



Sacramento City Unified School District

Putting Children First

Safe Routes to School and Project A.I.M.



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SRTS History

- 1970s: United States Dept. of Transportation initiative to reduce the number of children injured while walking and biking to school
- 1998: Congress funded two pilot programs through National Highway Transportation Safety Administration
- 2002: Federal Legislation initiative
- 2005: National Safe Routes to Schools Program

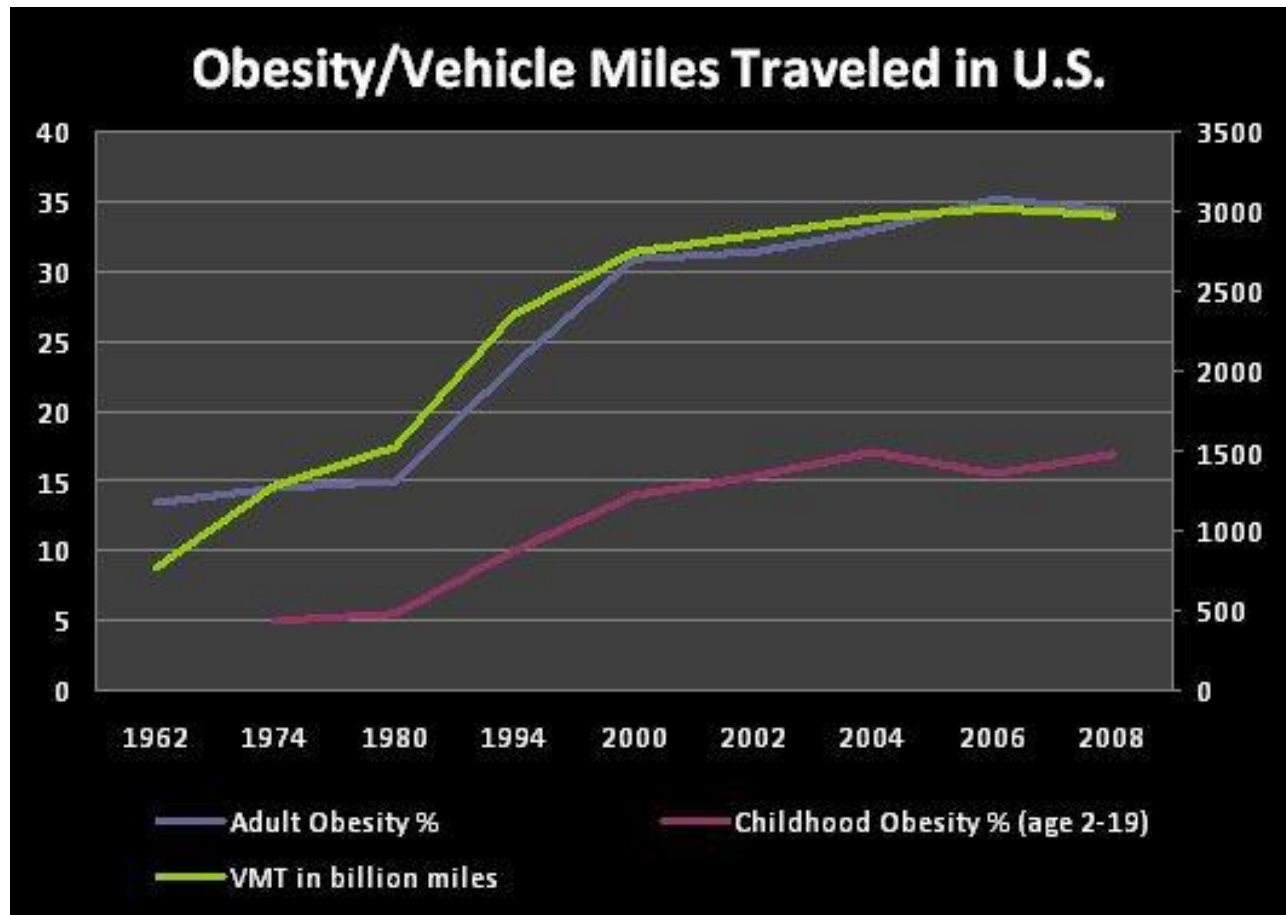
Decline of Walking and Biking

- Children 5-14 walking to school
(1969: 48% 2009: 13%)
- Children k-8 who live within 1 mile of school
 - 1969: 41% (89% walked)
 - 2009: 31% (35% walked)





