed for Short Term Disability or State Disability benefits? <input type="checkbox"/> Yes <input type="checkbox"/> No If Yes, what is the weekly amount? \$ _____ When did benefits begin? / / End? / /																																																																																																																													
List any other sources of income to which the claimant is entitled as a result of this disability:																																																																																																																													
Information about the physical aspects of the claimant's job Check the items below that relate to the claimant's job and complete the information requested. Use these definitions for the frequency of occurrences in an eight hour day <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <ul style="list-style-type: none"> • Not Applicable means the person does not perform this activity • Frequently - 2 ½ hours up to 5 ½ hours </div> <div style="width: 45%;"> <ul style="list-style-type: none"> • Occasionally – 15 minutes up to 2 ½ hours • Continuously – 5 ½ hours and beyond </div> </div> <table border="0" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Activity</th> <th style="text-align: center;">N/A</th> <th style="text-align: center;">Occasionally</th> <th style="text-align: center;">Frequently</th> <th style="text-align: center;">Continuously</th> </tr> </thead> <tbody> <tr><td><input type="checkbox"/> Standing</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Walking</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Sitting</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Balancing</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Bending</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Kneeling</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Crouching</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Crawling</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Reaching</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Working overhead</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Keyboard Use/Repetitive Hand Motion</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Climbing</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td><input type="checkbox"/> Driving</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> </tbody> </table> <table border="0" style="width: 100%; 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If salary is based on a W-2, K-1, 1099 or a similar document, attach a copy of the most recent document. If you have medical information from the claimant's file relating to this disability, please attach copies. If a work related claim is filed, send a copy of the initial report of injury or illness and award notice.</p> <p>Fraud Notice Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statements of claim containing any materially, false information, or conceals for purpose of misleading information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and may also be subject to civil penalties, or denial of insurance benefits.</p> <p>The laws of New York require the following statement appear: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.</p> </td> </tr> <tr> <td style="width: 33%; text-align: center; padding: 5px;"> _____ Name (Please print or type) </td> <td style="width: 33%; text-align: center; padding: 5px;"> _____ Title </td> <td colspan="2" style="width: 34%; text-align: center; padding: 5px;"> _____ Email Address </td> </tr> <tr> <td style="text-align: center; padding: 5px;"> _____ Signature </td> <td colspan="3" style="text-align: center; padding: 5px;"> _____ Date </td> </tr>				Activity	N/A	Occasionally	Frequently	Continuously	<input type="checkbox"/> Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Balancing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Bending	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Kneeling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Crouching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Crawling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Reaching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Working overhead	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Keyboard Use/Repetitive Hand Motion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Climbing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Activity	Description	Frequency	Weight	<input type="checkbox"/> Pushing			lbs.	<input type="checkbox"/> Pulling			lbs.	<input type="checkbox"/> Lifting			lbs.	<input type="checkbox"/> Carrying			lbs.		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Fraud Warning Statements

The laws of several states require the following statements to appear on forms, as a substitute for fraud warnings that appear in other areas of the claim form:

Arizona: For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

California: For your protection California law requires the following to appear on this form: Any person who knowingly presents false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Colorado: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Connecticut, Iowa, Kansas, Nebraska, Oregon, and Vermont: Any person who knowingly, and with intent to defraud any insurance company or other person, files an application of insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, may be guilty of a fraudulent insurance act, which may be a crime, and may also be subject to civil penalties.

Delaware, Indiana and Oklahoma: WARNING: Any person who knowingly, and with the intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

District of Columbia: WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

Florida: Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

Kentucky: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Louisiana and Texas: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit is guilty of a crime and may be subject to fines and confinements in state prison.

Maine, Tennessee, Virginia and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or a denial of insurance benefit.

Maryland and Rhode Island: Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Minnesota: A person who files a claim with intent to defraud or helps commit a fraud against an insurer is guilty of a crime.

New Hampshire: Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in N.H. Rev. Stat. Ann. § 638:20.

New Mexico: ANY PERSON WHO KNOWINGLY PRESENTS A FALSE OR FRAUDULENT CLAIM FOR PAYMENT OR A LOSS OR BENEFIT OR KNOWINGLY PRESENTS FALSE INFORMATION IN AN APPLICATION FOR INSURANCE IS GUILTY OF A CRIME AND MAY BE SUBJECT TO CIVIL FINES AND CRIMINAL PENALTIES OR DENIAL OF INSURANCE BENEFITS.

New Jersey: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

Pennsylvania: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.



