Sacramento City Unified School District Child Development Department

EARLY HEAD START AND HEAD START

INFANT DIAPERING PROCEDURE

Includes: Solid Clothes & Pull-Ups (To be posted near diaper changing area)

- 1. Always assume that the changing area has not been sanitized since the last diapering
 - a. Spray with disinfectant
 - b. Wipe dry with paper towel
- 2. Wash your hands THEN......
- 3. Assemble all needed supplies within reach before bringing infant to diapering area:
 - Place non-absorbent paper liner clean on changing table
 - Clean disposable diaper and/or pull-up, clean clothes
 - Diaper wipes (fragrance free)
 - Non-latex disposable gloves
 - Plastic bags (for soiled clothes only)
 - Clean clothes (if needed)
- 4. Bring infant to diapering area
 - a. Pick up infant using only your hands while holding the infant away from your body.

NEVER LEAVE INFANT UNATTENDED

- 5. Provide the infant with privacy
- 6. Put gloves on BEFORE you begin the diaper changing process
 - a. Remove the soiled diaper
 - b. Place the soiled diaper in a covered, lined, hands free receptacle next to the changing table
 - c. Place any soiled or wet clothing in a plastic bag (sealed) to go home
 - d. Wipe the infant with non-fragrance diaper wipe
 - e. Always clean from the front to back using a fresh wipe each time (lift infants legs if needed)
 - f. Dispose of used wipes in diaper receptacle
 - g. Remove "soiled gloves" and place in receptacle
 - h. Using a fresh wipe clean your hands
 - i. Using a fresh wipe clean the infant hands
 - j. Place a clean diaper on the infant, fasten diaper using the side tabs
 - k. Dress infant in clean clothes (if needed)
- 7. Assist infant in washing hands using Hand Washing Procedure (water, soap, wash, rinse, dry) and return infant to supervised area
- 8. Clean and sanitize with District Approved Disinfectant:
 - Diapering area (including floor if necessary)
 - Any and All equipment or supplies that were touched or used
 - Soiled crib (if needed)
- 9. Wash your hands thoroughly under running water
- 10. Note and record anything unusual in the diaper or in the condition of the infant's diaper area
- 11. Record the following on the Diapering Log: <u>Daily Care Sheet (EHS); Diaper Log (HS); Diapering Report for</u>
 Parts (HS)
 - a. Diaper change (note urine or stool)
 - b. Record any problems (loose, water, or mucous in stool, constipation or hard stool, usual odor, red discharge or skin irritation/rashes)