



*Jorge A. Aguilar, Superintendent*

*Victoria Flores, Director III, Student Support and Health Services*

Dear Parent or Guardian,

As you may be aware, the state of California requires all incoming 7th graders to show proof of Tdap and 2 Varicella vaccines (or valid medical exemption) prior to attending 7th grade. We have enclosed detailed information regarding Tdap and Varicella, as well as answers to frequently asked questions.

**In order for your child to start 7th grade, you will need to do one of the following before school begins:**

- A. Provide documentation showing that your child has all immunizations required.
- B. Submit a medical exemption for missing shot(s) and immunization records for all required shots not exempted. See <https://www.shotsforschool.org/laws/exemptions/> for more information.

**What is a medical exemption?**

A medical exemption is a signed, written statement from a physician (M.D. or D.O.) licensed in California which states:

1. The specific nature of the physical condition or medical circumstances of the child for which a licensed physician does not recommend immunization.
2. Each specific required vaccines that is being exempted.
3. If the medical exemption is permanent or temporary.
4. If the exemption is temporary, an expiration date no more than 12 calendar months from the date of signing.

If your student has not yet received these immunizations, please contact your child's medical provider right away.

- If you do not have a medical provider, we have enclosed a list of Sacramento Area Community Immunization Clinics. ([www.scusd.edu/post/sacramento-area-community-immunization-clinics](http://www.scusd.edu/post/sacramento-area-community-immunization-clinics))
- If you do not have health insurance, you can get assistance with signing up for health insurance from Sacramento Covered at (866) 850-4321 or <http://sacramentocovered.org/enroll>.

This is also a good time to discuss any other immunization needs. Although Tdap and 2 Varicella are required for school entry, it is recommended that your child also obtain Meningococcal and HPV vaccines in this age group. If you have any questions, please contact the Sacramento County Public Health Immunization Branch at (916) 875-7468 or SCUSD Health Services at (916) 643-9412.

**Students entering 7<sup>th</sup> grade who do not meet the immunization requirements will not be able to attend school. Please bring a copy of your child's immunization record(s) or valid medical exemption to our front office before school begins.**

Thank you for helping us keep your child, our school, and our community safe and healthy.

Sincerely,

Victoria Flores  
Director III, Student Support and Health Services

# PARENTS' GUIDE TO IMMUNIZATIONS REQUIRED FOR SCHOOL ENTRY



Starting July 1, 2019

## Students Admitted at TK/K-12 Need:

- **Diphtheria, Tetanus, and Pertussis (DTaP, DTP, Tdap, or Td) — 5 doses**  
(4 doses OK if one was given on or after 4th birthday.  
3 doses OK if one was given on or after 7th birthday.)  
For 7th-12th graders, at least 1 dose of pertussis-containing vaccine is required on or after 7th birthday.
- **Polio (OPV or IPV) — 4 doses**  
(3 doses OK if one was given on or after 4th birthday)
- **Hepatitis B — 3 doses**  
(Not required for 7th grade entry)
- **Measles, Mumps, and Rubella (MMR) — 2 doses**  
(Both given on or after 1st birthday)
- **Varicella (Chickenpox) — 2 doses**

These immunization requirements apply to new admissions and transfers for all grades, including transitional kindergarten.

## Students Starting 7th Grade Need:

- **Tetanus, Diphtheria, Pertussis (Tdap) — 1 dose**  
(Whooping cough booster usually given at 11 years and up)
- **Varicella (Chickenpox) — 2 doses**  
(Usually given at ages 12 months and 4-6 years)

In addition, the TK/K-12 immunization requirements apply to 7th graders who:

- previously had a valid personal beliefs exemption filed before 2016 upon entry between TK/Kindergarten and 6th grade
- are new admissions

## Records:

California schools are required to check immunization records for all new student admissions at TK/Kindergarten through 12th grade and all students advancing to 7th grade before entry. Parents must show their child's Immunization Record as proof of immunization.



## Vaccine Requirements for 7<sup>th</sup> Grade Students

# Tdap (Pertussis/Whooping Cough)

### *What Parents Need To Know*

#### What is the pertussis booster requirement?

**All students entering, advancing or transferring into 7<sup>th</sup> grade will need proof of an adolescent whooping cough booster immunization (called “Tdap”), or medical exemption, prior to attending school in the fall.**

#### What if my child does not have proof of a Tdap shot before school starts?

**Your child will not be able to start school until you submit the documentation for the Tdap requirement to the school.**

#### Is there a grace period/extension to get the shot AFTER school starts?

**No. Under current law, schools do not have the option to provide a grace period. All 7<sup>th</sup> grade students will need to show proof of Tdap immunization or submit a medical exemption before starting school in September.**

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#### What is Tdap and what are the diseases that the Tdap vaccine prevents?

