**Week 1 Wednesday**

**Breakfast**
- Blueberry muffin
- Apple sauce
- Milk

**Lunch**
- Spicy chicken wrap
- Cinnamon graham sticks
- Fresh mixed vegetables
- Taco sauce
- Ranch dressing
- Dried tropical fruit mix
- Milk

**Week 1 Thursday**

**Breakfast**
- Oatmeal breakfast cookie
- Strawberry cup
- Milk

**Lunch**
- Sunbutter and grape jelly sandwich,
- String cheese
- Strawberry applesauce
- WG Frito’s brand chips
- Orange smiles
- Milk

**Week 1 Friday**

**Breakfast**
- Whole grain cereal
- Graham crackers
- Sliced apples
- Mix-berry fruit juice
- Milk

**Lunch**
- Turkey and cheese wrap
- Fritos
- Fresh mixed vegetables
- Orange Smiles
- Milk

**Week 2 Monday**

**Breakfast**
- Crumb cake
- Strawberry applesauce
- Milk

**Lunch**
- Whole grain cereal
- Graham crackers
- Sliced apples
- Mix-berry fruit juice
- Milk

**Week 2 Tuesday**

**Breakfast**
- Fat Cat chocolate oat bar
- Mix berry fruit juice
- Milk

**Lunch**
- Turkey & cheese deli stick
- Carrots
- Strawberry applesauce
- MJM Super Bear cookie
- Ranch dressing
- Milk

**Week 2 Wednesday**

**Breakfast**
- Whole grain cereal
- Graham crackers
- Sliced apples
- Milk

**Lunch**
- Turkey ham bagel sandwich
- Cinnamon graham crackers
- Mix berry fruit juice
- Ranch dressing
- Milk

**Week 2 Thursday**

**Breakfast**
- Banana muffin
- Strawberry kiwi fruit juice
- Milk

**Lunch**
- Turkey Roast & cheese sandwich
- Sliced apples
- Chocolate pudding cup
- Dried apricot fruit mix
- Mayo/mustard
- Milk

**Week 3 Monday**

**Breakfast**
- Cinnamon roll
- Applesauce
- Milk

**Lunch**
- Turkey & cheese wrap
- French roll
- Mini carrots
- Ranch dressing
- Lunch bunch grapes
- Yogurt squeeze tube
- Milk

**Week 3 Tuesday**

**Breakfast**
- Blueberry muffin
- Apple sauce
- Milk

**Lunch**
- WG tortilla chips
- Nacho cheese sauce
- Spicy sunflower seeds
- Salsa
- Strawberry-kiwi fruit juice
- Milk

**Week 3 Wednesday**

**Breakfast**
- Golden graham cereal bar
- Strawberry applesauce
- Graham crackers
- Milk

**Lunch**
- Make your own cheese pizza kit
- Sunbutter cup
- Apple slices
- Raisins
- Milk

**Week 3 Thursday**

**Breakfast**
- Apple cinnamon oat bar
- Peach cup
- Milk

**Lunch**
- Spicy chicken wrap
- Cinnamon graham sticks
- Fresh mixed vegetables
- Taco sauce
- Ranch dressing
- Dried apricot fruit mix
- Milk

**Week 3 Friday**

**Breakfast**
- Sunbutter and grape jelly sandwich,
- String cheese
- Strawberry applesauce
- WG Frito’s brand chips
- Orange smiles
- Milk

**Lunch**
- Beef & Cheese sticks
- Sunflower seeds
- Animal crackers
- Applesauce
- Mix berry fruit juice
- Milk

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**MADE IN THE SHADES.**

Your eyes need just as much protection from the sun as your skin. That’s why doctors recommend that everyone -- including babies and toddlers -- wear sunglasses that block out all UV rays. And, of course, they should look cool, too!

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**Eat Better. Play Harder. Live Healthier. Learn Easier.**

**Wellness is a Way of Life!**

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*This institution is an equal opportunity pro-*