Send to: Group Long Term Disability Claims, P.O. Box 26025, Lehigh Valley, PA 18002-6025

For Customer Service: (800) 538-4583

Fax: (610) 807-8221

Secure E-mail: www.GuardianAnytime.com, click Secure Channel, select Group_LTD_Claims@glic.com

SECTION 3 - ATTENDING PHYSICIAN'S STATEMENT

PATIENT AUTHORIZATION (This part to be completed by the claimant: The patient is responsible for the cost of completing this form)

Name of Patient		Date of Birth	
Address of Patient		City	State Zip
Employer/Planholder Name		Group Policy #	
<p>I, the undersigned "patient", AUTHORIZE any physician, medical or mental health professional, medical practitioner, hospital, clinic, healthcare or other medical or medically related facility, healthcare provider, pharmacy, pharmacy benefit manager, therapist, benefit plan administrator, business associate, insurer or reinsurer, consumer reporting agency subject to the Fair Credit Reporting Act, insurance support organization, insurance agent, employer, financial institution, Governmental Agency including The Social Security Administration, The Veteran's Administration or any other organization or person having any knowledge of me or my health to give The Guardian Life Insurance Company of America ("Guardian"), or its employees and agents, or its authorized representatives or third parties, any information in its possession about me. This information includes, but is not limited to, medical information as to cause, treatment, diagnoses, prognoses, consultations, examinations, tests or prescriptions with respect to my physical or mental condition or treatment of me. This may include (but is not limited to) HIV infection, any disorder of the immune system, including acquired immune deficiency syndrome (AIDS), mental illness or use of alcohol or drugs. This information also includes non-medical information concerning me, my occupation, employment history, driving history, earnings or finances or information otherwise needed to determine policy claim benefits that may be due me. I agree that a photocopy of this form is as valid as the original, and that this form is valid up to 24 months (12 months in Kansas) from the date shown below.</p>			
Signed (Patient)		Date	

THIS PART TO BE COMPLETED BY THE ATTENDING PHYSICIAN

THIS PART TO BE COMPLETED BY THE ATTENDING PHYSICIAN

Patient's condition is the result of: ☐ Illness ☐ Injury ☐ Pregnancy

Is the condition due to a work related illness or injury? ☐ Yes ☐ No

If pregnancy, indicate LMP date: / / Delivery Date: / / ☐ Expected ☐ Actual

Type of delivery: ☐ Vaginal ☐ C-Section ☐ Single Birth ☐ Multiple Births

DIAGNOSIS

Primary diagnosis: ICD-9/10 Code:

Secondary diagnosis(es): ICD-9/10 Code:

Subjective symptoms:

Physical examination findings:

Test results (list all results, or enclose test):

Test: Date: / / Results:

Test: Date: / / Results:

TREATMENT

Date of onset of this condition: / / Date you first treated this patient for this condition: / /

Date of most recent visit: / / Date of next office visit: / /

Frequency of visits/treatment for this condition: ☐ Weekly ☐ Monthly ☐ Other

Was patient referred to you by another physician? ☐ Yes ☐ No If yes, provide name, address, phone # and fax #:

Have you referred this patient to any other physician? ☐ Yes ☐ No If yes, Date(s): / / / /

Physician Name Specialty

Address (Street, City, State, Zip) Phone #

Describe treatment plan (Include medication, therapy, counseling, rehab, etc.):

Has surgery been performed? ☐ Yes ☐ No If yes, Date: / / Procedure: CPT Code:

Was patient hospitalized for this condition? ☐ Yes ☐ No If yes, Date(s) admitted: / / Date(s) discharged: / /

Name of Hospital

Address City State Zip

Progress (please check one): ☐ Recovered ☐ Improved ☐ Unchanged ☐ Retrogressed
 Patient is (please check one): ☐ Ambulatory ☐ Bed confined ☐ House confined ☐ Hospital confined
☐ Nursing Home/Assisting Living confined ☐ Other

