



SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item# 10.6

Meeting Date: May 1, 2025

Subject: Recognition of May as Mental Health Awareness Month

- ☒ Information Item Only
- ☐ Approval on Consent Agenda
- ☐ Conference (for discussion only)
- ☐ Conference/First Reading (Action Anticipated: _____)
- ☐ Conference/Action
- ☐ Action
- ☐ Public Hearing

Division: Student Support & Health Services Department

Recommendation: Recognizing May is Mental Health Awareness Month

Background/Rationale: May has been designated as Mental Health Awareness Month and Wednesday, May 7, 2025 is designated as National Children's Mental Health Awareness Day, both dedicated to raising awareness of youth, their families and all community members who experience emotional, behavioral, and mental health challenges.

Sacramento City Unified School District continues to support the whole child and address the social and emotional needs of our students, especially as rates of youth mental illness and suicide risk climb nationally. SCUSD recognizes and supports student mental health by sustaining school based mental health supports at every school; providing students, families/caregivers, and staff with care coordination, resources for accessing community-based mental health and substance use treatment; providing ongoing professional development on suicide prevention and support resources for the mental wellbeing of our students, families, staff and community.

Financial Considerations: None

LCAP Goal(s): Safe, Emotionally Healthy and Engaged Students

Documents Attached:

N/A

Estimated Time of Presentation: 5 Minutes

Submitted by: Elizabeth Sterba, Director, Student Support Services
on behalf of Yvonne Wright, CAO

Approved by: Lisa Allen, Superintendent