Tdap is a booster vaccine for older children, adolescents, and adults. It safely protects against 3 dangerous diseases: tetanus, diphtheria, and whooping cough (also called pertussis).

- **Pertussis**- also known as whooping cough, is a contagious disease that causes violent coughing fits that make it hard to breathe. It spreads easily when someone with the disease coughs or sneezes. The symptoms can last for months. Whooping cough is particularly dangerous for young babies.
- **Tetanus**- causes a severe, painful tightening (spasms) of muscles, including of the jaw (“lockjaw”) which can limit swallowing and breathing.
- **Diphtheria**- is a throat infection that can lead to breathing problems, paralysis, heart failure and death.

#### Do ALL 7<sup>th</sup> grade students need to get the pertussis immunization?

Yes. Unless they have a medical exemption, all students going into 7<sup>th</sup> grade must have proof of having had the Tdap booster shot, or a medical exemption. This includes current students, new students and transfer students in both public and private schools.

Many students have already received the vaccine and simply need to supply proof to the school, so check with your doctor or provider.

#### Why is the Tdap vaccine required?

This new requirement will help protect your child and others in your school and community from whooping cough. Whooping cough is a serious disease that causes coughing fits that can last for months. In recent years, whooping cough has been increasing in the United States. Whooping cough has been widespread in California and was responsible for 10 infant deaths in 2010.

#### When should my child get vaccinated with Tdap?

**Now.** Unimmunized children are at risk for catching pertussis, getting really sick and missing weeks of school. Besides protecting your child, you can also beat the back-to-school rush by making an appointment for your incoming 7<sup>th</sup> grader to get a Tdap booster shot now.

- Keep documentation of your child’s Tdap booster shot in a safe place.
- Provide a copy to your child’s current school now.



## Vaccine Requirements for 7<sup>th</sup> Grade Students

# Varicella (Chickenpox)

### *What Parents Need To Know*

#### What is the Varicella (Chickenpox) immunization requirement?

**All students entering, advancing or transferring into 7<sup>th</sup> grade will need proof of having had a 2<sup>nd</sup> Varicella (Chickenpox) immunization or medical exemption, prior to attending school in the fall.**

#### What if my child does not have proof of a second Varicella (Chickenpox) shot before school starts?

**Your child will not be able to start school until you submit the documentation for the second Varicella (Chickenpox) requirement to the school.**

#### Is there a grace period/extension to get the shot AFTER school starts?

**No. Under current law, schools do not have the option to provide a grace period. All 7<sup>th</sup> grade students will need to show proof of a second Varicella (Chickenpox) immunization or submit a medical exemption before starting school in August.**

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#### What is Varicella (Chickenpox)?

Chickenpox is a disease that causes an itchy rash of blisters and a fever. A person with Chickenpox may have as many as 500 blisters. The rash can spread over the whole body. Chickenpox can be serious, even life-threatening, especially in babies, adolescents, adults, pregnant women and people with weakened immune systems.

#### Do ALL 7<sup>th</sup> grade students need to get a second Varicella (Chickenpox) immunization?

Yes. Unless they have a medical exemption, all students going into 7th grade must have proof of having had a second Varicella (Chickenpox) immunization. This includes current students, new students, and transfer students in both public and private schools. Many students have already received a second Varicella (Chickenpox) immunization and simply need to supply proof to the school, so check with your doctor or provider.

#### Why is a second Varicella (Chickenpox) immunization required?

Two doses of the Varicella (Chickenpox) vaccine are about 90% effective at preventing Chickenpox. When your student gets vaccinated, your student protects him-or herself and others in your household and community. This is especially important for people who cannot get vaccinated, such as those with weakened immune systems or pregnant women.

#### When should my child get vaccinated for Varicella (Chickenpox)?

**Now.** Unimmunized children are at risk for getting Chickenpox. Chickenpox spreads easily, mainly when a person touches or breathes in the virus particles that come from Chickenpox blisters. It can also spread through tiny droplets that get into the air when someone who has Chickenpox breathes or talks, for example. Chickenpox is contagious beginning 1 to 2 days before the rash appears and remains contagious until all the blisters have scabbed over. Besides protecting your child, you can also beat the back-to-school rush by making an appointment for your incoming 7th grader to get a Varicella (Chickenpox) shot now. Please remember to:

- Keep documentation of your child's immunizations in a safe place.
- Provide a copy to your child's current school now.

## Free Immunization Clinics

Each Thursday  
while school is in session

September - May • 3:00-6:00pm

Last registration is 5:30pm • First come, first served

District Enrollment Center – Room 4  
5601 47th Avenue, Sacramento, CA 95824  
(916) 643-9412



For eligible SCUSD students under age 19.  
Parent/Guardian must be present.  
Please bring all immunization records and  
a Medi-Cal card (if applicable) for each student.