Obesity and Vehicular Miles



Sources: Centers for Disease Control –National Health and Nutrition Examination Survey/U.S. DOT –Federal Highway Administration, Annual Vehicle Distance Traveled in Miles and Related Data



National Program

- 2005-2009: \$612 million
 - California: \$91 million
- Federal Highway Administration
 - Funds
 - Guidance
- Funding is \$1 million min to each state
 - Infra- and Non- Infrastructure Grants
 - Safe Routes to Schools State Coordinator
 - 2010: California received \$24 million

SafeRoutes

National Center for Safe Routes to School



Local Efforts

- California Safe Routes to Schools Partnership
- Local Partners
 - Walk Sacramento
 - Sacramento Council of Governments
 - Sacramento Air Quality Management District (AQMD)
- City of Sacramento Traffic Engineering
- Sacramento PD and CHP





SCUSD Assessment

- School design
- Increased vehicular traffic compounds problems
 - Health Risks
 - Pedestrian and Bicycle Safety Hazards
- Parental transportation
 - Distance to school
 - Traffic Related Dangers
 - Weather
 - Crime Danger
- Individual efforts



- A** SHORT-TERM:
Trim vegetation blocking sidewalk along 44th Ave.
- B** SHORT-TERM:
Install high-visibility crosswalk striping at all intersection legs, with advance stop lines
- MID-TERM:
Install curb extensions
- C** SHORT-TERM:
Convert 41st Street to one-way circulation in front of school, using cones to block access as a short-term solution. School access to be via 40th St and 44th Avenue, exiting back onto 43rd Ave from 41st Street. (Both 40th St. and 44th Ave to remain two-way.) Need ONE WAY, DO NOT ENTER signage at 43rd Ave/41st Street.
- MID-TERM:
Use curb extensions to permanently narrow 41st St at 43rd Avenue as part of one-way circulation in front of school.
- D** MID-TERM:
Install curb extensions
- E** SHORT-TERM
Prohibit parking along curve to improve visibility for children crossing at this location
- MID-TERM:
As part of 41st Street one-way conversion, install a curb extension at the intersection of 43rd Ave/41st Street to narrow the exit and ensure that drivers do not enter this street in the wrong direction. Install high visibility crosswalks at this location. This extension should also narrow the width of the school entrance driveway to shorten this crossing distance
- F** SHORT-TERM:
Prohibit parent drop-off and pick-up within the off-street school parking lot. Use cones to block entry by parent vehicles during drop-off and pick-up periods.



Goals

- Improve the health and safety of children traveling to and from school
- Create Walkable communities
- Engage the Community and School
- Create a sustainable SRTS Program
 - 5 E's



Evaluation

- Parent Surveys
- Travel Surveys
 - Walking/Biking
 - Driving or Bussing
 - Drop Off/Pick Up
- Collision Data
 - SWITRS
 - TIMS through SAFE Tec- UC Berkeley
- On Site Evaluation Summer 2011

