



Sacramento City Unified School District

Putting Children First

Family and Community Engagement Office

Board of Education Meeting

March 15, 2012

**Integrated Support Services (ISS)
Department**



Family and Community Engagement Office

Overview of Tonight's Presentation

1. Integrated Support Services
2. Building Healthy Communities
3. Next Steps



Integrated Support Services

History/Healthy Start

- Began in 1992 when Healthy Start funding became available
- SCUSD was highly successful in securing Healthy Start funding
- 14 operational grants awarded for 26 sites
- Programs have been sustained as Youth and Family Resource Centers (YFRC) at 18 school sites
- Currently providing services to over 9000 students per year



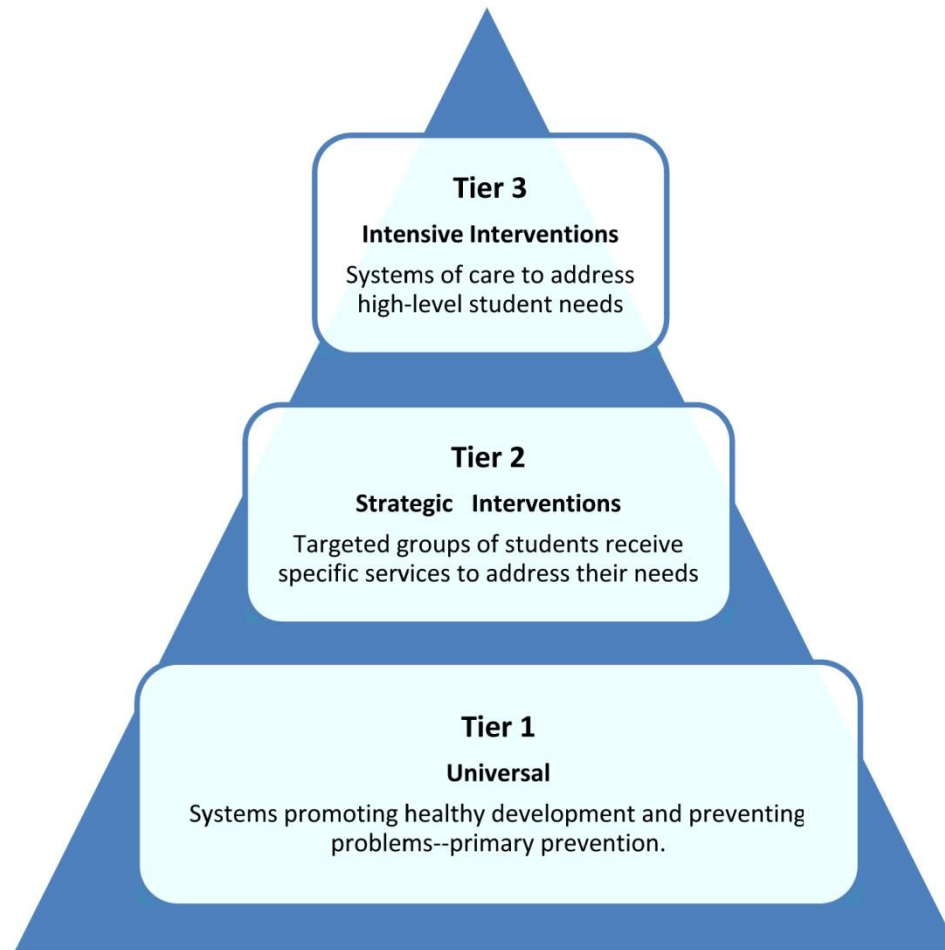
Integrated Support Services

Youth and Family Resource Center Sites

1. Abraham Lincoln Elementary
2. AM Winn Elementary
3. Bret Harte Elementary
4. Caroline Wenzel Elementary
5. CB Wire Elementary
6. CK McClatchy High School
7. Earl Warren Elementary
8. Edward Kemble Elementary
9. Father Keith B. Kenny
10. Freeport Elementary
11. Hiram Johnson High School
12. Joseph Bonnheim Elementary
13. John Bidwell Elementary
14. Mark Twain Elementary
15. Oak Ridge Elementary
16. Pacific Elementary
17. Rosa Parks Middle
18. Will C. Wood Middle



Integrated Support Services





Integrated Support Services

Tier I: Universal Interventions

- Positive School Climate
- Health Education
- Family Engagement & Support
- Health insurance outreach
- Backpack, school supply distribution
- Family nights/events



Integrated Support Services

Tier II: Strategic Interventions

- Case Management
- Psycho-educational groups
- Classroom interventions
- SST's/504's/SART's
- Mentoring
- Truancy/attendance support
- Parent education
- Challenge Days
- Peer Mediation



