

Collaboration

SEL resource for Families Sept. 2017

SEL Core Competencies:
Social Awareness & Responsible
Decision Making

what is collaboration?

I am capable of communicating positively while working with others and solving problems.

Talent wins games, but teamwork and intelligence wins championships.”

-Michael Jordan

Working Together Can Be Challenging!!

Working in a collaborative group can be complicated and requires an understanding or ability to understand the emotions and perspectives of others. The prefrontal cortex is the region of the brain is this responsible for this higher order thinking skill. Due to the fact that our children are still developing this region of their brain, it is crucial that we give them many opportunities to practice and hone the skill of collaboration. We must also provide time to discuss the struggles and successes of our collaborative activities. It is through these discussions, that students can build the tools they need in future collaborative situations.

Collaboration at home!

- Cook together.
- Set a weekly/daily chore chart.
- Spend time talking about commitment and character. Highlight real life situations where collaboration did or did not occur. what were the positive and/or negative outcomes?
- Talk with your child about ways to problem solve when collaboration is difficult or scary.

Online Resources:

- <http://parenttoolkit.com>
- <https://characterlab.org>
- [fostering collaboration](#)

Coming Next Month:
Confidence

We Are. We Belong. We Can.