Site/Class:

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## Sacramento City USD Early Head Start IN-KIND HOME ACTIVITY RECORD

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Child's Name:

Month/Year:

Teachers/Home Visitor: Please circle letter of suggested activities Use DRDP or Week for families to work on this month. HELP# letter #1-5 **Social-Emotional Development and Self Help Skills** Α Use feeling words В Let your child self-feed or serve him-/her-self Let your child choose what to wear (i.e. yellow or green shirt) С D Ε **Health & Safety** F Wash hands after changing diaper G Use walking feet when indoors Н 1 **Nutrition & Dental** Naming, tasting, cooking, nutritious foods J Κ Eating meals together as a family L Μ **Cognitive Development** Sing songs, recite nursery rhymes, do finger plays Ν 0 Read books together Р Q Language Development-Receptive/Expressive R Name objects, body parts, colors S Practice using words or signs to express wants or needs Use positive descriptive acknowledgement – "You walked up Т the steps!" U V **Gross & Fine Motor Development** W Provide back and tummy time Let your child draw with crayons and non-toxic Χ paint/paintbrushes Υ

**Parents:** Please write on this calendar any time spent on teacher circled curriculum activities or events each day using a letter from the box (on the left) and the number of

minutes as in the example below.

**Example:** Activity letter on left, time spend on activity in minutes on right.

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## Please use 5 minute increments

Sun	Mon	Tues	Wed	Thu	Fri	Sat

This represents an accurate account of time I have spent on assigned curriculum activities.							
Parent/guardian Signature	and Date	Teacher's Signature and Date					
Relationship (Circle one):	Mother, Father, Grandma, Grandpa, Aunt, Uncle						

For Office	Use	Only	7										
<b>Total In Ki</b>	<u>nd</u>	Hour	S		١	/lir	าน	te	S	d			