Integrated Support Services

Tier III: Intensive Interventions

- Mental health counseling
- Crisis intervention
- Suicide assessment
- SARB participation
- Home visits
- Family counseling/support



Integrated Support Services

Expansion to Other Program Areas

1. The Connect Center
2. Health Access and Advocacy
3. Mental Health Services/Crisis Teams
4. Homeless Services
5. Bullying Prevention
6. LGBTQ Support Services
7. 504 Accommodations
8. Social and Emotional Learning
9. Attendance Improvement



Integrated Support Services

The Connect Center

- SCUSD's Centralized Youth and Family Resource Center
- Located at the Enrollment Center campus
- Began one year ago in response to need for support across the district
- Managed by Nichole Wofford, MFT, MSW and a team of social workers, family advocates, interns and partners
- Funded by The California Endowment, Kaiser Permanente and other grants
- Budget is \$250K per year



Integrated Support Services

The Connect Center

- Since January 2011, over 850 referrals have been made to the Connect Center
- More than 55 school sites have made referrals
- Coordinates with school sites to assess child and family, identify resources and connect family to community supports
- Provides support on a wide range of needs such as mental health, grief/loss, behavioral issues and health insurance



Integrated Support Services

The Connect Center

Process for Providing Services

- Receive referral from school site, parent, other
- Pre-screen for need and severity
- Assign to case manager for assessment
- Develop case plan
- Provide information, resources, support, case management
- Follow-up with student/family
- Feedback to referring party



Integrated Support Services

The Connect Center

Referrals for Support Services by Grade Span		
Grade	#	%
Pre-K	5	2%
K-6th	169	53%
7th-8th	79	25%
9th-12th	67	21%
Total	320	

Referrals for Support Services by Race/Ethnicity		
Ethnicity	#	%
Hispanic or Latino	114	36%
Black or African American	97	30%
White	62	19%
Asian	19	6%
Multi-racial	17	5%
Other Pacific Islander	2	1%
American Indian or Alaska Native	7	2%
Unknown	2	1%
Total	320	



Integrated Support Services

The Connect Center

Top Reasons for Referrals for Support Services	
Reason	#
Mental Health/Wellness	238
Behavior	141
Family Stress	138
Academic	96
Attendance	44
Peer Relationships	43
Food/Clothing/Shelter(Basic Needs)	38
Financial	35
Health Issues (Physical/Dental/Vision)	13
Transportation	13
Legal	9



Integrated Support Services

Health Insurance, Access and Advocacy

- Health insurance enrollment project
- Partnership with Cover the Kids and Teachers for Healthy Kids
- Provides information and assistance to families in options for low-cost or no-cost health insurance
- Funded through several grants, including BHC and CHIPRA
- Since January 2011, have assisted more than 500 families



Integrated Support Services

Homeless Services

- Serves over 1800 students/families per year
- Supports the enrollment, attendance and achievement of homeless students
- Helps to ensure equal access to educational opportunities
- Services include school enrollment and attendance, records retrieval, supplies, uniform and clothing referrals, health/immunizations, housing and transportation assistance.
- Monica McRho has been coordinator for over 23 years



Integrated Support Services

Mental Health Services

- Project Thrive (since 2010)
- Good Behavior Game (since 2010)
- Early Mental Health Initiative (since 2006)
- Crisis Response Teams (since 2006)
- Suicide Assessment and Training (since 2005)
- Social workers and interns (since 2003)
- Coordination of community mental health providers (since 2003)



Integrated Support Services

Bullying Prevention

- Collaborative of ISS, Youth Development and Safe Schools
- Currently working on implementing district's strategic plan
- Administrative Regulation is under review by cabinet
- Led by Sheila Self, Bullying Prevention Specialist



Integrated Support Services

Site, District and Systems Level Support

- Programs such as YFRCs are based at specific school sites and funded partially by those sites
- Grant-funded programs, such as Project Thrive and Good Behavior Game are funded for specific sites
- Programs such as The Connect Center, Homeless Services, Health Access, LGBTQ, Crisis Response Teams, Suicide Assessment and 504s are district-wide
- Other initiatives are focused on systems change, such as SEL, attendance improvement and bullying prevention.



