



Child Development Department Community Resources/ Recursos de la Comunidad

InfoLine Sacramento.....2-1-1 or 498-1000

www.211sacramento.org

www.HealthyCity.org

Child Abuse Prevention/Prevenir Abuso de niños

Child Protective Services (CPS).....875-5437

Child Discipline-Disciplina de Niños

Parent Support Line..... 1-888-281-3000
Child Action, Inc.....369-0191
Mother Baby Program.....456-1980

Child Support Assistance/Apoyo de Niños

Child Support Payment Delinquency.....866/249-0773
Fathers Resource Center.....739-0895

Clothing/Ropa

SCUSD PTA Clothes Closet.....277-4338
(referral needed from school office)
Sacramento Clothes Closet.....456-1980

Counseling/Consejería

Sacramento County Access Adult Counseling Services
.....875-1055
La Familia Counseling Center.....452-3601
Hmong Women's Heritage.....394-1405

Domestic Violence/Violencia Domestica

WEAVE.....448-2321
WEAVE (24 Hour Crisis Line).....920-2952
My Sisters House.....428-3271

Education/College / Educación/Colegio

Charles A. Jones Center.....433-2600
Florin Technology Education.....433-2844
Fremont School for Adults.....277-6620
Los Rios Community College District.....568-2041

Emergency Food/ Comida de Emergencia

Sacramento Food Bank..... 456-1980
Antioch Progressive Church.....665-2600
Cordova Community Food Locker..... 364-8973
Department of Human Assistance.....874-2072

Emergency Shelter/ Alojamiento de Emergencia

SCUSD Office of Homeless Services.....277-6892
Sacramento Area Emergency Housing Center...455-2160
Salvation Army Emergency Shelter.....442-0331
St. Johns Shelter for Women & Children.....453-1482

Health/Salud

CHDP.....875-7151
Cover the Kids.....1-866-850-4321
The Effort.....233-4910
Health Rights Hotline.....551-2100

Parent Legal Assistance/ Asistencia-legal para padres de la familia

Family Law, Self-Help Center.....875-3400
McGeorge School of Law.....340-6080

Job Training/ Entrenamiento de Trabajo

Sacramento Works.....263-3800
Asian Resources.....454-1892

Marriage Support Assistance/Asistencia con Apoyo Cónyuge

Relationship Skills Center.....362-1900

Special Needs/Educación Especial

Warmline Family Resource Center.....922-9276
SCUSD Special Education Department.....643-9174
Alta California Regional Center.....978-6400

Substance Abuse/Abuso de Substancia

Sacramento County Access Alcohol & Drug Counseling
Program.....875-9754
Alcoholics Anonymous.....454-1100
Narcotics Anonymous.....732-2299

Transportation Assistance/Transportación

Sacramento Regional Transit.....321-2877

Utility Assistance/Utilidades

Community Resource Project (HEAP).....567-5200
PG & E CARE Program.....1-800-743-5000
SMUD Energy Assistance Program.....1-888-742-7683
Salvation Army.....442-0303