

## Illness and Symptom Requirements for Staff and Students

Any student or staff member who tests positive for Covid-19 must stay home and contact their supervisor or principal. Supervisors must report immediately to Health Services at (Covidreport@scusd.edu ) for contact tracing.

Anyone who has symptoms must also remain home and follow the guidance below.



### **STAY HOME IF YOU HAVE ANY OF THE FOLLOWING SYMPTOMS:**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Diarrhea
- Nausea or vomiting



### **YOU MAY RETURN TO SCHOOL AFTER:**

**10 DAYS and 24 hour fever free** and symptoms significantly improved

**or**

Presenting a negative Covid-19 test result and 24 hours fever free and symptoms significantly improved

**or**

- Presenting a note from health care provider confirming symptoms are the result of another diagnosis, and 24 hours fever free and symptoms significantly improved
- It is strongly recommended that you wear a mask for 10 days after the onset of symptoms.

**Chronic conditions:** Children with documented non-infectious chronic conditions can return to school when symptoms have significantly improved. A doctor may diagnose an illness other than COVID-19 and provide a note for return to school earlier than 10 days. Children with unmanaged Covid-like symptoms (such as congestion, coughing, runny nose) may be sent home until symptoms have improved. If there are questions about individual cases, contact your school nurse or health services.