



Dear Parent or Guardian,

As you may be aware, the state of California requires all incoming 7th graders to show proof of Tdap and 2 MMR vaccines (or valid medical exemption) prior to attending 7th grade. We have enclosed detailed information regarding Tdap and MMR, as well as answers to frequently asked questions.

In order for your child to start 7th grade, you will need to do one of the following before school begins:

- A. Provide documentation showing that your child has all immunizations required.
- B. Submit a licensed physician's written statement of a permanent medical exemption for missing shot(s) and immunization records with dates for all required shots not exempted.

What is a medical exemption?

A medical exemption is a written statement from a licensed physician (M.D. or D.O.) which states:

1. That the physical condition or medical circumstances of the child are such that the required immunization(s) is not indicated.
2. Which vaccines are being exempted.
3. Whether the medical exemption is permanent or temporary.
4. The expiration date, if the exemption is temporary.

If your student has not yet received these immunizations, please contact your child's medical provider right away.

- If you do not have a medical provider, we have enclosed a list of Sacramento Area Community Immunization Clinics.
- If you do not have health insurance, you can get assistance with signing up for health insurance from Sacramento Covered at (866) 850-4321 or <http://sacramentocovered.org/enroll>.

This is also a good time to discuss any other immunization needs. Although Tdap and 2 MMRs are required for school entry, it is recommended that your child also obtain Meningococcal and HPV vaccines in this age group. If you have any questions, please contact the Sacramento County Public Health Immunization Branch at (916) 875-7468 or SCUSD Health Services at (916) 643-9412.

Students entering 7th grade who do not meet the immunization requirements will not be able to attend school. Please bring a copy of your child's immunization record(s) or valid medical waiver to our front office before school begins.

Thank you for helping us keep your child, our school, and our community safe and healthy.

Sincerely,

Victoria Flores
Director III, Student Support and Health Services

Free Immunization Clinics

2016-2017

Each Thursday
while school is in session

Sept 8, 2016 - June 8, 2017 • 3:00-6:00pm

Last registration is 5:30pm • First come, first served

District Enrollment Center – Room 4
5601 47th Avenue, Sacramento, CA 95824
(916) 643-9412



For eligible SCUSD students under age 19.
Parent/Guardian must be present.

Please bring all immunization records and
a Medi-Cal card (if applicable) for each student.



Clínicas de Vacunación Gratuita

2016-2017

Cada Jueves mientras
las escuelas están en sesión

8 de sept de 2016 - 8 de jun de 2017 • 3:00-6:00pm

Última registraci3n a las 5:30pm • Por orden de llegada

Centro de Inscripciones del Distrito – Sal3n 4
5601 47th Avenue, Sacramento, CA 95824
(916) 643-9412



Para estudiantes elegibles menores
de 19 a3os de edad de SCUSD.

Los padres/tutores deben estar presentes.

Traiga todos los informes o cartillas de vacunaci3n y la
tarjeta de Medi-Cal (si tiene una) para cada estudiante.



免費免疫診所

2016-2017學年

上學日
每個星期四

2016年9月8日 - 2017年6月8日 • 下午3:00-6:00

最後登記時間是下午5:30 • 先到先得服務

學區註冊中心 - 4號室
5601 47th Avenue, Sacramento, CA 95824
(916) 643-9412



為19歲以下符合條件的SCUSD學生服務
家長/監護人必須在場。

請攜帶所有免疫記錄和
每個學生的Medi-Cal卡(如適用)。



Бесплатные иммунизационные

КЛИНИКИ 2016-2017

Каждый четверг
пока школы открыты

С 8 сентября 2016 до 8 июня 2017 года • 3:00-6:00pm

Последний приём в 5:30pm
приём в порядке живой очереди

Регистрационный центр школьного округа
– комната 4

По адресу: 5601 47th Avenue, Sacramento, CA 95824

Номер телефона: (916) 643-9412



Для учеников SCUSD до 19 лет,
имеющих право на иммунизацию

На приём должен присутствовать родитель/опекун ученика

Пожалуйста, принесите с собой карту с прививками и
Карточку Medi-Cal для каждого ученика (если она у вас есть).



