



SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item 7.1

Meeting Date: September 7, 2017

Subject: Approve Resolution No. 2958: In Recognition of Food Literacy Month, September 2017

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
- Conference/First Reading (Action Anticipated: _____)
- Conference/Action
- Action
- Public Hearing

Division: Board Office

Recommendation: Approve Resolution No. 2958: In Recognition of Food Literacy Month, September 2017.

Background/Rationale: The Board of Education wishes to designate September 2017 as Food Literacy Month. The Resolution recognizes the impact of food choices on the health of our students, the environment and our community.

Financial Considerations: None

LCAP Goal(s): Family and Community Empowerment

Documents Attached:

1. Resolution No. 2958

Estimated Time of Presentation: 5 minutes

Submitted by: Nathaniel Browning, Special Assistant to the BOE

Approved by: Jorge A. Aguilar, Superintendent

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION**

RESOLUTION NO. 2958

**RECOGNITION OF FOOD LITERACY
MONTH, SEPTEMBER 2017**

WHEREAS, "Food Literacy" is defined as the understanding of the impact of our food choices on health, the environment, and our community; and

WHEREAS, Our food choices affect our health. In California, 38 percent of children are overweight. If not corrected, poor diet and physical inactivity will likely overtake tobacco as the leading cause of preventable death in America; and

WHEREAS, Residents living in low-income and underserved urban neighborhoods without access to fresh, healthy foods, known as "food deserts," have more health problems and higher mortality rates than residents of areas with a higher proportion of grocery stores; and

WHEREAS, People who shop at farmers' markets obtain products that make a shorter farm-to-table trip which improves carbon emissions, purchase directly from a family farm, obtain cultural and specialty fruits and vegetables not easily available elsewhere; and

WHEREAS, Our food choices affect our community, create jobs, and raise incomes in the areas they serve; and

WHEREAS, Education is needed to inspire change. A focus on nutritional education is vital to ensure that our students and Community become and remain healthy, and continue to flourish; and

WHEREAS, When individuals are taught how to cook with fresh fruits and vegetables, they are 85 percent more likely to incorporate them into their diet; and

WHEREAS, The objective of food literacy awareness month is to promote food education, inspire good food choices, encourage parental involvement, and motivate communitywide support.

NOW, THEREFORE, BE IT RESOLVED that the Sacramento City Unified School District Board of Education proclaims the month of September 2017 as food literacy awareness month.

PASSED AND ADOPTED by the Sacramento City Unified School District Board of Education on this 7th day of September, 2017, by the following vote:

AYES: _____

NOES: _____

ABSTAIN: _____

ABSENT: _____

ATTESTED TO:

Jorge A. Aguilar
Secretary of the Board of Education

Jay Hansen
President of the Board of Education