# **SAC Initiatives**

June 23, 2022

Presented by: SCUSD Student Advisory Council

# Sex Education Initiative



Acronym	Meaning	
SAC	Student Advisory Council	
PEP	Peer Educator Program	
CalSCHLS	California School Climate, Health, and Learning Survey	
Trans	Transgender	
HEY Ambassador	Health Education Youth Ambassador	
FAFSA	Free Application for Federal Student Aid	

## Context

#### **Educational Requirement:**

- → California state legislation AB 329 requires that all students receive comprehensive sexual health education and HIV prevention education at least once in middle school and once in high school
- → Most students in this district receive their high school sex ed during their freshmen year in their biology class

#### Student Initiative:

- → SAC members:
  - Have taken sex ed. (as California & SCUSD students)
  - Feel a passion for the subject
    - Believe improvements could be made for future students

#### Planned Parenthood (Mario Alfaro):

→ Interviews with past student rep.s: approached by and helped many peers

#### Pre- and Post-Sex Ed. Surveys (Janna Cantwell & Matthew Callman):

- $\rightarrow$  30% don't want to personally speak to adults about sex ed.
- → 35% thought "people chose to be trans"*post* sex ed.
- → 31% said they'd wanted to learn more about specific sex ed. topics

#### California Healthy Kids Survey:

		% Considered Suicide		% Experienced Sociał Emotional Distress		% Felt Connected to Their School and Those Within It			
		Grade 7	Grade 9	Grade 11	Grade 9	Grade 11	Grade 7	Grade 9	Grade 11
	Non-Straight	52	47	45	64	63	48	44	45
Straight		11	19	11	37	31	64	59	55

#### State | Most Recent Data (2017-19)

Experienced chronic sadness/hopelessness | Past 12 months

Results based on: Gender Identity



#### State | Most Recent Data (2017-19)

Considered suicide | Past 12 months

Results based on: Gender Identity



### Recommendations

More Instruction Time for Gender Identities

→ Sex ed. teachers dedicate more instruction time to gender identities

Ensure Students Know Where to Access Birth Control and STI Testing

- → Teachers provide handouts or write resources on board
  - Large majority reported they didn't know where to get free, confidential birth control and STI testing

## HEY Ambassaddry?

- ★ Data has shown that majority of students feel more comfortable talking about health and sex with their peers compared to adults
- ★ The district need more resources about health, sex, and personal identity available on campus and accessible to all students
- Planned Parenthood's PEP trained students to help educate their peers on protection and resources which helped students feel more welcomed
- Students of all grade levels need more health education information available outside of the two-week sex ed period during Freshmen year
- ★ Implement a student representative program with the Connect Center that specializes in health education Health Education Youth Ambassador

## HEY Ambassadorties and expectatic.

- ★ 1-2 HEY ambassadors from grade 10 to 12 from each high school
- ★ Focus on promoting safe health practices on campus:
  - holding health education fairs and games during lunch
  - providing LGBTQ+ support
  - spreading awareness on substance use
  - holding forums
  - offering 1-on-1 peer help
  - provide accessible resources
- ★ HEY ambassadors will receive trainings as well as materials (condoms and other contraceptives) from Planned Parenthood.
- ★ We are hoping to approve this program and launch during th **2022-2023** school year. Our team will also look into potential grants to make HEY ambassadors a **paid** opportunity.

# **Thank You!**

# let's see what other ways we can ir

# Aid for College Applications Initiative

# **The Context**

- College applications are not free
- How much does the average SCUSD senior spend on applications?
- 70% of students in SCUSD are socie conomically disadvantaged
- We, as the class of 2022, and as college applicants ourselves have become well-acquainted with the college application process.
- Having gone through the experience of applying to colleges, we have learned one major thing:
- Applications are expensive
  - Upwards of \$70
  - Though fee waivers are available, they are often not utilized or given to many students.

- Conducted survey of 170+ students across all SCUSD high schools.
  - Started collecting data in February of 2022
  - We collected data on students' experience with the college application process.
- A majority of students who applied to college applied to more than 3 colleges (60%)
- Only 43% of college applicants qualified for fee waivers
- 53% of students who did not apply to college would have if a fee waiver had been available

Grad. Year	12th grade students who submitted a FAFSA application	# of 12th grade students	%
2022	1690	2790	60.57%
2021	1776	2907	61.09%
2020	1906	2420	78.76%
2019	1842	2303	79.98%
2018	1913	2520	75.91%

12th grade students who submitted a FAFSA application



Grad. Year	12th grade students who applied to CSU Sacramento	grade	%
2022	835	3308	25.24%
2021	728	4290	16.97%
2020	996	3599	27.67%
2019	906	3304	27.42%
2018	799	2972	26.88%

#### 12th grade students who submitted an application to Sacramento City College



#### 12th grade students who submitted an application to CSU Sacramento



## Recommendations

- We propose that at least one college application be paid for per graduating SCUSD student-Encouraging all or most students to apply to local colleges
- ★ The district could also potentially partner up with a local university such as California State University, Sacramento and UC Davis and provide a free application for SCUSD graduating students.
- ★ This will provide the opportunity for more students to apply to college and seek higher education despite financial circumstances.

### Recommendations

- ★ Estimated cost around \$231000
  - \$70 per application x 3300 graduating seniors(2022)
- ★ Students could also earn the money through measures such as filling out an application or writing about why a waiver would benefit them.
- ★ High School counselors could also meet with the entire senior class at each respective SCUSD high school and work with students to create a mandated scholarship profile.