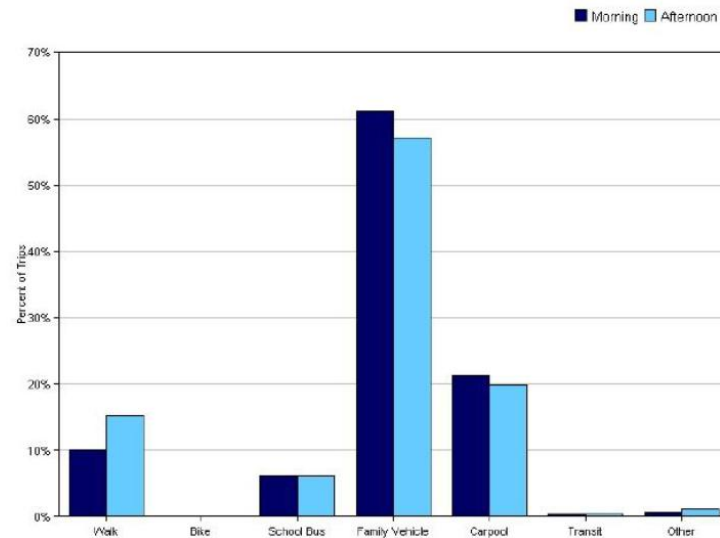




Student Survey

Numbers of students walking and biking – In-class student tallies

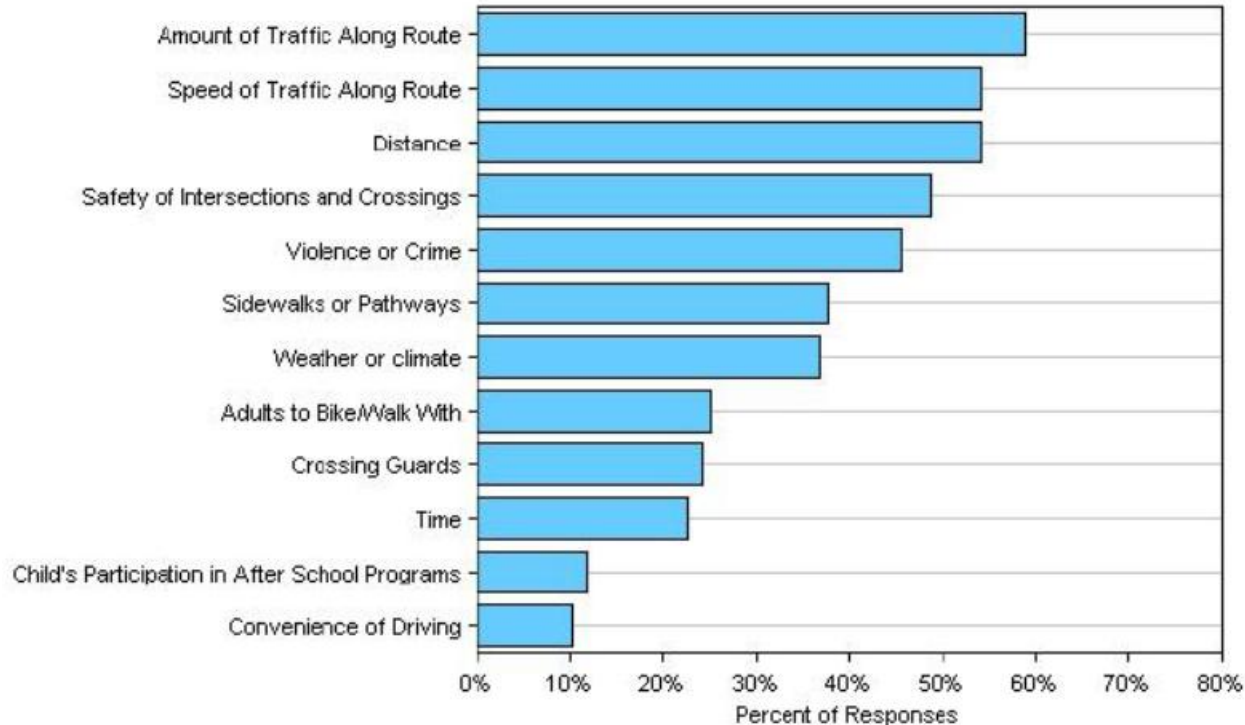
Morning and Afternoon Travel Mode Comparison





