RESOURCES TO SUPPORT LGBTQ STUDENTS AND FAMILIES

PFLAG Sacramento (Parents, Families and Friends of Lesbians and Gays)
PFLAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

Warmline: (916) 978-0410  Website: www.pflagsacramento.org

Meetings
The Sacramento PFLAG/Trans Families Sacramento support group meets the third Tuesday of each month from 7:30 - 9:30 P.M. at Saint Mark's United Methodist Church, 2391 Saint Mark's Way, Sacramento CA 95864 on the second floor of the Education Building.

PFLAG support group meetings in Elk Grove are held on the first Wednesday of each month from 7:00 - 9:00 PM at Elk Grove United Methodist Church, 8986 Elk Grove Blvd (in Old Town), Elk Grove, CA. Child care is available at this meeting.

GLSEN: The Gay, Lesbian and Straight Education Network is the leading national education organization focused on ensuring safe schools for all lesbian, gay, bisexual and transgender students. Established nationally in 1995, GLSEN envisions a world in which every child learns to respect and accept all people, regardless of sexual orientation or gender identity/expression. Electronic versions of the following reports and all other GLSEN research reports are available at www.glsen.org/research.

- 2007 National School Climate Survey: The experiences of LGBT youth in our nation’s schools.
- Inside California schools: The experiences of LGBT students.

The Trevor Project
The Trevor Project operates the only accredited, nationwide, around-the-clock crisis and suicide prevention helpline for LGBTQ youth.


Dear Trevor is an online, confidential Q&A forum for youth to ask non time-sensitive questions surrounding sexual orientation and gender identity. http://www.thetrevorproject.org/deartrevor.aspx

Family Acceptance Project
For the first time, researchers have established a clear link between rejecting behaviors of families towards lesbian, gay and bisexual adolescents and negative health problems in early adulthood.

Supportive Families, Healthy Children
Key information from our research on how families can help support their lesbian, gay, bisexual and transgender (LGBT) children. This booklet downloadable from: http://familyproject.sfsu.edu/publications