

# Sacramento City Unified School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

High School Lunch 2018-2019

Portion Values - Detailed

Page 1

Generated on: 4/11/2019 9:04:26 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/01/2019			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger	1 each	1	47.12
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Turkey Club Wrap	1 each	1	53.76
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3.6	1	68.21
Vegetables for Wok - 2018	1/2 cup	1	3.91
Chicken Chicana / BURRITO BAR	burritos	1	97.86
Chipotle Chicken Burrito	1 each	1	78.23
Beef, Bean & Cheese Burrito	1 each	1	73.88
Bean & Cheese Burrito	1 each	1	77.4
Walking Taco	package	1	32.68
GRILLED Beef & Bean Burrito	1 each	1	78.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
House Salad	1 CUP	1	14.7
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			818.15
% of Calories			43.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 04/02/2019			
High School Lunch 2018-201	Total	1	
Spicy Chicken - BTO	1 each	1	60.01
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Banh Mi Inspired Chicken Wrap	1 each	1	77.81
Yogurt Meal - Secondary	1 each	1	74.0
Santa Fe Chicken Salad	Salad	1	59.99
House Salad	1 CUP	1	14.7
Teriyaki Chicken Rice bowl	1 each	1	92.94
Vegetables for Wok - 2018	1/2 cup	1	3.91
Pasta Bar - Alfredo	servings	1	69.38
Lasagna w/Ground Beef 2018	1portion	1	64.84
Grilled Chicken (for BBQ's)	2 oz servings	1	29.55
Grilled Chicken (BBQ's) w bbq	2 oz servings	1	39.35
Hamburger (BBQ'S)	1 each	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			761.18
% of Calories			44.6%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

High School Lunch 2018-2019

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 04/03/2019</b>			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger - BTO	1 each	1	49.97
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Turkey Club Wrap	1 each	1	53.76
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3.6	1	68.21
Vegetables for Wok - 2018	1/2 cup	1	3.91
Chicken Chicana / BURRITO BAR	burritos	1	97.86
Grnd.Beef Chicana /BURRITO BAR	burritos	1	95.62
Chipotle Chicken Burrito	1 each	1	78.23
Bean & Cheese Burrito	1 each	1	77.4
Walking Taco	package	1	32.68
House Salad	1 CUP	1	14.7
Chips	Bags	1	19.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			783.36
% of Calories			42.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 04/04/2019</b>			
High School Lunch 2018-201	Total	1	
Spicy Chicken - BTO	1 each	1	60.01
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Banh Mi Inspired Chicken Wrap	1 each	1	77.81
Yogurt Meal - Secondary	1 each	1	74.0
Santa Fe Chicken Salad	Salad	1	59.99
Teriyaki Chicken Rice bowl	1 each	1	92.94
Pasta Bar - Alfredo	servings	1	69.38
Lasagna w/Ground Beef 2018	1portion	1	64.84
Grilled Chicken (for BBQ's)	2 oz servings	1	29.55
Grilled Chicken (BBQ's) w bbq	2 oz servings	1	39.35
Cheeseburger	1 each	1	46.96
Condiment Bar, High Schools	portion	1	36.7
House Salad	1 CUP	1	14.7
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			775.23
% of Calories			44.2%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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High School Lunch 2018-2019

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 04/05/2019			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger - BTO	1 each	1	49.97
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Italian Turkey Sub	sandwich	1	51.17
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3.6	1	68.21
Vegetables for Wok - 2018	1/2 cup	1	3.91
Bean & Cheese Burrito	1 each	1	77.4
Chicken Chicana / BURRITO BAR	burritos	1	97.86
Grnd.Beef Chicana /BURRITO BAR	burritos	1	95.62
Chipotle Chicken Burrito	1 each	1	78.23
Walking Taco	package	1	32.68
House Salad	1 CUP	1	14.7
Condiment Bar, High Schools	portion	1	36.7
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			761.77
% of Calories			43.4%
Nutrient Guideline			