Parent Survey

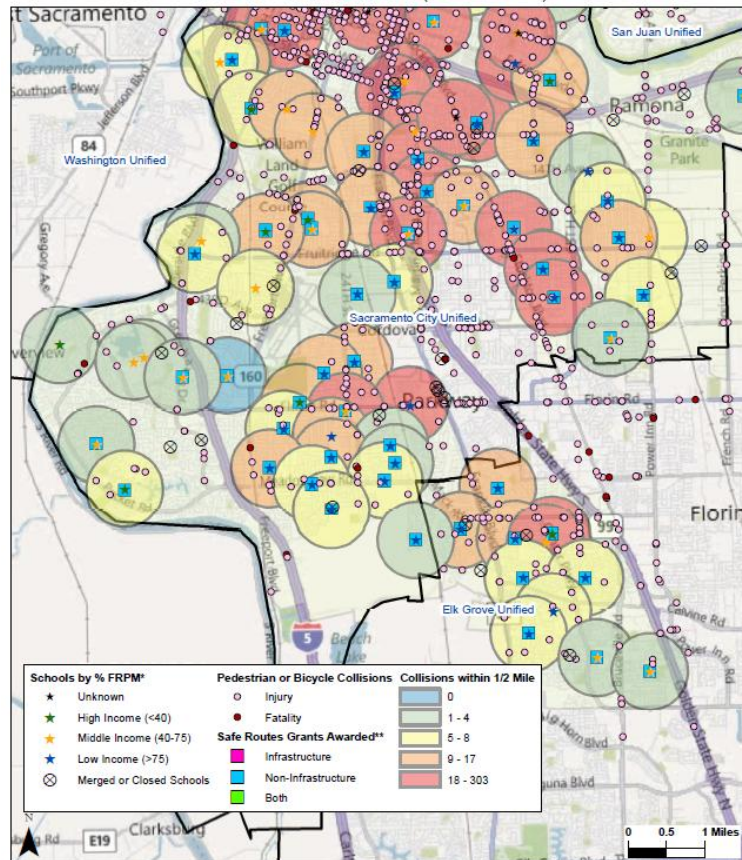
Issues reported to affect the decision to not allow a child to walk or bike to/from school by parents of children who do not walk or bike to/from school





Traffic Injury Management System

Sacramento - Pedestrian or Bicycle Collisions
Near School Sites (2007-2009)



*Schools classified according to percentage of students eligible for the Free/Reduced Price Meal Program (2010).
**Safe Routes to School awards include state and federal funding from 2005 - 2011.

