

Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet
Portion Values - Detailed

K-8 Breakfast 2018-19

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/01/2019			
K-8 Breakfast 2018-19	Total	1	
Breakfast Pizza, Turkey Sausag	1 each	1	26.0
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
Raisins	Box	1	29.0
Fruit, Canned, Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			170.53
% of Calories			69.9%
Nutrient Guideline			

Tue - 04/02/2019			
K-8 Breakfast 2018-19	Total	1	
Pancake Pups (Don Lee)	1 each	1	22.3
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Syrup (all menus)	packet	1	21.0
Graham Cracker (Keebler)	1 each	1	17.0
Fruit, Canned, Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Raisins	Box	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			187.83
% of Calories			72.5%
Nutrient Guideline			

Wed - 04/03/2019			
K-8 Breakfast 2018-19	Total	1	
Crispito	1 each	1	23.0
Salsa, Mild Red Gold	1/4 cup	1	3.91
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			172.30
% of Calories			65.0%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Carb (g)
Thu - 04/04/2019			
K-8 Breakfast 2018-19	Total	1	
Egg & Cheese Croissant	Sandwich	1	30.83
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			176.22
% of Calories			65.3%
Nutrient Guideline			

Fri - 04/05/2019			
K-8 Breakfast 2018-19	Total	1	
Eggstravaganza	serving	1	1.25
Turkey Bacon	Servings	1	0.0
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			146.64
% of Calories			61.0%
Nutrient Guideline			

Mon - 04/08/2019			
K-8 Breakfast 2018-19	Total	1	
Garlic Cheese Toast, Tony Robe	1 each	1	31.0
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			176.39
% of Calories			62.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 04/09/2019			
K-8 Breakfast 2018-19	Total	1	
Chicken Sausage Brkfst Sndwich	Sandwich	1	15.4
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			160.78
% of Calories			70.3%
Nutrient Guideline			

Wed - 04/10/2019			
K-8 Breakfast 2018-19	Total	1	
Crispito	1 each	1	23.0
Salsa, Mild Red Gold	1/4 cup	1	3.91
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			172.30
% of Calories			65.0%
Nutrient Guideline			

Thu - 04/11/2019			
K-8 Breakfast 2018-19	Total	1	
Breakfast Pizza, Sausage&Gravy	1 each	1	24.0
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			169.38
% of Calories			69.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 04/12/2019			
K-8 Breakfast 2018-19	Total	1	
Yogurt,Danimals Dannon-Various	Meal	1	46.0
Granola, Fair Trade Bulk	serving	1	36.45
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			226.98
% of Calories			72.7%
Nutrient Guideline			

Mon - 04/22/2019			
K-8 Breakfast 2018-19	Total	1	
Breakfast Pizza, Turkey Sausag	1 each	1	26.0
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			171.39
% of Calories			69.8%
Nutrient Guideline			

Tue - 04/23/2019			
K-8 Breakfast 2018-19	Total	1	
Pancake Pups (Don Lee)	1 each	1	22.3
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Syrup (all menus)	packet	1	21.0
Graham Cracker (Keebler)	1 each	1	17.0
Fruit, Canned, Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Raisins	Box	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			187.83
% of Calories			72.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/29/2019			
K-8 Breakfast 2018-19	Total	1	
Garlic Cheese Toast, Tony Robe	1 each	1	31.0
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			176.39
% of Calories			62.6%
Nutrient Guideline			

Tue - 04/30/2019			
K-8 Breakfast 2018-19	Total	1	
Chicken Sausage Brkfst Sndwich	Sandwich	1	15.4
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			160.78
% of Calories			70.3%
Nutrient Guideline			

Weighted Average			173.58
			67.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	173.58	67.06%						

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/24/2019			
K-8 Breakfast 2018-19	Total	1	
Crispito	1 each	1	23.0
Salsa, Mild Red Gold	1/4 cup	1	3.91
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			172.30
% of Calories			65.0%
Nutrient Guideline			

Thu - 04/25/2019			
K-8 Breakfast 2018-19	Total	1	
Egg & Cheese Croissant	Sandwich	1	30.83
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			176.22
% of Calories			65.3%
Nutrient Guideline			

Fri - 04/26/2019			
K-8 Breakfast 2018-19	Total	1	
Eggstravaganza	serving	1	1.25
Turkey Bacon	Servings	1	0.0
Cereal, assorted GM, elem.	Bowlpak	1	30.0
Graham Cracker (Keebler)	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned, Assorted	1/2 cup	1	12.39
Raisins	1/4 cup	1	29.86
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			146.64
% of Calories			61.0%
Nutrient Guideline			

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