

**Sunday  
March 12,  
2023**

**9:00 am – 4:00 pm**

**Christian Brothers  
High School  
Gymnasium**

**4315 Martin Luther  
King Jr Blvd,  
Sacramento, CA  
95830**

**Eligible: Ages 12 - 25**

**Cost: FREE**

**Parking: FREE**

**We need medical and  
general volunteers for  
this event.**

**Register in advance to  
volunteer or to be  
screened at:**

**[www.kylejtaylor.org/  
screenings](http://www.kylejtaylor.org/screenings)**



## **Free Youth Heart Screening**

**Help Prevent Sudden Cardiac Arrest (SCA) in  
Sacramento Youth**

**One in 300 youth have an undiagnosed heart  
condition that puts them at risk for SCA**

**#1 cause of death of student athletes**

**#1 cause of death on school campuses**

**We are hosting a Free Youth Heart Screening for the  
Sacramento community at Christian Brothers High School  
on Sunday, March 12, 2023. The screening is open to anyone  
12-25 years of age at NO COST and registration is open now.**

**These screenings are so important! Regular check-ups and  
sports physicals miss about 85-90% of the issues that can  
cause SCA in children and young adults. Most conditions  
must be seen on an electrocardiogram (EKG) because they  
are structural or electrical issues that cannot be heard  
through a stethoscope. This is a simple test that records the  
electrical activity of the heart using small sticky electrode  
patches that are attached to the skin of the chest. EKG  
testing is quick and painless.**

**The screening includes cardiac risk assessment, EKG, and  
doctor review, which takes about 40 minutes to complete. To  
learn more about SCA in youth and what happens at the heart  
screening please visit [www.kylejtaylor.org](http://www.kylejtaylor.org) or contact **916-  
627-9533** or email [rmccormac@ucdavis.edu](mailto:rmccormac@ucdavis.edu).**

*The Sacramento City Unified School District is not a sponsor,  
endorser, or otherwise associated with the above. Permit  
Number G-18.*