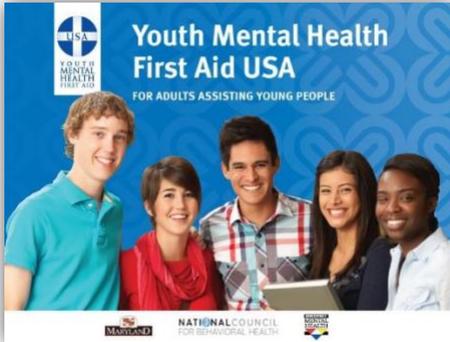




Take a course. Save a life.
Strengthen your community.



Youth Mental Health First Aid Training



TRAININGS FOR JUNE 2018

Monday, June 18, 8:30 AM - 5:00 PM
Serna Center, 5735 47th Avenue
Register online [HERE](#)

Friday, June 22, 8:30 AM- 5:00 PM
Serna Center, 5735 47th Avenue
Register online [HERE](#)

Training Information:

- 8-hour course
- Learn risk factors & warning signs of mental health problems in adolescents
- Build an understanding of early intervention
- Teach individuals how to respond to an adolescent experiencing a mental health challenge
- YMHFA Certification at completion

Youth Mental Health First Aid (YMHFA) uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help with a 5-step process.

If interested in attending, you must register. Contact Sherrie Heath at sherribo@scusd.edu to receive the link to complete online registration process. Maximum training capacity is 30 people per training.

***Must participate in both days (all 8-hours) of training to receive certificate as a Youth Mental Health First Aid provider.**

This training is designed for any school community members that work directly with adolescents including teachers, counselors, social workers, school psychologists, campus monitors, family advocates, office staff, coaches & community members.

These Youth Mental Health First Aid (YMHFA) trainings are offered at no cost to participants through the SCUSD "Now is the Time" Project AWARE community grant funded by SAMHSA.