Integrated Support Services

National Data

- 2011 meta-analysis of 213 studies of school-based social and emotional learning (SEL) programs
- Study included 270,034 students in K-12 grades
- Students demonstrated improved SEL skills, attitudes and behaviors
- Students made an average 11 percentile point gain in academic achievement



Integrated Support Services

National Data

- Numerous studies suggest that positive emotional and behavioral health is associated with academic success (e.g., [Atkins et al., 2003](#) and [Catalano et al., 2004](#))
- Specific types of school-based mental health interventions have been rigorously examined and found to improve both educational and mental health functioning (e.g., [Rones and Hoagwood, 2001](#) and [Hoagwood et al., 2005](#))
- Evidence-based programs at SCUSD include: The Incredible Years, Good Behavior Game, Second Step and many others

Integrated Support Services

SCUSD Data

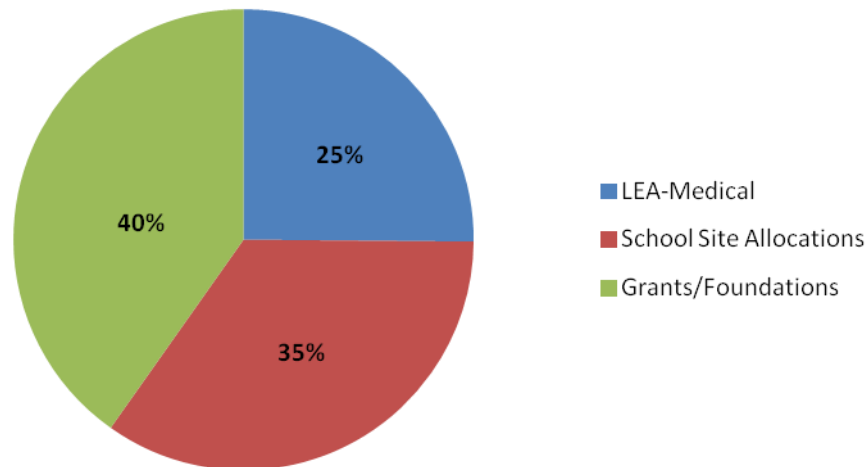
Carolyn Wenzel and Edward Kemble Elementary Schools, 2011-12

- 70% of students receiving intensive interventions at two elementary schools increased at least one performance level from benchmark 1 to benchmark 2.



Integrated Support Services

Annual Budget 2011-12



Source	Amount
LEA Medi-Cal	\$785,409
School Site Allocations	\$1,183,324
Grants/Foundations	\$1,256,426
TOTAL	\$3,225,159



Integrated Support Services

Partnerships

- ISS works with over 120 community partners
- Partnerships include local, state and national non-profits, universities, county offices and other school districts
- ISS helps create the “platform” for community partners by arranging space, providing access to students/families, and aligning partners with district protocol



Integrated Support Services

Resource Leveraging

- Programs such as the YFRCs are based on the idea of leveraging resources from community partners
- 5 to 1 leveraging ratio at YFRCs
- \$1.5 million YFRC budget = \$7.5 million in services
- Leveraging includes more than 40 interns
- Community partners provide services but need coordination
- Coordination requires resources



Building Healthy Communities

History

- In 2009, The California Endowment revised its funding model to “place-based” funding
- Selected 14 communities in California to focus a large percentage of its philanthropy
- The south Sacramento area was selected in 2010 for a 10 year funding commitment
- Currently in year two, SCUSD is one of largest recipients of BHC dollars in Sacramento (\$500K per year)