Phòng Tiêm Chủng Ngừa Miễn Phí

Năm Học 2016-2017

Mỗi Thứ Năm

khí trường đang trong mùa học

Ngày 8 tháng 9, 2016 - Ngày 8 tháng 6, 2017

3 giờ - 6 giờ chiều

Thời hạn chót nhận ghi tên tiêm chủng lúc 5 giờ 30 chiều
Ai đến trước, được phục vụ trước

Trung Tâm Ghi Danh của Học Khu - Phòng số 4

Tại địa chỉ 5601 47th Avenue

Sacramento, CA 95824

Số điện thoại: (916) 643-9412



Dành cho các học sinh của học khu Sacramento
dưới 19 tuổi hội đủ tiêu chuẩn

Phụ huynh hay Người Giám Hộ phải có mặt.

Xin vui lòng mang theo tất cả các hồ sơ tiêm chủng ngừa và
một thẻ bảo hiểm y tế của Cali (Medical) nếu có cho mỗi học sinh.



Cov Chaw Tshaj Tshuaj Dawb

Хуоо: 2016-2017

Txhua hnub Thursday
Thaum tsev kawm ntawv qhib

Lub 9 hlis tim 8, 2016 mus txog lub 6 hlis tim 8, 2017
3:00-6:00pm

Cuv npe tus kawg yog 5:30pm • Xub tuaj, ces xub tau

Hauv Paus Tsev Kawm Ntawv lub Chaw Cuv

Npe Kawm Ntawv – Chav 4

Chaw nyob: 5601 47th Avenue, Sacramento, CA 95824

Xovtooj: (916) 643-9412



Rau SCUSD cov tub/ntxhais kawm ntawv uas tsim nyog
uas muaj noob nyoo txij 19 xyoo rov los.

Tus Niambxiv/tus Saibxyuas yuav tsum tuaj nrog thiab.

Thov nqa tas nrho cov npav txhaj tshuaj tuaj thiab

Daim npav Medi-cal (yog muaj) rau txhua tus tub/ntxhais kawm ntawv.





Vaccine Requirements for 7th Grade Students

Tdap (Pertussis/Whooping Cough)

What Parents Need To Know

What is the pertussis booster requirement?

All students entering, advancing or transferring into 7th grade will need proof of an adolescent whooping cough booster immunization (called “Tdap”), or medical exemption, prior to attending school in the fall.

What if my child does not have proof of a Tdap shot before school starts?

Your child will not be able to start school until you submit the documentation for the Tdap requirement to the school.

Is there a grace period/extension to get the shot AFTER school starts?

No. Under current law, schools do not have the option to provide a grace period. All 7th grade students will need to show proof of Tdap immunization or submit a medical exemption before starting school in September.

What is Tdap and what are the diseases that the Tdap vaccine prevents?

Tdap is a booster vaccine for older children, adolescents, and adults. It safely protects against 3 dangerous diseases: tetanus, diphtheria, and whooping cough (also called pertussis).

- **Pertussis**- also known as whooping cough, is a contagious disease that causes violent coughing fits that make it hard to breathe. It spreads easily when someone with the disease coughs or sneezes. The symptoms can last for months. Whooping cough is particularly dangerous for young babies.
- **Tetanus**- causes a severe, painful tightening (spasms) of muscles, including of the jaw (“lockjaw”) which can limit swallowing and breathing.
- **Diphtheria**- is a throat infection that can lead to breathing problems, paralysis, heart failure and death.

Do ALL 7th grade students need to get the pertussis immunization?

Yes. Unless they have a medical exemption, all students going into 7th grade must have proof of having had the Tdap booster shot, or a medical exemption. This includes current students, new students and transfer students in both public and private schools.

Many students have already received the vaccine and simply need to supply proof to the school, so check with your doctor or provider.

Why is the Tdap vaccine required?

This new requirement will help protect your child and others in your school and community from whooping cough. Whooping cough is a serious disease that causes coughing fits that can last for months. In recent years, whooping cough has been increasing in the United States. Whooping cough has been widespread in California and was responsible for 10 infant deaths in 2010.

When should my child get vaccinated with Tdap?

Now. Unimmunized children are at risk for catching pertussis, getting really sick and missing weeks of school. Besides protecting your child, you can also beat the back-to-school rush by making an appointment for your incoming 7th grader to get a Tdap booster shot now.

- Keep documentation of your child’s Tdap booster shot in a safe place.
- Provide a copy to your child’s current school now.



