

Sacramento City USD

Exhibit

Family Life/Sex Education

E 6142.1

Instruction

FAMILY LIFE/SEX EDUCATION INSTRUCTION

In all sex education courses that discuss sexual intercourse, course material and instruction shall:
(Education Code 51553)

1. Be age appropriate.
2. Stress that abstinence is the only contraceptive method which is 100% effective, and that all other methods of contraception carry a risk of failure in preventing unwanted teenage pregnancy. Statistics based on the latest medical information shall be provided to students citing the failure and success rate of condoms and other contraceptives in preventing pregnancy.
3. Stress that sexually transmitted diseases are serious possible hazards of sexual intercourse. Students shall be provided with statistics based on the latest medical information citing the failure and success rates of condoms in preventing AIDS and other sexually transmitted diseases.
4. Include a discussion of the possible emotional and psychological consequences of preadolescent and adolescent sexual intercourse outside of marriage and the consequences of unwanted adolescent pregnancy.
5. Stress that students should abstain from sexual intercourse until they are ready for marriage.
6. Teach honor and respect for monogamous heterosexual marriage.
7. Advise students of the laws pertaining to their financial responsibility to children born in and out of wedlock.
8. Advise students that it is unlawful pursuant to Penal Code 261.5 for males of any age to have sexual relations with females under the age of 18 to whom they are not married.
9. Emphasize that students have the power to control personal behavior. Students shall be encouraged to base their actions on reasoning, self-discipline, sense of responsibility, self-control, and ethical considerations such as respect for one's self and others.
10. Teach students how to say "no" to unwanted sexual advances. Teach students to not make

unwanted physical and verbal sexual advances. Provide information about verbal, physical and visual sexual assault, including but not limited to nonconsensual sexual advances, nonconsensual physical sexual contact, and rape by an acquaintance, commonly referred to as "date rape." This course material and instruction shall contain methods of preventing sexual assault by an acquaintance, including exercising good judgment and avoiding behavior that impairs good judgment, and shall also encourage youth to resist negative peer pressure. This course material and instruction also shall inform students of the potential legal consequences of sexual assault by an acquaintance. Specifically, students shall be advised that it is unlawful to touch an intimate part of another person, as specified in subdivision (d) of Penal Code 243.4. Students also shall be taught that it is wrong to take advantage of, or to exploit, another person.

Exhibit SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
version: June 11, 2002 Sacramento, California