



# SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item 9.3

**Meeting Date:** May 3, 2018

**Subject:** Update on Elementary School Athletics Program

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
- Conference/First Reading (Action Anticipated: \_\_\_\_\_)
- Conference/Action
- Action
- Public Hearing

**Division:** Student Support Services

**Recommendation:** None

**Background/Rationale:** On November 1, 2017, Superintendent Agular introduced a proposal called “Invest in Kids.” This proposal included an elementary athletics component. Sports programs keep students engaged. Physical exercise is good for the mind, body, and spirit. Team sports help teach adolescents accountability, dedication, leadership, and other important skills. Sports require memorization, repetition, and persistence in learning. These skillsets are all directly related to classwork. Research shows a positive connection between what students learn participating in organized sports (determination, teamwork, and goal-setting) and the ability to transfer it to the classroom and beyond.

**Financial Considerations:** A \$667,432 general fund investment will be needed to support the Elementary Athletics Program in 2018-2019.

**LCAP Goal(s):** Safe, Emotionally Healthy and Engaged Students

**Documents Attached:**

1. Executive Summary
2. Elementary Athletics Program School Regions

<p><b>Estimated Time of Presentation:</b> 10 minutes</p> <p><b>Submitted by:</b> Doug Huscher, Assitant Superintendent, Student Support Services Greg Purcell, Coordinator, District Athletics</p> <p><b>Approved by:</b> Jorge A. Aguilar, Superintendent</p>
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# Board of Education Executive Summary

## Student Support Services Department

Update on Elementary School Athletics Program

May 3, 2018



### I. Overview/History of Department or Program

In the fall of 2017, Superintendent Aguilar directed staff to begin the research and study of a viable and sustainable athletic program to enhance elementary education in our district. Superintendent Aguilar's interest was to develop and provide activities / athletic programs intended to build student capacity in the areas of persistence, good sportsmanship, competition, team work, goal setting, wellness and connecting fitness and fun.

### II. Driving Governance:

Research indicates that by expanding co-curricular activities in school such as athletics, students have a greater chance of being successful on their pathway to higher education and adulthood. To offer our earliest learners the opportunity and access to co-curricular activities and athletics at the elementary level, we will foster a mindset of growth and development in our schools motivated by fun, fitness and achievement.

### III. Budget:

Total estimated budgeted: \$667,432.00

### IV. Goals, Objectives and Measures:

- Create continuity from the classroom to the athletic field
- Develop an athletic program that is viable and sustainable for students, grades 1 through 6
- Promote a healthy lifestyle
- Teach goal setting and perseverance
- Encourage participation at school and increase attendance
- Teach collaboration skills and teamwork

### V. Major Initiatives:

- Superintendent's priority for wellness and access to co-curricular activities and school-wide engagement
- Building capacity for healthy education and lifestyles for students

### VI. Results:

Through the implementation of the Elementary School Athletics Program; including, Co-Ed Flag Football, Co-Ed Basketball, and S.T.R.I.D.E. (Sacramento Tracks Running to Improve Daily Education), students in grades 1-6 will have access to opportunities that will increase engagement at school and help them develop skills to become confident, collaborative and determined to achieve at their next level of education.

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### **VII. Lessons Learned/Next Steps:**

The elementary athletics program is targeted to begin in the fall of 2018. While there will be initial implementation costs, the program is designed to be sustainable for ongoing success. Moving forward to implement the program will include finalizing agreements with community partners and informing stakeholders of essential details. To excite and motivate the community, a communication plan will be developed for students, parents and staff prior to the beginning of the 2018-19 school year.

**Sacramento City Unified School District  
2018-2019 Elementary School Sports Divisions**

<b>Lions (CK McClatchy)</b>	
1	Bret Harte
2	Crocker/Riverside
3	Ethel Phillips
4	Hollywood Park
5	Leataata Floyd
6	Leonardo DaVinci
7	Oak Ridge
8	Sutterville

<b>Cougar (JF Kennedy)</b>	
1	Alice Birney
2	Caroline Wenzel
3	Genevieve Didion
4	John Bidwell
5	John Cabrillo
6	John Sloat
7	Martin L. King Jr.
8	Matsuyama
9	Pony Express

<b>Warrior #1 (H Johnson)</b>	
1	Camellia
2	Earl Warren
3	Elder Creek
4	Ethel I. Baker
5	Joseph Bonnheim
6	Nicholas
7	Pacific
8	Peter Burnett
9	Tahoe

<b>Warrior #2 (W Campus)</b>	
1	Caleb Greenwood
2	David Lubin
3	Fr. Keith B. Kenny
4	Mark Twain
5	Phoebe Hearst
6	Theodore Judah
7	Washington
8	William Land

<b>Wolverines (Rosemont)</b>	
1	AM Winn
2	Abraham lincoln
3	Golden Empire
4	Hubert Bancroft
5	Isador Cohen
6	James Marshall
7	OW Erlewine
8	Sequoia

<b>Titans (L Burbank)</b>	
1	Bowling Green, Chacon
2	Bowling Green, McCoy
3	Cesar Chavez
4	Harkness
5	John Still K-5
6	Parkway
7	Rosa Parks
8	Susan B. Anthony
9	Woodbine

**51 Schools Total**