Vaccine Requirements for 7th Grade Students

MMR (Measles, Mumps, Rubella)

What Parents Need To Know

What is the MMR booster requirement?

All students entering, advancing or transferring into 7th grade will need proof of having had a 2nd MMR vaccine or medical exemption, prior to attending school in the fall.

What if my child does not have proof of a second MMR shot before school starts?

Your child will not be able to start school until you submit the documentation for the second MMR requirement to the school.

Is there a grace period/extension to get the shot AFTER school starts?

No. Under current law, schools do not have the option to provide a grace period. All 7th grade students will need to show proof of that 2nd MMR immunization or submit a medical exemption before starting school in September.

What is MMR and what are the diseases that the MMR vaccine prevents?

MMR is a vaccine that prevents Measles, Mumps and Rubella. These diseases spread from person to person through the air. You can easily catch them by being around someone who is already infected.

- **Measles** - virus causes rash, cough, runny nose, eye irritation, and fever. .It can lead to ear infection, pneumonia, seizures (jerking and staring), brain damage, and death.
- **Mumps** - Mumps virus causes fever, headache, muscle pain, loss of appetite, and swollen glands. It can lead to deafness, meningitis (infection of the brain and spinal cord covering), painful swelling of the testicles or ovaries, and rarely sterility.
- **Rubella** - also known as German Measles, Rubella virus causes rash, arthritis (mostly in women), and mild fever. If a woman gets rubella while she is pregnant, she could have a miscarriage or her baby could be born with serious birth defects.

Do ALL 7th grade students need to show proof of a 2nd MMR immunization?

Yes. Unless they have a medical exemption, all students going into 7th grade must have proof of having had that second MMR shot, or a medical exemption. This includes current students, new students and transfer students in both public and private schools.

Many students have already received the vaccine and simply need to supply proof to the school, so check with your doctor or provider.

Why is a second dose of MMR vaccine required?

Having a second dose of MMR increases immunity to the disease. In 2008, 2011, 2013 and 2014, there were more reported measles cases compared with previous years. CDC experts attribute this to more measles cases than usual in some countries to which Americans often travel (such as England, France, Germany, India, the Philippines and Vietnam), and therefore more measles cases coming into the US, and/or more spreading of measles in U.S. communities with pockets of unvaccinated people.

When should I get my child the second MMR vaccine?

Now. Your child may have already had the 2nd MMR vaccine. Check your child's vaccine record or check with your doctor. If your child has not had that 2nd MMR (or proof of immunity), it is vital that your child receive it as soon as possible (or a letter from your doctor stating your child has immunity as verified by a lab test).

- Keep documentation of your child's 2nd MMR shot in a safe place.
- Provide a copy to your child's current school now.

Sacramento Area Community Immunization Clinics

Children without health insurance can be referred to Child Health and Disability Prevention Program to see if they are eligible for that program which includes immunization services:
(916) 875-7151

Wellspace Health		
<p>Oak Park Community Health Center 3415 Martin Luther King Jr. Blvd. Sacramento, CA 95817 (916) 646-8000</p> <p>South Valley Community Health Center 8233 E. Stockton Blvd. Suite D Sacramento, CA. 95828 (916) 236-4700</p>	<p>North Highlands Multi- Service 6015 Watt Avenue Suite 2 North Highlands, CA. 95660 (916) 679-3925</p> <p>Folsom Family Clinic 105 Dean Way Folsom, CA. 95630 (916) 983-3658</p>	<ul style="list-style-type: none"> • Vaccinations for a fee • If no insurance, patients are referred to CHDP for possible eligibility
Health For All Community Clinics		
<p>Downtown Clinic 923 V Street Sacramento, CA 95818-1331 (916) 448-6553</p> <p>Las Palmas Clinic 577 Las Palmas Avenue Sacramento, CA 95815 (916) 924-6703</p>	<p>Meadowview Clinic 2118 Meadowview Road Sacramento, CA 95815 (916) 427-0368</p> <p style="text-align: center;">www.health-forall.org</p>	<ul style="list-style-type: none"> • Accepts CHDP, Gateway and Medi-Cal • \$40.00 office visit • IZ services (costs vary per type of shot) • Appointment required • For children 18 years of age and younger
Mercy Clinic Norwood		
<p>3911 Norwood Avenue Sacramento, CA 95838 (916) 929-8575</p> <p>www.mercysacramento.org</p>	<ul style="list-style-type: none"> • Children's Vaccines are given Mon & Thurs. only • Appointment required for vaccines • No adult vaccines 	<ul style="list-style-type: none"> • Accepts CHDP eligible, straight Medi-Cal, Gateway • For those on Medicare or without any form of insurance, a sliding fee scale is provided based on income and family size.
MMC for Children & Families		
<p>Midtown Medical Center 3701 J Street, Suite 201 Sacramento, CA 95816 (916) 454-2345</p>		<ul style="list-style-type: none"> • Blue Cross, CHDP & Medi-Cal • Multiple Translation Services
Sacramento Community Clinic		
<p>2200 Del Paso Blvd. Sacramento, CA 95815 (916) 924-7988</p>		<ul style="list-style-type: none"> • Accepts CHDP, Gateway, Medi-Cal, and Medicare • Appointment Only
Sacramento Community Clinic		
<p>7275 E. Southgate Drive, Suite 204 Sacramento, CA 95823-2629 (916) 428-3788</p>		<ul style="list-style-type: none"> • Accepts CHDP, Gateway, Medi-Cal, and Medicare • Will do Walk-In Immunizations (requires insurance)