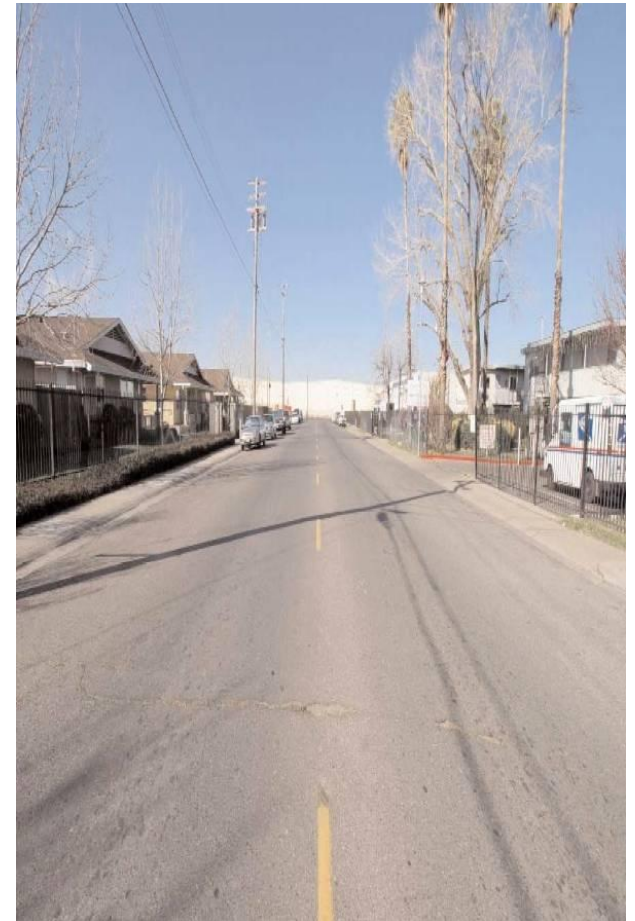


SafeTREC

Sources: California Public School Database; SWITRS 2007-2009; Bing Maps



On Site Evaluations



SCUSD Collisions

- Individual review and assessment of all school related collisions
- Response





Engineering

- Infrastructural Improvements
 - Signals and Crosswalks
 - Restriping
 - Zone Establishment
 - Bike Lanes
 - Traffic Flow Management
- Mitigating Hazards



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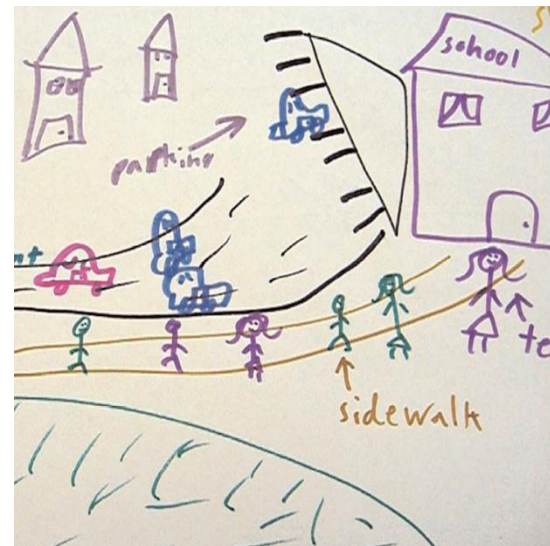
Infrastructure Improvements





Education

- School Assembly
 - Captain Jerry Program
 - DUI Program
 - Texting and Distracted Driving
 - Bike Safety
- Traffic Officer Assignment
- Art Projects





Encouragement

- Walk to School Wednesdays
- Incentive Programs
- School Sponsored Events
- Health Fairs





Enforcement

- Crossing Guard Program
- Volunteers
- Law Enforcement





Grants

- June 2011 Mini Grant- AM Winn and Pacific
- March 2012 Public Health
- July 2012 Infrastructure Grant
 - City of Sacramento Traffic Engineering





Projects

- Mark Twain
- Freeport and John Still
- Bret Harte
- Sutter MS
- McClatchy HS
- Will C Wood M.S





Next Steps

- Ongoing Assessment
- Outreach to other Community Groups and the County of Sacramento
- Funding
 - Infrastructure
 - Non-Infrastructure





Outreach and Involvement



building a **HEALTHY** SACRAMENTO

Youth Rally to Improve Walking Conditions

Every day, 13-year-old Nina Harris walks to school through streets littered with trash and graffiti. Busy intersections and outbreaks of street violence threaten her safety. Rather than ignore all this, Nina did something about it. She joined People Reaching Out and Walk Sacramento to become a Youth Block Reporter and started improving her community by raising awareness about the problems plaguing it and starting a dialogue among community members.

She heard about the Youth Block Reporters last year while participating in another summer program offered by People Reaching Out. She and a couple of her friends completed the training with Walk Sacramento then began conducting walk audits, observing their environment and pinpointing problem areas.

"Kids who walk to school always have the danger of cars because of speeding and lack of crosswalks and sidewalks," Nina said. "Litter doesn't necessarily make it unsafe, but people feel unsafe because it looks dirty."