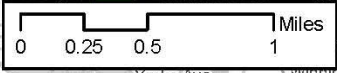
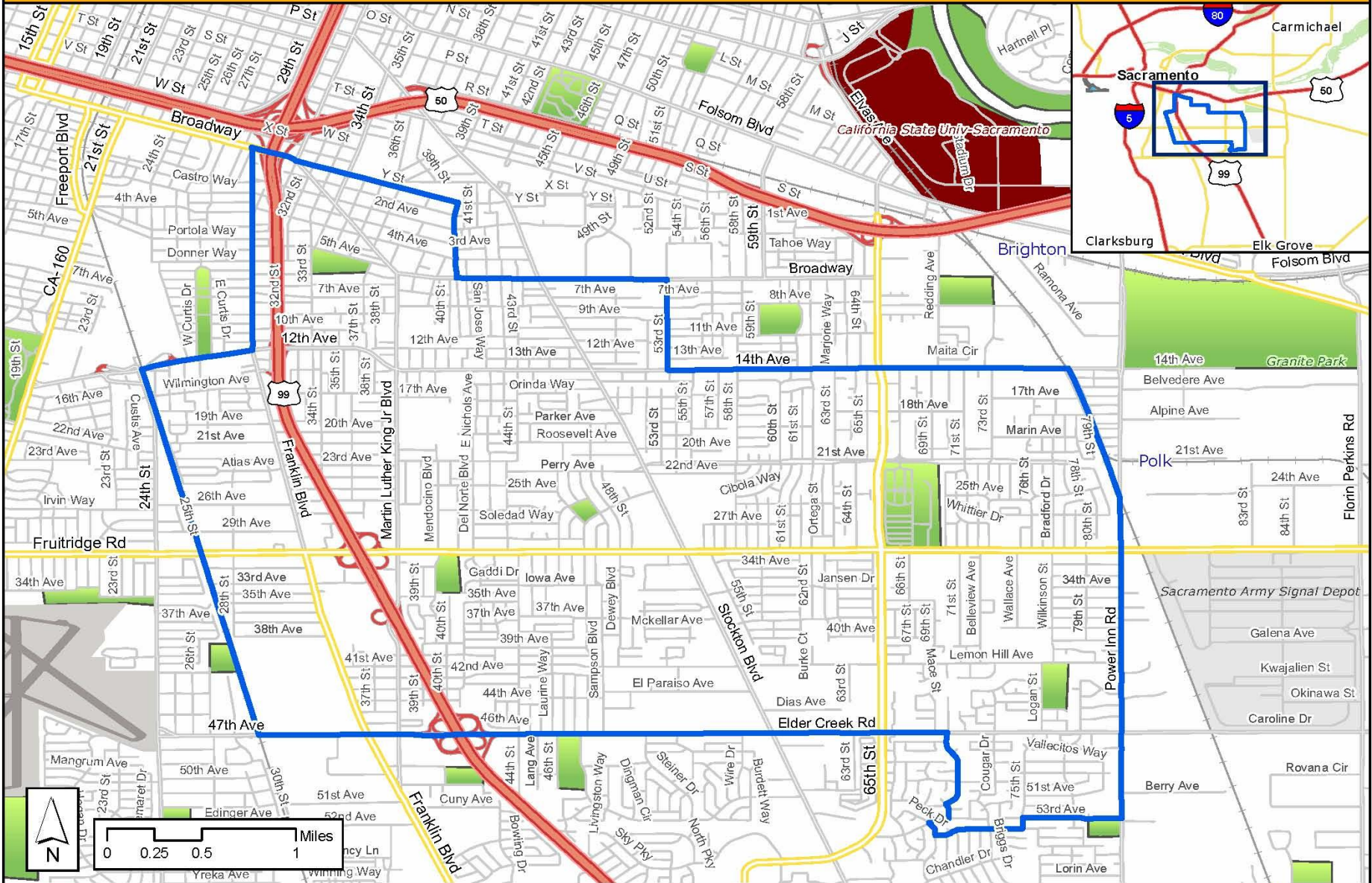


Building Healthy Communities

Goals of BHC Initiative/4 Big Results

1. Reduction in Youth Violence
2. Reverse the Childhood Obesity Epidemic
3. Provide a Health Home for All Children
4. Increase School Attendance

South Sacramento



Building Healthy Communities

Schools in BHC Area

SCUSD BHC Schools

Bret Harte Elementary
C.B. Wire Elementary
C.P. Huntington Elementary
Earl Warren Elementary
Elder Creek Elementary
Ethel I. Baker Elementary
Ethel Phillips Elementary
Father Keith B. Kenny
Elementary
Fruit Ridge Elementary
Joseph Bonnheim Elementary
Maple Elementary
Mark Twain Elementary
Oak Ridge Elementary
Pacific Elementary
Peter Burnett Elementary
Will C. Wood Middle School
Hiram Johnson High School

Open Enrollment or Continuation Schools

American Legion Continuation
High School
Camellia Basic Elementary
West Campus High School

Charter Schools

Capitol Heights Academy
PS 7 Elementary
Sacramento High School

Schools on the perimeter

Nicholas Elementary
Tahoe Elementary



Building Healthy Communities

Programs Funded

- The Connect Center
- Health Insurance Enrollment
- Violence Prevention
- Bullying Prevention
- Men's Leadership Academy
- Physical Education Initiative
- Get Fit



Building Healthy Communities

Systems Change

- Connect Center
- Bullying Prevention
- MAA (Medical Administrative Activities)
- Attendance Improvement Project
- School-Based Health Centers



Building Healthy Communities

Next Steps

- Explore different service delivery models to serve all schools
- Provide training to school site administrators on social and emotional learning and bullying
- Provide training to administrators and staff on early identification of at-risk students
- Expand recently developed data system to YFRC sites
- Increase federal reimbursements for LEA and MAA funding



Building Healthy Communities

Questions?