Rite-Aid

www.riteaid.com

1309 Fulton Ave. Sacramento, CA 95825 (916) 483-3486	831 K Street Sacramento, CA 95814 (916) 444-0690	<ul style="list-style-type: none">• Vaccinations for those 3 years and up.• Immunization fee will be billed to insurance to see if patient qualifies. If not, patient pays fee for service.• Shingles vaccine available for adults 50 years and older.
1125 Alhambra Blvd. Sacramento, CA 95816 (916) 452-1334	980 Florin Road Sacramento, CA 95831 (916) 422-7202	
1220 Broadway Street Placerville, CA 95667 (530) 626-5501	4004 Foothills Blvd. Roseville, CA 95747 (916) 786-8671	
2751 Del Paso Road Sacramento, CA 95835 (916) 285-9372	655 Russel Blvd. Davis, CA 95616 (530) 756-3393	
2214 El Camino Avenue Sacramento, CA 95824 (916) 922-8752	4701 Whitney Avenue Carmichael, CA 95608 (916) 483-8479	
7211 Elk Grove Blvd. Elk Grove, CA 95758 (916) 478-2970	2135 Cowell Blvd Davis, CA 95616 (530) 753-9810	
Sacramento Native American Health Center (SNAHC) www.snahc.org		
2020 J Street Sacramento, CA 95814 (916) 341-0575	<ul style="list-style-type: none">• <u>Local Health Dept. vaccines available at \$10.00 per vaccine</u>• Appointment Only	<ul style="list-style-type: none">• Accepts Medi-Cal, CHDP, Gateway, and all insurance plans• Sliding fee scale for adults without insurance
Spring Medical Clinic www.SpringMedicalClinic.com (see "Screening Exams & Shots" on website)		
3050 Beacon Blvd., Suite 101 West Sacramento, CA 95691 (916) 371-1930	<ul style="list-style-type: none">• Geared toward adults• Vaccinations for a fee• Will do Walk-In	<ul style="list-style-type: none">• Immunizations open Saturdays 8-2• Travel Shots
US HealthWorks Med. Group		
Sacramento – Downtown 1675 Alhambra Blvd., Suite B Sacramento, CA 95816 (916) 451-4580	Rocklin 2305 Sunset Blvd. Rocklin, CA 95765 (916) 632-9606	<ul style="list-style-type: none">• Will do walk-in Immunizations for children 13 years and older. (CASH ONLY)• <u>School and Sports physicals</u>• Payment due at time of service• *some private insurance accepted
Sacramento – East 9261 Folsom Blvd., Suite 200 Sacramento, CA 95826 (916) 364-1733	Sacramento – West 3680 Industrial Blvd., Suite 550-H West Sacramento, CA 95691 (916) 373-7575	
Sacramento – North 4700 Northgate Blvd., Suite 100 Sacramento, CA 95834 (916) 929-6161		

Please call the Immunization Assistance Program at (916) 875-SHOT for further assistance if needed.



Don't Wait to Vaccinate!