



Hand, Foot & Mouth Illness (*Coxsackie Virus*)

Date:

Dear Parent/Guardian:

A student in your child's classroom has been reported as having hand, foot and mouth disease. This is a contagious viral condition. This infection is characterized by the onset of fever, sore throat, and small lesions on the inside of the cheeks, gums and on the side of the tongue. A rash is common, especially on the palms of the hands and soles of the feet. These lesions may be present for a week.

The infection is spread by direct contact with nose and throat discharges and the feces of infected persons and by droplet spread (sneezing and coughing).

Should your child exhibit any of the above symptoms, to guard the health of your child and other children it is recommended that you:

1. Keep your child home
2. Contact your physician.
3. Notify the school.

The Sacramento County Health Department requires that a child with hand, foot and mouth disease be excluded from school if the child is running a fever or has lesions in the mouth.

Thank you for your cooperation in this matter.

Child Development Preschool Nurses

Lori Souza, RN 916-395-5500 ext 705012

Lisa Stevens, RN 916-395-5500 ext 705021