## Clínicas de Vacunación Gratuita

Cada Jueves mientras  
las escuelas están en sesión

Septiembre - Mayo • 3:00-6:00pm

Última registraci3n a las 5:30pm • Por orden de llegada

Centro de Inscripciones del Distrito – Sal3n 4  
5601 47th Avenue, Sacramento, CA 95824  
(916) 643-9412



Para estudiantes elegibles menores  
de 19 a3os de edad de SCUSD.  
Los padres/tutores deben estar presentes.  
Traiga todos los informes o cartillas de vacunaci3n y la  
tarjeta de Medi-Cal (si tiene una) para cada estudiante.

## 免費免疫診所

上學日  
每個星期四

九月 - 五月 • 下午3:00-6:00

最後登記時間是下午5:30 • 先到先得服務

學區註冊中心 - 4號室  
5601 47th Avenue, Sacramento, CA 95824  
(916) 643-9412



為19歲以下符合條件的SCUSD學生服務  
家長/監護人必須在場。  
請攜帶所有免疫記錄和  
每個學生的Medi-Cal卡 (如適用)。

## Бесплатные ИММУНИЗАЦИОННЫЕ

Каждый четверг  
пока школы открыты

Сентябрь - май • 3:00-6:00pm

Последний приём в 5:30pm  
приём в порядке живой очереди

Регистрационный центр школьного округа  
– комната 4

По адресу: 5601 47th Avenue, Sacramento, CA 95824

Номер телефона: (916) 643-9412



Для учеников SCUSD до 19 лет,  
имеющих право на иммунизацию  
На приёме должен присутствовать родитель/опекун ученика  
Пожалуйста, принесите с собой карту с прививками и  
Карточку Medi-Cal для каждого ученика (если она у вас есть).

## Phòng Tiêm Chủng Ngừa Miễn Phí

Mỗi Thứ Năm  
khi trường đang trong mùa học

Tháng 9 - tháng 5 • 3 giờ - 6 giờ chiều

Thời hạn ch3t nhận ghi tên tiêm chủng lúc 5 giờ 30 chiều  
Ai đến trước, được phục vụ trước

Trung Tâm Ghi Danh của Học Khu - Phòng số 4

Tại địa chỉ 5601 47th Avenue

Sacramento, CA 95824

Số điện thoại: (916) 643-9412



Dành cho các học sinh của học khu Sacramento  
dưới 19 tuổi hội đủ tiêu chuẩn

Phụ huynh hay Người Giám Hộ phải có mặt.

Xin vui lòng mang theo tất cả các hồ sơ tiêm chủng ngừa và  
một thẻ bảo hiểm y tế của Cali (Medical) nếu có cho mỗi học sinh.

## Cov Chaw Txhaj Tshuaj Dawb

Txhua hnub Thursday  
Thaum tsev kawm ntawv qhib

Cuaj Hlis - Tsib Hlis • 3:00-6:00pm

Cuv npe tus kawg yog 5:30pm • Xub tuaj, ces xub tau

Hauv Paus Tsev Kawm Ntawv lub Chaw Cuv

Npe Kawm Ntawv – Chav 4

Chaw nyob: 5601 47th Avenue, Sacramento, CA 95824

Xovtooj: (916) 643-9412



Rau SCUSD cov tub/ntxhais kawm ntawv uas tsim nyog  
uas muaj noob nyooq txij 19 xyooos rov los.

Tus Niamtxiv/tus Saibxyuas yuav tsum tuaj ntrog thiab.

Thov nqa tas nrho cov npav txhaj tshuaj tuaj thiab

Daim npav Medi-cal (yog muaj) rau txhua tus tub/ntxhais kawm ntawv.

## Sacramento Area Community Immunization Clinics

Sacramento's Child Health & Disability Prevention Program (CHDP) provides Free or Low-Cost health exams & immunizations for **uninsured** and **Medi-Cal** children ages birth to 18 years: **(916) 875-7151**

\*It is **RECOMMENDED** that you call in advance for appointments, confirmation of fees and services, and translation services.\*  
-If needed, please call the **Immunization Assistance Program** at **(916) 875-SHOT** for further assistance.-

