

# Seminars and Workshops



Watch for Upcoming Events with Dates/Times/Locations to Be Posted on SCUSD Website at [www.scusd.edu](http://www.scusd.edu)

## Individual Stress Debriefing

One Hour Sessions with MHN/Managed Health Network  
Dates: May 2012  
Martine Kruger, 916-643-9421  
MHN our EAP provider to schedule 1 hour sessions Call: 1-800-227-1060 - no cost  
[www.mhn.com](http://www.mhn.com)

## Coping with the Stress of Economic Uncertainty

Wellness and Lifestyle  
Date: May 4, 2012, Friday, 1 hour, 5:00 p.m. to 6:00 p.m. at Serna Center  
Joyce Compton, Personnel Specialist, Human Resource Services, 916-643-7492 No reservation needed to attend.  
[joycec@scusd.edu](mailto:joycec@scusd.edu)

## SETA / Sacramento Employment & Training Agency and EDD / Employment Development Department Rapid Response Team Presentation for CERTIFIED EMPLOYEES

Overview of Unemployment Benefits and Job Skill Development  
Date: May 11, 2012, Friday, 1 1/2 hours, 5:00 p.m. to 6:30 p.m. at Serna Center  
Joyce Compton, HRS, 916-643-7492 No reservation needed to attend.  
[joycec@scusd.edu](mailto:joycec@scusd.edu)

## Surviving Layoffs

Date: May 18, 2012, Friday, 2 hours, 4:00 p.m. to 6:00 p.m. at Serna Center  
Joyce Compton, HRS, 916-643-7492 No reservation needed to attend.  
[joycec@scusd.edu](mailto:joycec@scusd.edu)

## Job Search Strategies During Tough Economic Times

Training and Skill Development  
Date: May 25, 2012, Friday, 1 hour, 5:00 p.m. to 6:00 p.m. at Serna Center  
Joyce Compton, HRS, 916-643-7492 No reservation needed to attend.  
[joycec@scusd.edu](mailto:joycec@scusd.edu)

## SETA / Sacramento Employment & Training Agency and EDD / Employment Development Department Rapid Response Team Presentation for CLASSIFIED EMPLOYEES

Overview of Unemployment Benefits and Job Skill Development  
Date: June 1, 2012, Friday, 1 1/2 hours, 5:00 p.m. to 6:30 p.m. at Serna Center  
Joyce Compton, HRS, 916-643-7492 No reservation needed to attend.  
[joycec@scusd.edu](mailto:joycec@scusd.edu)



## Sacramento City Unified School District

### Board of Education

Diana Rodriguez, President, Area 5  
Darrel Woo, Vice President, Area 6  
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Olivine Roberts, Ed.D., Chief Academic Officer  
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Koua Franz, Chief Family and Community Engagement Officer  
Patricia Hagemeyer, Chief Business Officer  
Gabe Ross, Chief Communications Officer  
Teresa Cummings, Ph.D., Chief of Staff



## Sacramento City Unified School District

# Employee Resource Guide



## SCUSD RESOURCES

### Association of California School

#### Administrators / ACSA

Professional Resources, On Line Job Search, Workshops and Trainings, Advocacy Ongoing for members  
916-444-3216  
acsa.org

### Greater Sacramento Urban League

Vocational Services, Employment Services, Supportive Services, Job Openings Ongoing  
916-286-8600  
info@gsul.org

### Employment Development Department - EDD

How to file for unemployment benefits, On line Job Center, CalJobs Ongoing  
1-866-333-4606 automated 1-800-300-5616 customer service  
www.edd.ca.gov/eapply4ui

### La Familia Counseling Center

Counseling, Support, Outreach Ongoing  
916-452-3601; TDD (800) 735-2929 or 711  
anitab@lafcc.org

### PG&E

Subsidy - CARE/FERA Ongoing  
Application Online 1-866-743-2273 or 1-800-743-5000  
www.pge.com/care www.pge.com/fera

### Sacramento Employment & Training Agency / SETA

Job Seeker Services, One Stop Career Center, Education/Training Resources Ongoing  
916-263-7891  
seta.net

### SMUD

Subsidy - EAPR Ongoing  
Application Online  
www.smud.org

### Social Security

Apply for benefits Ongoing  
1-800-772-1213  
www.socialsecurity.gov

### Subsidy - Lifeline

search website: Lifeline  
1-800-288-2020  
www.att.com

### Employee Assistance

#### Program - EAP

Layoff support - Counseling, Financial Support, Resources Available for laid off employees through 9/30/12  
Benefit Office 916-643-9432 - call for MHN web access code MHN our EAP provider to schedule 1 hour sessions 800-227-1060 - no cost  
www.mhn.com

### SCUSD Website

Layoff support tip sheet for employees Available to laid off employees  
Benefit Office 916-643-9432 or Human Resource Services at 916-643-7492  
Go to www.scusd.edu; click on Offices/Depts; Admin; Comp/Benefits; Employee Safety/Wellness; Layoff Support

### Health Benefits

COBRA, Retirement Benefit eligibility, Benefit term dates Ongoing  
Benefit Office 916-643-9432

### CalPERS

Retirement Benefits, Withdrawing Contributions, Disability Retirement Recommend going to CalPERS for most accurate information - either online or going to 400 Q Street, Sacramento  
Keyshawn Marshall 916-643-9400  
CalPERS 888-225-7377  
www.calpers.ca.gov

### CalSTRS

Retirement Benefits, Withdrawing Contributions, Disability Retirement Ongoing  
Michelle DuPaty 916-643-9400  
CalSTRS 800-228-5453  
www.calstrs.com

### Deferred Compensation Plans

403b, 457 Withdrawing or rolling funds to IRA Ongoing  
Contact 866-446-1072  
Vendor, Financial Advisor or TDS

### Seniority Lists, SCUSD

Seniority Lists available for review at the Customer Service Counter in Human Resource Services (to your right when entering Serna Center Lobby) Available through 9-30-12  
Union Representative, Contact Names: Karla Faucett, Chris Bolshazy and Layoff Committee Chairs: Lynne Juhlin, Mike Breverly, Omi Muthree and SCUSD, Team Analysts, Human Resource Services (Customer Service Phone: 916-643-7455, 7456)