Mon - 04/08/2019			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger	1 each	1	47.12
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Turkey Club Wrap	1 each	1	53.76
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3.6	1	68.21
Vegetables for Wok - 2018	1/2 cup	1	3.91
Chicken Chicana / BURRITO BAR	burritos	1	97.86
Chipotle Chicken Burrito	1 each	1	78.23
Beef, Bean & Cheese Burrito	1 each	1	73.88
Bean & Cheese Burrito	1 each	1	77.4
Walking Taco	package	1	32.68
GRILLED Beef & Bean Burrito	1 each	1	78.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
House Salad	1 CUP	1	14.7
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			818.15
% of Calories			43.2%
Nutrient Guideline			

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High School Lunch 2018-2019

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 04/09/2019</b>			
High School Lunch 2018-201	Total	1	
Spicy Chicken - BTO	1 each	1	60.01
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Banh Mi Inspired Chicken Wrap	1 each	1	77.81
Yogurt Meal - Secondary	1 each	1	74.0
Santa Fe Chicken Salad	Salad	1	59.99
House Salad	1 CUP	1	14.7
Teriyaki Chicken Rice bowl	1 each	1	92.94
Vegetables for Wok - 2018	1/2 cup	1	3.91
Pasta Bar - Alfredo	servings	1	69.38
Lasagna w/Ground Beef 2018	1portion	1	64.84
Grilled Chicken (for BBQ's)	2 oz servings	1	29.55
Grilled Chicken (BBQ's) w bbq	2 oz servings	1	39.35
Hamburger (BBQ'S)	1 each	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			761.18
% of Calories			44.6%
Nutrient Guideline			

<b>Wed - 04/10/2019</b>			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger - BTO	1 each	1	49.97
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Turkey Club Wrap	1 each	1	53.76
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3.6	1	68.21
Vegetables for Wok - 2018	1/2 cup	1	3.91
Chicken Chicana / BURRITO BAR	burritos	1	97.86
Grnd.Beef Chicana /BURRITO BAR	burritos	1	95.62
Chipotle Chicken Burrito	1 each	1	78.23
Bean & Cheese Burrito	1 each	1	77.4
Walking Taco	package	1	32.68
House Salad	1 CUP	1	14.7
Chips	Bags	1	19.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			783.36
% of Calories			42.4%
Nutrient Guideline			

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**Sacramento City Unified School District**

**Apr 1, 2019 thru Apr 30, 2019**

Base Menu Spreadsheet

High School Lunch 2018-2019

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 04/11/2019</b>			
High School Lunch 2018-201	Total	1	
Spicy Chicken - BTO	1 each	1	60.01
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Banh Mi Inspired Chicken Wrap	1 each	1	77.81
Yogurt Meal - Secondary	1 each	1	74.0
Santa Fe Chicken Salad	Salad	1	59.99
Teriyaki Chicken Rice bowl	1 each	1	92.94
Pasta Bar - Alfredo	servings	1	69.38
Lasagna w/Ground Beef 2018	1portion	1	64.84
Grilled Chicken (for BBQ's)	2 oz servings	1	29.55
Grilled Chicken (BBQ's) w bbq	2 oz servings	1	39.35
Cheeseburger	1 each	1	46.96
Condiment Bar, High Schools	portion	1	36.7
House Salad	1 CUP	1	14.7
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			775.23
% of Calories			44.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 04/12/2019</b>			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger - BTO	1 each	1	49.97
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Italian Turkey Sub	sandwich	1	51.17
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3.6	1	68.21
Vegetables for Wok - 2018	1/2 cup	1	3.91
Bean & Cheese Burrito	1 each	1	77.4
Chicken Chicana / BURRITO BAR	burritos	1	97.86
Grnd.Beef Chicana /BURRITO BAR	burritos	1	95.62
Chipotle Chicken Burrito	1 each	1	78.23
Walking Taco	package	1	32.68
House Salad	1 CUP	1	14.7
Condiment Bar, High Schools	portion	1	36.7
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			761.77
% of Calories			43.4%
Nutrient Guideline			

