

COMMUNITY RESOURCES

InfoLine Sacramento 2-1-1 or (916) 498-1000 or www.211sacramento.org

Child Abuse Prevention / Prevenir Abuso de Niños

Child Protective Services (CPS)..... (916) 875-5437
Sacramento Crisis Nursery..... (916) 394-2000
www.kidshome.org/what-we-do/crisis-nursery-program/

Child Discipline / Disciplina de Niños

Parent Support Line 1-888-281-3000

Child Support Assistance / Apoyo de Niños

Sacramento County Department of
Child Support Services..... 1-866-901-3212
www.dcss.saccounty.net
Superior Court of California-
Self-Help Center..... (916) 875-3400
www.saccourt.ca.gov/family/family-law.aspx

Clothing / Ropa

Sacramento Food Bank & Family Services (916) 456-1980
www.sacramentofoodbank.org

Counseling / Consejería

La Familia Counseling Center (916) 452-3601
www.lafcc.org
River Oak Family Resource Center (916) 244-5800
www.riveroak.org

Domestic Violence / Violencia Domestica

WEAVE (24 Hour Crisis Line)(916) 920-2952
My Sisters House (916) 428-3271
www.my-sisters-house.org

Education/College / Educación/Colegio

Charles A. Jones Center (916) 433-2600
www.caj.scusd.edu
Los Rios Community College District..... (916) 568-3041
www.losrios.edu

Food / Comida

Sacramento Food Bank & Family Services (916) 456-1980
www.sacramentofoodbank.org
CalFresh.....(916) 874-3100
www.getcalfresh.org

Health / Salud

Sacramento Covered (916) 414-8333
www.sacramentocovered.org
WellSpace Health (Medical) (916) 646-8000
www.wellspacehealth.org

Housing & Emergency Shelter / Alojamiento de Emergencia

Sacramento Area Emergency Housing Center (916) 455-2160
www.nextmovesacramento.org
Sacramento Self Help Housing.....(916) 341-0593
www.sacselfhelp.org

Job Training / Entrenamiento de Trabajo

Sacramento Works (916) 263-3800
www.SacramentoWorks.org
Asian Resources (916) 454-1892
www.asianresources.org

Legal Assistance / Asistencia-legal para padres de la familia

Superior Court of California-Self-Help Center..... (916) 875-3400
www.caccourt.ca.gov/family/family-law.aspx
McGeorge Family Law.....(916) 340-6080

Special Needs / Educación Especial

Warmline Family Resource Center..... (916) 922-9276
SCUSD Special Education Department..... (916) 643-9174

Substance Abuse / Abuso de Substancia

Sacramento County Access Alcohol &
Drug Counseling Program..... (916) 875-2050
Alcoholics Anonymous (916) 454-1100
www.aasacramento.org
Narcotics Anonymous 1-877-623-6363
www.sacrna.org

Suicide Prevention / Prevención del Suicidio

National Suicide Prevention Lifeline 800-273-8255

Transportation Assistance / Transportación

Sacramento Regional Transit(916) 321-2877
www.sacrt.com