Nina values her education and wants to feel safe going to and from school. She is on the honor roll in eighth grade and excels in advanced math classes - though she is quick to point out that she isn't a "nerd" because she is also outgoing and has many friends. After school, she and many of her classmates walk to community centers and after school programs to further their learning and Nina worries about the safety of these routes.

Neighborhood walking conditions impact Nina's health too. She would like to take more walks with her family's three dogs to get exercise but doesn't feel safe enough to do it regularly. She enjoys walking with her father, but he is only available to walk with her on the weekends.

Becoming a Youth Block Reporter enabled Nina to take action on her concerns. Nina and her friends, along with some new block reporter friends, photographed and documented the streets surrounding their school and homes. Documenting the problems made her more aware of them, even some she never really noticed before, like the prevalence of graffiti.

"It really disappointed me," she said. "It is a good community. We have a lot of good people. But the look of the graffiti really brought our image down."

After their audit, Nina and her peers created a PowerPoint presentation of their photographs and observations and presented it during a community meeting. Nina thinks the project has impacted the neighborhood - she is already observing cleaner streets and less street fights. She believes raising awareness has made people try to improve conditions.

"I think people are changing," said Nina. "I'm noticing a lot less violence in our community. People are not littering or tagging as much. The community is aware of it and they want to help."

Nina hopes the work of the Youth Block Reporters will lead to big changes in the future, like sidewalks along 65th Street so she and her friends can walk to school without worrying about arriving safely - she would rather focus on staying on the honor roll.

ZIP CODE
95219
Life Expectancy

ZIP CODE
92657
Life Expectancy



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Project A.I.M.



“Helping Students and Family
engage in School and Life”



Goals

- Improve school attendance
- Increase school engagement
- Improve academic performance
- Increase family engagement with schools
- Reduce school drop out rates
- Reduce day time crime in neighborhoods surrounding schools



Centralized Model

- Holistic
- Family Focused
- Strength Based approach
- Evidence Based Needs Assessment with every student and family/caregiver
- Intensive Case Management
- Evaluation of program services



Referrals

- Truants brought to center
- Faxed Referral Option
- Direct Referral
- Meeting with an Intake Specialist
- Review of Attendance and School records





Assessment

- Evidence and Strength Based
- Identify
 - Strengths
 - Motivators
 - Protective factors
 - Risk Factors
 - Challenges to school attendance



Services

- Family is contacted
 - Participation in Family assessment
 - Family becomes part of the solution
- Transportation back to school
- Appropriate services and referrals made based on needs



Case Management

- Attendance agreement
- Community Based Organization
- Counseling
- Supportive Home visits
- Tracking of each student
- Additional Interventions




Other Services

- SARB and SART Hearings
 - Goal is referral to prevent these hearings
- Collaboration with clinical team at Panacea Services, Inc. to provide comprehensive services offered on and off school sites
 - Academic Assistance
 - Drug/Alcohol
 - Services based at school site – tutoring, after school programs
 - Anger Management
 - Gang Prevention & Intervention



Funding

- 
- Original Earmark Funding - Congresswoman Doris Matsui

- 
- City of Sacramento - Office of Youth Development – OJJDP Grant

- 
- Currently – Sacramento Police Department – GVS grant



Grant Funding 2010-2012

- \$369,309 Cal GRIP
 - Sacramento Gang Prevention Intervention Project
- \$380,000 COPS/SOS Strategies for Youth
- \$35,750 JAB-G Counselor
- \$154,152 GVS
 - GVPI
 - Truancy Sweeps
 - 6 months of Funding



Findings

Barriers to School Attendance

- Bored at School
- Loss of a parent
- Peer/Gang Influence
- Parental/Family Conflict
- Don't get along with teachers/school staff
- Lack of activities for youth
- Transportation
- Lack of supervision, family involvement
- Failing/Credit Deficient – “I'll never catch up. What is the point?” This is echoed by families.