LEVEL OF FUNCTIONAL IMPAIRMENT									
Did you advise the patient to	a) reduce work hours?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, as of what date?	/	/				
	b) cease work?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, as of what date?	/	/				
	c) work light duty?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, as of what date?	/	/				
Degree of Physical Impairment: In an 8-hour work day, your patient can:									
Lift/carry (in pounds)	<input type="checkbox"/> 1-10	<input type="checkbox"/> 11-20	<input type="checkbox"/> 21-50	<input type="checkbox"/> 51-75	<input type="checkbox"/> 76+				
Push/pull (in pounds)	<input type="checkbox"/> 1-10	<input type="checkbox"/> 11-20	<input type="checkbox"/> 21-50	<input type="checkbox"/> 51-75	<input type="checkbox"/> 76+				
Total hours with positional changes									
Sit	8	7	6	5	4	3	2	1	(hrs)
Stand	8	7	6	5	4	3	2	1	(hrs)
Walk	8	7	6	5	4	3	2	1	(hrs)
Alternately sit/stand	8	7	6	5	4	3	2	1	(hrs)
Bend/stoop:	<input type="checkbox"/> Never		<input type="checkbox"/> Occasionally		<input type="checkbox"/> Frequently				
Reach:	<input type="checkbox"/> Never		<input type="checkbox"/> Occasionally		<input type="checkbox"/> Frequently				
Drive:	<input type="checkbox"/> Never		<input type="checkbox"/> Occasionally		<input type="checkbox"/> Frequently				
Dominant Hand:	<input type="checkbox"/> Right		<input type="checkbox"/> Left						
Other restrictions:									
Duration of restrictions:									
Degree of Psychiatric Impairment if applicable (check one):									
<input type="checkbox"/> Inadequate information to make assessment									
<input type="checkbox"/> Essentially good functioning in all areas. Occupationally and socially effective.									
<input type="checkbox"/> Slight difficulty in occupational functioning, but generally functioning well. Has some meaningful interpersonal relationships.									
<input type="checkbox"/> Moderate impairment in occupational functioning. Limited in performing some occupational duties.									
<input type="checkbox"/> Major impairment in several areas—work, family relations. Avoidant behavior, neglects family, is unable to work.									
<input type="checkbox"/> Inability to function in almost all areas.									
Current GAF (Global Assessment of Functioning): /90 Highest GAF in past year: /90									
Do you believe that this patient is competent to endorse checks and direct the use of the proceeds? <input type="checkbox"/> Yes <input type="checkbox"/> No									
Degree of Cardiac Functional Impairment (check one):									
<input type="checkbox"/> Class 1 (No limitation); <input type="checkbox"/> Class 2 (Slight limitation); <input type="checkbox"/> Class 3 (Marked limitation); <input type="checkbox"/> Class 4 (Complete limitation)									
Please supply patient's height: weight blood pressure / ; EF % date									
Return to Work Expectation									
In your opinion, does the patient have some capacity for work: <input type="checkbox"/> Yes <input type="checkbox"/> No									
If yes, as of what date: / / <input type="checkbox"/> Full-time / / <input type="checkbox"/> Part-time									
If no, when do you anticipate the patient will have capacity for work? / / <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> Never									
PLEASE ATTACH PERTINENT MEDICAL RECORDS INCLUDING, BUT NOT LIMITED TO, PROGRESS NOTES, DIAGNOSTIC TEST RESULTS, DISCHARGE SUMMARIES, OPERATIVE REPORTS, CONSULTATION REPORTS AND MENTAL STATUS EXAM (IF APPLICABLE). THIS WILL HELP TO EXPEDITE THE CLAIM PROCESSING AND REDUCE ADDITIONAL REQUESTS AND FOLLOW UP.									
Physician's Name			Degree			Specialty			
Address			City			State		Zip	
Telephone #			Fax #			Tax ID #			
Remarks:									
FRAUD NOTICE Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statements of claim containing any materially, false information, or conceals for purpose of misleading information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and may also be subject to civil penalties, or denial of insurance benefits. The laws of New York require the following statement appear: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.									
x _____ Signature of Physician (no stamp)						Date _____ / _____ / _____			

Fraud Warning Statements

The laws of several states require the following statements to appear on forms, as a substitute for fraud warnings that appear in other areas of the claim form:

Arizona: For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

California: For your protection California law requires the following to appear on this form: Any person who knowingly presents false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Colorado: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Connecticut, Iowa, Kansas, Nebraska, Oregon, and Vermont: Any person who knowingly, and with intent to defraud any insurance company or other person, files an application of insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, may be guilty of a fraudulent insurance act, which may be a crime, and may also be subject to civil penalties.

Delaware, Indiana and Oklahoma: WARNING: Any person who knowingly, and with the intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

District of Columbia: WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

Florida: Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

Kentucky: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Louisiana and Texas: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit is guilty of a crime and may be subject to fines and confinements in state prison.

Maine, Tennessee, Virginia and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or a denial of insurance benefit.

Maryland and Rhode Island: Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Minnesota: A person who files a claim with intent to defraud or helps commit a fraud against an insurer is guilty of a crime.

New Hampshire: Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in N.H. Rev. Stat. Ann. § 638:20.

New Mexico: ANY PERSON WHO KNOWINGLY PRESENTS A FALSE OR FRAUDULENT CLAIM FOR PAYMENT OR A LOSS OR BENEFIT OR KNOWINGLY PRESENTS FALSE INFORMATION IN AN APPLICATION FOR INSURANCE IS GUILTY OF A CRIME AND MAY BE SUBJECT TO CIVIL FINES AND CRIMINAL PENALTIES OR DENIAL OF INSURANCE BENEFITS.

New Jersey: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

Pennsylvania: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.