

lunch specials

BACON CHEESEBURGER

100% beef patty, turkey bacon, with real American cheese, served on a whole grain bun, with crispy tots.

wok 'n go

ORANGE CHICKEN

Crisp pieces of battered chicken tossed with a sweet and spicy orange sauce, served over house made chow mein and farm fresh vegetables

grab n' go cold items

SMOKED TURKEY AND BACON WRAP

Jennie O turkey with pepperjack cheese, turkey bacon, spicy chipotle spread, crisp lettuce wrapped in a whole grain tortilla

CHICKEN CAESAR SALAD

Grilled chicken, freshly chopped romaine, croutons, Parmesan cheese, Ken's Caesar dressing, served with a whole grain bread stick

pizza

CHEESE PIZZA

Primo four cheese pizza combines mozzarella, provolone, cheddar and parmesan cheese on an herb coated whole grain crust for maximum flavor

PEPPERONI PIZZA

Primo turkey pepperoni pizza combines mozzarella, provolone, cheddar and parmesan cheese on a whole grain crust for maximum flavor

burritos

SEASONED BEEF OR CHICKEN BURRITO

Our delicious house-made burrito with your choice of seasoned ground beef or slow cooked chicken with roasted peppers, tomatoes and onions. Local whole grain rice and shredded cheese finish off the burrito

BEAN & CHEESE BURRITO

Refried beans, red salsa, mildly spiced red sauce and cheddar cheese wrapped in a whole grain tortilla

taco grill

CHIPOTLE CHICKEN BURRITO

House prepared chipotle seasoned pinto beans, roast chicken and cheese blend all wrapped in a whole grain tortilla and grilled

DAILY LUNCH MENU

monday

lunch specials

PASTA BAR

Penne pasta with roast chicken and creamy alfredo sauce

OR

Layers of pasta, marinara sauce, ground beef and cheese blend. Both served with a warm whole grain bread stick

SPICY CHICKEN SANDWICH

Crispy chicken sandwich made with tender white meat chicken, seasoned with bold flavors, pepper jack cheese served on a whole grain bun with crispy tots.

grab n' go cold items

BANH MI INSPIRED CHICKEN WRAP

Breaded chicken tenders with crisp lettuce, pickled cucumbers, cilantro and zesty sambal dressing all wrapped in a whole grain tortilla

PROTEIN BISTRO BOX

Assorted yogurt flavors paired with sun butter sandwich, fresh fruit and snack crackers

SANTA FE CHICKEN SALAD

Crisp lettuce and cilantro, roast chicken, black bean and corn salsa, pico de gallo, cheddar cheese, ranch dressing and garlic breadstick

pizza

BIG DADDY CHEESE PIZZA

Primo four cheese pizza combines mozzarella, provolone, cheddar and parmesan on a herb crusted whole grain crust

BIG DADDY PEPPERONI PIZZA

Primo turkey pepperoni pizza combines mozzarella, provolone, cheddar and parmesan cheese on a whole grain crust for maximum flavor

wok 'n go

TERIYAKI CHICKEN

Teriyaki roast chicken Served over house made chow mein and farm fresh steamed vegetable blend

bbq grill

GRILLED CHICKEN SANDWICH

Boneless chicken thigh marinated with special blend of seasonings, grilled for a tender juicy taste topped with bbq sauce and served on a whole grain bun

BBQ BURGER

100% beef patty served on a whole grain bun, with smokey bbq sauce

DAILY LUNCH MENU

tuesday

lunch specials

ORANGE CHICKEN

Crisp pieces of battered chicken tossed with a sweet and spicy sauce served over house made chow mein and farm fresh vegetables

BACON CHEESEBURGER

100% beef patty with turkey bacon & real American cheese served on a whole grain bun with a side of tater tots.

grab n' go cold items

SMOKED TURKEY AND BACON WRAP

Jennie O Italian turkey sandwich with pepper jack cheese, turkey bacon, crisp lettuce, fresh tomato and a spicy and chipotle spread wrapped in a whole grain flour tortilla

GRILLED CHICKEN CAESAR SALAD

Grilled chicken, freshly chopped romaine, croutons, parmesan cheese, Ken's Caesar dressing served with a whole grain bread stick

pizza

CHEESE PIZZA

Primo four cheese pizza combines mozzarella, provolone, cheddar and parmesan cheese on an herb coated whole grain crust for maximum flavor