Truancy Reduction Application Interface

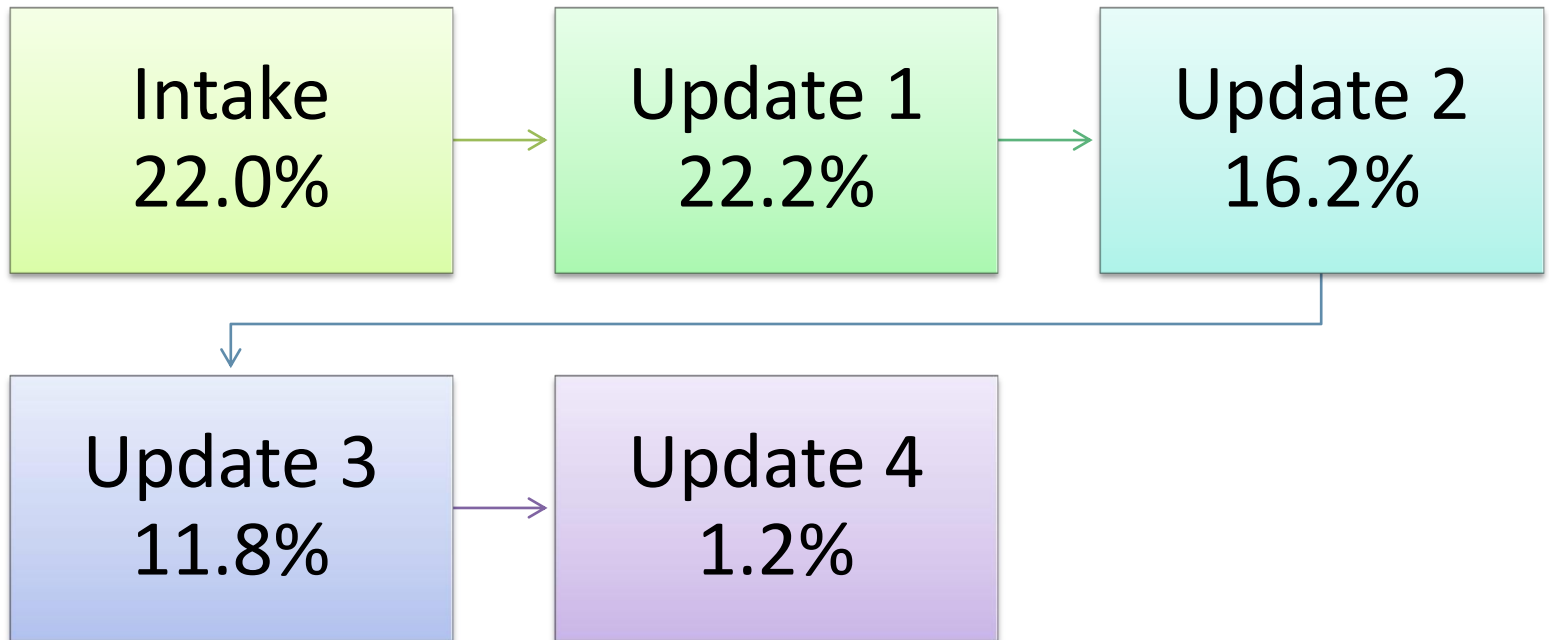
- National Center for School Engagement
- secure
- web-based
- longitudinal database

- Track progress of youth
- includes data on students' school attachment, achievement, and attendance

- demographics, mental and physical health
- family and peer relationships
- detailed service history

