

LGBTQ Services

All services are confidential and available to students, families, educators and other professionals

- Information
- Counseling referrals
- Advocacy
- Referrals
- Consultation & training

916-643-7997

Vision

To serve all students with compassion and care, ensuring families have equitable access to systems of support that promote hope, resilience, empowerment, physical and mental wellness, and educational success.



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Sacramento City Unified School District
Student Support and Health Services
LGBTQ Support Services
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SCUSD does not discriminate against any student based on actual or perceived ancestry, age, color, disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sex, sexual orientation, or association with a person or a group with one or more of these actual or perceived characteristics.

04/2019



LGBTQ

Lesbian, Gay, Bisexual,
Transgender & Questioning

Support Services

**Promoting learning by supporting the
health and well-being of all students**

Challenges

Students who have same sex attractions, who are uncomfortable with their assigned gender, or who identify as lesbian, gay, bisexual or transgender, face enormous social pressures and challenges that affect their school success, health and well-being. As a result, LGBTQ youth are more vulnerable to such issues as:

- School dropout
- At-risk or problematic behavior
- Academic failure
- Parental or familial rejection

In addition, LGBTQ youth may be more vulnerable to mental health problems such as depression, anxiety, substance abuse and suicide. Educators and other professionals also face challenges in providing support to LGBTQ youth, as it is difficult to find resources and to know where to turn when questions arise, particularly in the complex environment of school.



Opportunities

SCUSD's LGBTQ Support Services program offers students, families, school staff and community professionals a *confidential*, centralized source of information and support regarding issues facing LGBTQ students that attend SCUSD schools, including:

- Information and referral
- Counseling referrals
- Advocacy

SCUSD also convenes a monthly LGBTQ Task Force to address district-wide policy, program and training issues related to supporting LGBTQ students and families and creating a school environment that is welcoming and safe for all.



Resources

Gender & Sexuality Alliances (GSAs)

GSAs are student-run clubs which provide a safe place for students to meet, support each other, talk about issues related to sexual orientation and work to end homophobia. GSAs are offered at many SCUSD middle and high schools:

For information, contact the SCUSD LGBTQ Support Services line at 916-643-7997.

Other Resources

Trevor Project 24-Hour Suicide Prevention Line

1-800-850-8078, www.thetrevorproject.org

Sacramento Crisis Line

916-368-3111

PFLAG Sacramento (Support Group)

(Parents & Friends of Lesbians and Gays)
916-978-0410, pflagsacramento.org

Sacramento Gay and Lesbian Center

916-442-0185, saccenter.org

Trans Families Sacramento (Support Group)

sactgc.org/transfamilies

The Gender Health Center (Mental Health)

916-455-2391, thegenderhealthcenter.org