<b>Wellspace Health</b> <b>For more information, visit <a href="http://www.wellspacehealth.org">www.wellspacehealth.org</a></b>		
<p><i>Oak Park Community Health Center</i> 3415 Martin Luther King Jr. Blvd. Sacramento, CA 95817 (916) 737-5555</p> <p><i>South Valley Community Health Center</i> 8233 E. Stockton Blvd. Suite D Sacramento, CA 95828 (916) 737-5555</p>	<p><i>Hiram Johnson Community Health Center</i> 3535 65<sup>th</sup> Street Sacramento, CA 95820 (916) 737-5555</p> <p><i>Alhambra Community Health Center</i> 2425 Alhambra Blvd. Sacramento, CA, 95817 (916) 737-5555</p>	<p><b>Cost:</b> Sliding Scale <b>Office Visit Fee:</b> Sliding Scale <b>Insurance:</b> Accepts Medi-Cal, Private, and No Insurance <b>Languages:</b> Translation Services Available.</p> <ul style="list-style-type: none"> <li>• Appointments &amp; Walk Ins</li> </ul> <p>Please call in advance, or visit Health Center to make appointment.</p>
<b>Elica Health Centers (855) 354-2242</b> <b>For more information, visit <a href="http://www.elicahealth.org">www.elicahealth.org</a></b>		
<p><i>Elica Midtown</i> 3701 J Street, Suite 201 Sacramento, CA 95816 (916) 454-2345</p> <p><i>Elica West Sacramento</i> 155 15<sup>th</sup> Street, Ste. A West Sacto., CA 95691 (916) 454-2345</p>	<p><i>Elica Arden Arcade</i> 1750 Wright Street Sacramento, CA 95825 (916) 454-2345</p> <p><i>Elica Franklin Medical Center</i> 5385 Franklin Blvd. Suite K Sacramento, CA 95820 (916) 454-2345</p>	<p><b>Cost:</b> Sliding Scale <b>Office Visit Fee:</b> Sliding Scale <b>Insurance:</b> Accepts Medi-Cal, Private, and No Insurance <b>Languages:</b> Translation Services Available. Please Call in Advance.</p>
<b>Sacramento Community Clinic</b> <b>For more information, visit <a href="http://www.halocares.org">www.halocares.org</a></b>		
<p>2200 Del Paso Blvd. Sacramento, CA 95815 (916) 924-7988</p> <p>5524 Assembly Court Sacramento CA 95823 (916) 642-1867</p>	<p>7275 E. Southgate Drive, Suite 204 Sacramento, CA 95823 (916) 428-3788</p>	<p><b>Cost:</b> Cash Only for Services <b>Office Visit Fee:</b> Varies <b>Insurance:</b> Medi-Cal, Private, &amp; No Ins.</p> <ul style="list-style-type: none"> <li>• Appointments Preferred</li> </ul> <p><b>Languages:</b> Translation Services</p>
<b>Sacramento Native American Health Center (SNAHC)</b> <b>For more information, visit <a href="http://www.snahc.org">www.snahc.org</a></b>		
<p>2020 J Street Sacramento, CA 95811 (916) 341-0575</p>	<ul style="list-style-type: none"> <li>• Walk-In School Shots Mon.-Thurs.</li> <li>• Appointments Preferred</li> </ul>	<p><b>Cost:</b> Sliding Scale <b>Office Visit Fee:</b> Sliding Scale <b>Insurance:</b> Medi-Cal &amp; No Ins.</p>
<b>Peach Tree Health</b> <b>For more information, visit <a href="http://www.pickpeach.org">www.pickpeach.org</a></b>		
<p>3810 Rosin Ct, Suite 100 Sacramento, CA 95834 (916) 779-7656</p>	<ul style="list-style-type: none"> <li>• Appointment Only</li> </ul>	<p><b>Cost:</b> Sliding Scale <b>Office Visit Fee:</b> Sliding Scale <b>Insurance:</b> Medi-Cal, Private, &amp; No Ins.</p>
<b>Rite Aid</b> <b>For more information, visit <a href="http://www.riteaid.com/pharmacy">www.riteaid.com/pharmacy</a></b>		
<p>1125 Alhambra Blvd. Sacramento, CA 95816 (916) 452-1334</p> <p>831 K Street Sacramento, CA 95814 (916) 444-0690</p>	<p>980 Florin Road Sacramento, CA 95831 (916) 422-7202</p> <p>5610 Stockton Blvd. Sacramento, CA 95824 (916) 737-0260</p>	<p><b>Cost:</b> Varies <b>Office Visit Fee:</b> Varies <b>Insurance:</b> Accepts all insurance except Anthem Blue Cross</p> <ul style="list-style-type: none"> <li>• Walk-Ins Available</li> <li>• Other Locations Available in Sacramento</li> </ul>
<b>Spring Medical Clinic</b> <b>For more information, visit <a href="http://www.SpringMedicalClinic.com">www.SpringMedicalClinic.com</a></b>		
<p>1355 Halyard Drive, Suite 130 West Sacramento, CA 95691 (916) 371-1930</p>	<ul style="list-style-type: none"> <li>• Walk-Ins Available</li> </ul>	<p><b>Cost:</b> Cash Only for Services <b>Office Visit Fee:</b> Varies</p>