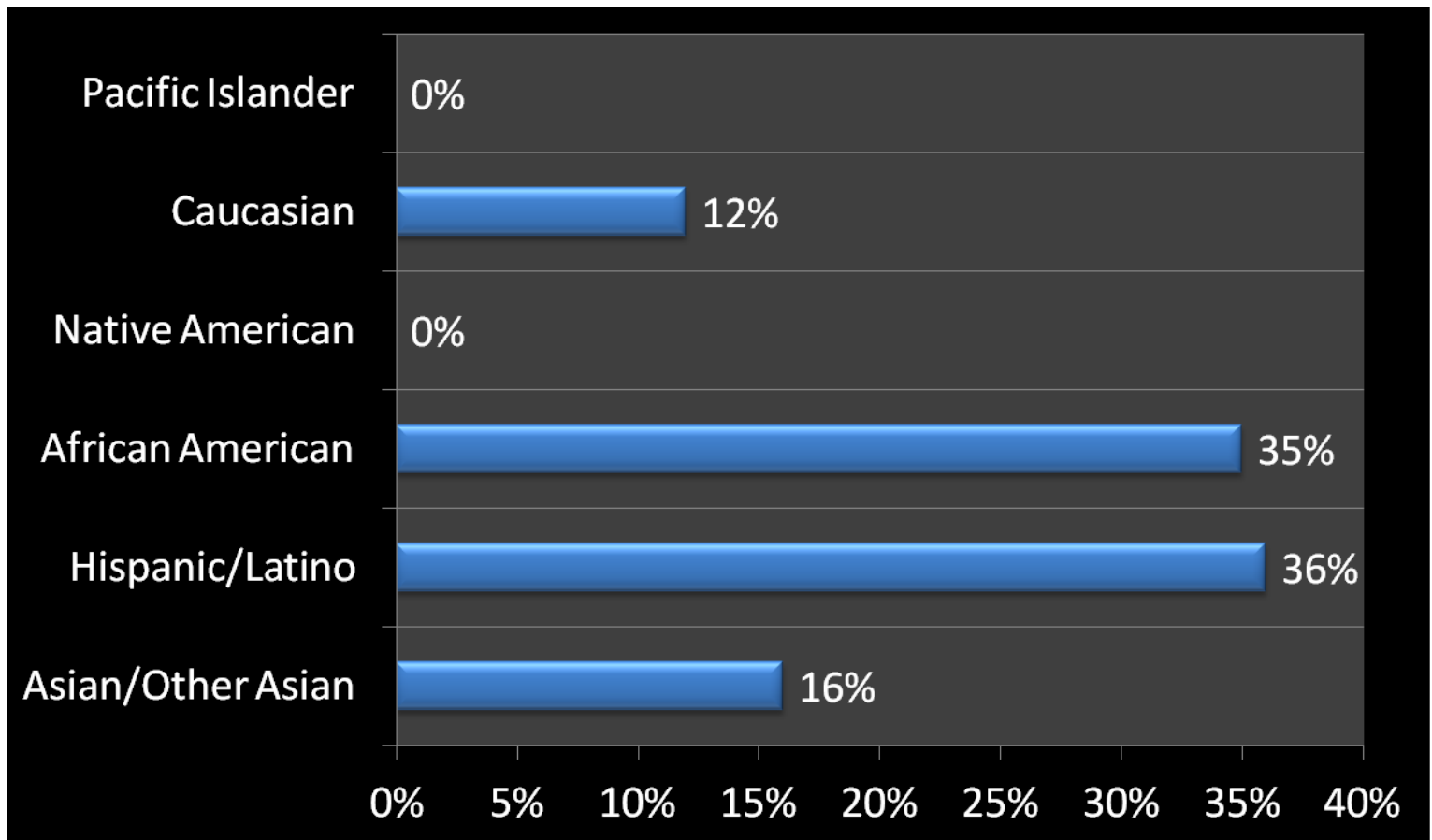


Unexcused Absence Rate





Ethnicity of Students Served





Three Year Summary

- 1222 students referred to Project A.I.M. Centers
- \$47,658 in recovered ADA funding
- Average Student attends at 72 more days of school
 - \$2,834 per student
 - \$3,463,163 estimated ADA funds