PEPPERONI PIZZA

Primo turkey pepperoni pizza combines mozzarella, provolone, cheddar and parmesan cheese on a whole grain crust for maximum flavor

burritos

SEASONED BEEF OR CHICKEN

Our delicious house-made burrito with your choice of seasoned ground beef or slow cooked chicken with roasted peppers, tomatoes and onions. Local whole grain rice and fresh shredded cheese finish off the burrito

BEAN & CHEESE BURRITO

Refried beans, red salsa and cheddar cheese wrapped in a whole grain tortilla

taco grill

Chipotle Chicken Burrito

house made chipotle seasoned pinto beans, roast chicken and cheese all wrapped in a whole grain tortilla and grilled

DAILY LUNCH MENU

wednesday

lunch specials

PASTA BAR

Penne pasta with roast chicken and creamy alfredo sauce

OR

Layers of pasta, marinara sauce, ground beef and cheese blend
garlic breadstick

SPICY CHICKEN SANDWICH

Crispy chicken sandwich made with tender white meat chicken, seasoned with bold flavors, pepper jack cheese served on a whole grain bun with crispy tots.

grab n' go cold items

BANH MI INSPIRED CHICKEN WRAP

Crunchy chicken tenders, pickled cucumber, cilantro, crisp lettuce, peppers and zesty sambal spread all wrapped in a whole grain tortilla

PROTEIN BISTRO BOX

Assorted yogurt flavors paired with sun butter sandwich, fresh fruit and a snack cracker

Santa Fe Chicken Salad

Crisp lettuce and cilantro, roast chicken, black bean and corn salsa, pico de gallo, cheddar cheese, ranch dressing and garlic bread stick

pizza

CHEESE

Primo four cheese pizza combines mozzarella, provolone, cheddar and parmesan on a herb coated whole grain crust for maximum flavor

PEPPERONI

Primo turkey pepperoni pizza combines mozzarella, provolone, cheddar and parmesan cheese on a whole grain crust for maximum flavor

wok 'n go

TERIYAKI CHICKEN

Teriyaki marinated and roasted chicken. Served over house made chow mein and farm fresh steamed vegetables

bbq grill

GRILLED CHICKEN SANDWICH

Boneless chicken thigh marinated with special blend of seasonings, grilled for a tender juicy taste topped with bbq sauce and served on a whole grain bun

BBQ BURGER

100% beef patty served on a whole grain bun, with smokey bbq sauce

DAILY LUNCH MENU

thursday

lunch specials

BACON CHEESEBURGER

100% beef patty, with turkey bacon, real American cheese, served on a whole grain bun with a side of tater tots.

ORANGE CHICKEN

Crisp pieces of battered chicken tossed with a sweet and spicy orange sauce, served over house made chow mein and farm fresh vegetables

grab n' go cold items

TURKEY SUB

sliced turkey and american cheese topped with crisp vegetables and served on freshly baked bread.

GRILLED CHICKEN CAESAR SALAD

Grilled chicken, freshly chopped romaine, croutons, parmesan cheese and Ken's Caesar dressing, served with a whole grain breadstick

pizza

CHEESE PIZZA

Primo four cheese pizza combines mozzarella, provolone, cheddar and parmesan cheese on an herb coated whole grain crust for maximum flavor

PEPPERONI PIZZA

Primo turkey pepperoni pizza combines mozzarella, provolone, cheddar and parmesan cheese on a whole grain crust for maximum flavor

burritos

SEASONED CHICKEN OR BEEF BURRITO

Our delicious house-made burrito with your choice of seasoned ground beef or slow cooked chicken with roasted peppers, tomatoes and onions. Local whole grain rice and fresh shredded cheese finish off the burrito

BEAN & CHEESE BURRITO

Refried beans, red salsa and cheddar cheese wrapped in a whole grain tortilla

taco grill

CHIPOTLE CHICKEN BURRITO

House made chipotle seasoned pinto beans, roast chicken and cheese all wrapped in a whole grain tortilla and grilled

DAILY LUNCH MENU

friday