



Friday, March 3

12-1 p.m.

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Registration is required.

Heart Disease Prevention: Questions you should ask your doctor

Heart disease has earned the title of being the #1 cause of death in the United States each year. The good news: it's often preventable.

Join **Powell Jose, M.D.**, to learn what risk factors are preventable and what questions you should be asking your doctor about your risk factors and how you can manage them.

YouTube access required.