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Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet  
Portion Values - Detailed

High School Lunch 2018-2019

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/22/2019			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger	1 each	1	47.12
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Turkey Club Wrap	1 each	1	53.76
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3,6	1	68.21
Vegetables for Wok - 2018	1/2 cup	1	3.91
Chicken Chicana / BURRITO BAR	burritos	1	97.86
Chipotle Chicken Burrito	1 each	1	78.23
Beef, Bean & Cheese Burrito	1 each	1	73.88
Bean & Cheese Burrito	1 each	1	77.4
Walking Taco	package	1	32.68
GRILLED Beef & Bean Burrito	1 each	1	78.39
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
House Salad	1 CUP	1	14.7
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			818.15
% of Calories			43.2%
Nutrient Guideline			

Tue - 04/23/2019			
High School Lunch 2018-201	Total	1	
Spicy Chicken - BTO	1 each	1	60.01
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Banh Mi Inspired Chicken Wrap	1 each	1	77.81
Yogurt Meal - Secondary	1 each	1	74.0
Santa Fe Chicken Salad	Salad	1	59.99
Teriyaki Chicken Rice bowl	1 each	1	92.94
Pasta Bar - Alfredo	servings	1	69.38
Lasagna w/Ground Beef 2018	1portion	1	64.84
Grilled Chicken (for BBQ's)	2 oz servings	1	29.55
Grilled Chicken (BBQ's) w bbq	2 oz servings	1	39.35
Cheeseburger	1 each	1	46.96
Condiment Bar, High Schools	portion	1	36.7
House Salad	1 CUP	1	14.7
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			775.23
% of Calories			44.2%
Nutrient Guideline			

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**Sacramento City Unified School District**

**Apr 1, 2019 thru Apr 30, 2019**

Base Menu Spreadsheet  
Portion Values - Detailed

High School Lunch 2018-2019

	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 04/24/2019</b>			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger - BTO	1 each	1	49.97
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Turkey Club Wrap	1 each	1	53.76
Chicken Caesar Salad - 2018	Salad	1	46.32
Orange Chicken w/ Chow Mein	3.6	1	68.21
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Milk, Lactaid Fat Free	carton	1	13.0
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			783.36
% of Calories			42.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 04/25/2019</b>			
High School Lunch 2018-201	Total	1	
Spicy Chicken - BTO	1 each	1	60.01
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Banh Mi Inspired Chicken Wrap	1 each	1	77.81
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Condiment Bar, High Schools	portion	1	36.7
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Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			775.23
% of Calories			44.2%
Nutrient Guideline			

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<b>Fri - 04/26/2019</b>			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger - BTO	1 each	1	49.97
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Italian Turkey Sub	sandwich	1	51.17
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Weighted Daily Average			761.77
% of Calories			43.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 04/29/2019</b>			
High School Lunch 2018-201	Total	1	
Bacon Cheeseburger	1 each	1	47.12
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Turkey Club Wrap	1 each	1	53.76
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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
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High School Lunch 2018-201	Total	1	
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Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Pizza, 4 -Cheese (Wild Mike's)	Slice	1	34.0
Banh Mi Inspired Chicken Wrap	1 each	1	77.81
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Lasagna w/Ground Beef 2018	1portion	1	64.84
Grilled Chicken (for BBQ's)	2 oz servings	1	29.55
Grilled Chicken (BBQ's) w bbq	2 oz servings	1	39.35
Hamburger (BBQ'S)	1 each	1	29.0
Milk 1% White	carton	1	16.0
Milk Non Fat White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Condiment Bar, High Schools	portion	1	36.7
Weighted Daily Average			761.18
% of Calories			44.6%
Nutrient Guideline			

Weighted Average			781.91
			43.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	781.91	43.56%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

